

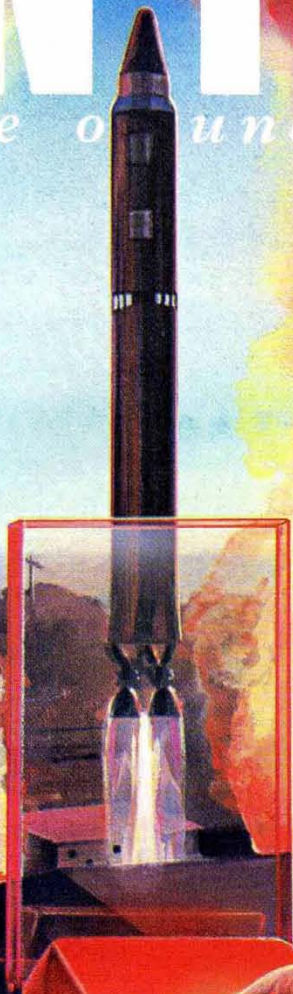
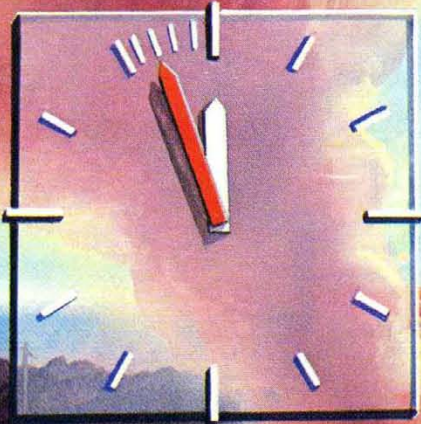
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NOVEMBER-DECEMBER 1984

PLAIN TRUTH

a magazine of understanding



**Who
Will Stop
the
Nuclear Clock?**



Ed Hargrove

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OUR COVER

Scientists, viewing the political confrontation between the two superpowers, have moved up the nuclear clock to three minutes before midnight—the hour of nuclear doom. But nuclear war between the U.S. and U.S.S.R. is not revealed in Bible prophecy. What is revealed is the threat of a nuclear war from another military superpower yet to arise. The prophesied outcome is world peace—and it’s just around the corner.

COVER ILLUSTRATION BY C. WINSTON TAYLOR

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PERSONAL FROM

Robert A. Auerbach



Why Labor-Management Strife?

What we behold in the world today, both in the fields of management and labor as now set up, is simply organized competition and greed. This has produced only strife. It has impeded real progress. It has robbed both employer and employee.

Why? What's wrong?

Men have been governed by human passions and not by God. They're on the getting way instead of God's law—the giving way, the serving way. In the world today men do not know how to find happiness and freedom from fears and worries or from the cares of this life.

Happiness is something that one can never reach out and take. It is something that you can have only by giving, and the more you give the more you have. It comes only by finding God's basic inexorable, spiritual law—the way of love, the way of giving, of serving, of doing good. The true basis of happiness is spiritual, not material.

"Seek ye first the kingdom of God," said Jesus Christ. The government of God, the government of the very Eternal Creator who created every force and every energy, who rules the entire universe—seek first his kingdom in your life and every physical, material blessing will be added, but the spiritual blessings will come first.

If you do this, you will have actually to live by

every word of God, and that is your Bible. You'll have to study the Bible to find out how to live, and actually live by it. But you won't be living the way the rest of the world lives if you do.

If you do this you'll be filled with a dynamic power from without. Most of us only have what we find within and what we find around us—in other words, our fellow humans or neighbors; but we're not conscious of an above. We're only conscious of the within and the around. And within, the well is dry. And around we find only competition, strife, consternation and contradiction.

But there is an above, and we need to tap the above. We need to receive and be filled with this dynamic power from above—from God Almighty—the very Spirit of God, the spirit of love and of understanding and wisdom, the spirit of faith, the spirit of patience, of power for self-mastery. If you do, your life will be energized, it will become successful, it will become full and complete, it will become happy. And you'll be prosperous in the long run.

You will study, and you will use your God-given mind, studying first to find the true way of life, to show yourself approved before God. You will devote yourself, secondarily, to your job, your work, your profession. What you set your hand to do, as God commands, you'll do with your might, with all of your energy.

You'll be industrious. If you work for a man you'll serve to the very best of your ability. If men work for you, if you're an employer, you'll be just as interested in their welfare as your own. You'll free your mind from all anxious concern and worry and fears, for you'll have the spirit of faith, relying upon the guidance and help of God Almighty. You'll do your best. You'll trust God with the result, and you'll find real peace and happiness and joy first of all. The result will be material prosperity, as well as happiness, within God's reasonable due time.

That's the recipe for success, for usefulness, for prosperity, for real and lasting happiness, for the full, abundant life. Very few people follow Jesus' formula and so very few people are happy, very few people are prosperous.

Nearly everyone today seeks first the material prosperity, and people become so engrossed in the cares of this life and the deceitfulness of riches—if they

succeed in acquiring them at all—that they seem never able to find very much time for seeking the kingdom of God or to be governed by the laws of God.

Most people today are in ignorance of the true formula for success, for accomplishment, prosperity; for the happy, joyous life. Most people don't even know what success is. Many people seem to believe that happiness is something that comes from material possessions. Their chief concern in life is to earn a better living, seek more money to find happiness by acquiring material possessions.

In this chase for that elusive money a large majority find the pursuit so difficult that they become overcharged with the cares of earning a living; trying to make ends meet. And this overwhelming majority



Even though the tactics of labor unionism have gained higher wages, employers have often raised prices so that today's highest wages of all time actually purchase less than is commonly assumed.

never realize their goal. They remain either poor or worried, and the happiness they seek becomes as elusive as the money. They slave away their lives; yes, empty, worried, unhappy lives.

But a few of those who seek first the material riches of this world—and only a very few do have the talents, the qualities for material success and the accumulation of money—that few prosper and pay the price. They generally have ability, and they are the ones who have studied and prepared themselves, who have exercised vision, industry, perseverance, determination—yes, they have all of those qualities.

So those who are prospered by God, because they sought first the kingdom of God—that is, to diligently live under the laws of God's government—they're not the only ones that prosper materially. No, the few successful ones who seek first and usually only the material riches, many of them also prosper in the world.

Now, there are two kinds of material prosperity. One, that prosperity which is acquired by those who seek first and only the material assets. And that prosperity found by those who seek God's way of life first, and who claim God's promise that the material blessings will be added—and they are added in due time if you trust God and if you're diligent.

In this world a common pastime of some is to envy the rich, to grumble, to gripe, and to complain, to hate the rich. What does God say about that?

Turn to Psalm 37:7-8. Here's what God says to

you: “. . . fret not thyself because of him who prospereth in his way. . . . Cease from anger, and forsake . . . evil.” Yes, what shall it profit a man though he gain the whole world—seeking riches in this world—and then lose his own soul? That kind of riches is false and soon left behind.

Some of these worldly rich have been unjust. They and their big industrial and agricultural corporations have taken advantage of their positions and paid their laborers too little. Ought the laboring man, then, to organize and to fight back? That's what we've seen in this world.

But is this the true Christian way? It is not. That is not God's way. Even though the tactics of labor unionism have gained higher wages, employers have often raised prices so that today's highest wages of all time actually purchase less than is commonly assumed. What increased prosperity is being enjoyed has been due rather to the fact that machines have increased human efficiency. It's true that machines throw men out of work at first, but some, after retraining, find work in new industries because machines have created many new industries that we did not have three generations ago. Others, however, are thrown out of work and have great difficulty finding work.

What should the man who is oppressed by an employer do? You'll find the answer in James 5:1-4, 7, Revised Authorized Version: “Come now, you rich, weep and howl for your miseries that are coming upon you! Your riches are corrupted. . . . You have heaped up treasure in the last days. Indeed the wages of the laborers who mowed your fields [the farm worker is here singled out—it might also be the factory worker], which you kept back by fraud, cry out; and the cries of the reapers have reached the ears of the Lord of [hosts]. . . . Therefore be patient, brethren, until the coming of the Lord. . . .”

In other words, when God sends Jesus Christ to this earth, he is going to straighten out all of those things, and he's coming in our time and our generation.

God's instruction is to be patient until the coming of Christ, to wait until God restores justice. But, a lot of men say, “Oh, if we did that we wouldn't get anywhere.” Probably they don't know God and don't trust God. But if you will trust God, your faith will not be in vain, and you will really find the true riches in the end.

By seeking first only material acquisitions, the majority have failed to acquire them. They've worn away their lives in a vain pursuit. While the few, even at the cost of hard work—study, application and perseverance—have succeeded. But neither group has found happiness. Neither those who did gain their great wealth in this manner, nor those who've been cheated out of it. It just does not bring happiness either way because material wealth is not the source of happiness. Spiritual wealth is the real source of happiness. □

WORLD PEACE

Just Around the Corner!

by Herbert W. Armstrong

The escalating nuclear arms race threatens the very survival of humanity. Yet paradoxically, peace, happiness and prosperity are coming *in this generation!*

WORLD NEWS is replete with stories of awesome progress and material development, accompanied by appalling and still escalating evils inflicting indescribable suffering, frustration and death. Why?

I have enjoyed private conversations with many kings, presidents, prime ministers, the great and near great of industry and education. I have discussed with them national and world problems, personal, social, economic troubles. They are faced with crises, fears and worries completely beyond their human abilities to solve. There seem to be no solutions to the human dilemma.

Scientists are concerned.

You live in a world almost 6,000 years along on its course of history. You see the world as it is today at this advanced stage of civilization, with its systems of society.

It's like coming in on a motion picture already far along on its sequence of events. Not understanding what led up to the present sequence of the story, you find yourself perplexed to understand what you are viewing. If we are to UNDERSTAND what is happening in

this world—and WHY—we must backtrack 6,000 and more years. We must bring into view the origins, the causes, the events that went before and led up to the perplexities of our day. In no other way can we understand the present and look into the future.

Overview in Retrospect

We look back far into prehistory, at the beginning of life and all things.

There can be no understanding of the present without a right knowledge of origins. There is no greater cause to present-day perplexity than the false premise now holding universal acceptance in modern education—the theory of evolution.

Errors all too frequently arise from a false premise, carelessly assumed. The eyeglasses through which all modern thought is viewed is this theory of evolution. If you prefer to believe this illusion because it is presently the educational “IN” thing, you can have no rational understanding or explanation of the conditions of the world in which you live.

I have learned that basic original truth is revealed truth. Without it you are left devoid of the knowledge of reality. Evolution cannot explain the problems and frightening state of humanity. Without revealed truth you cannot under-

stand any purpose for human life. Your very existence is without meaning.

So I give you here the only rational approach and comprehension of conditions as they exist.

In the Beginning

In the very beginning, before all else, there existed two living Beings composed of Spirit, possessing supreme mind, intelligence and power, and of perfect righteous character. They are revealed in the biblical book of John, chapter one. One was named the Word (the spokesman—the revelatory thought). The other was named God. The Word ultimately—almost 2,000 years ago—was born as Jesus. The Word also was God—the second personage of the God family. As a human, Jesus was “God with us”—or God in human flesh, born of a virgin woman, but sired by God.

“All things” were made by him. In Ephesians 3:9 it is revealed that God created all things *BY* Jesus Christ.

The Word and God LIVED. What did they do? They created. How did they live—what was their “lifestyle”? They lived the way of their perfect character—the way of outflowing LOVE. When Christ was baptized, God the Father said, “You are my *beLOVED* Son.” God LOVED the Word. And the Word

LOVED God—obeyed him completely.

Two can't walk together except they be agreed. They were in total agreement and cooperation. Also two can't walk together in continuous peace except one be the head, or leader, in control. God was leader.

Their way of life produced perfect peace, cooperation, happiness, accomplishment. This WAY of life became a LAW. Law is a code of conduct, or relationship, between two or more. One might call the rules of a sports contest the "law" of the game. The presence of law requires a penalty for infraction. There can be no law without a penalty for its violation.

The very fact of law presupposes GOVERNMENT. Government is the administration and enforcement of law by one in authority over the law. This necessitates authoritative leadership—one in command.

When the only conscious life-Beings existed, God was leader—in authoritative command. Thus, even when the only conscious life-Beings were God and the Word, there was GOVERNMENT, with God in supreme command. Since they created other conscious thinking life-beings, this very fact of necessity put the GOVERNMENT of God over all creation, with God supreme ruler. Bear in mind the government of God is based on the LAW of God, which is the way of life of outflowing LOVE, cooperation, concern for the good of the governed. And this law of God produces peace, happiness, cooperation through obedience.

Very First Creation: Angels

First, before all else, the God family created angels. Angels are spirit beings, immortal, with power of mind superior to human.

God creates in dual stages. Angel life was not completed until CHARACTER had been formed within them. Character may be defined as the ability of a conscious thinking entity to choose the way of life of outflowing LOVE—God's law—and to will to live that way of life, even under outside contrary pressure or contrary self-desire. Once CHARACTER had been formed and lived, angels, composed of spirit, could never change.

Scriptures indicate a third of the

angels were placed on the earth prior to final formation of their character.

Following the initial creation of angels, God created the physical UNIVERSE. Job 38 says plainly the earth was created after angels had been previously created. God placed a throne of GOVERNMENT on the earth. Both Isaiah 14 and Ezekiel 28 reveal the cherub Lucifer being placed on the throne of the earth. II Peter 2:4 reveals that angels SINNED. Lucifer was a super archangel. Lucifer had been trained in the administration of God's government on the very throne of God in heaven. He was supremely beautiful, dazzling in brightness. Vanity seized him. Vanity is self-glory, self-centeredness, concern for self even to

Evolution cannot explain the problems and frightening state of humanity. Without revealed truth you cannot understand any purpose for human life.

the point of hostility toward others. He became jealous, envious, resentful and hostile against God his Creator. He turned hostile to the law of God. He turned to a way of life of vanity, covetousness, envy, rivalry, competition, violence and destruction. And this hostile way of life is itself a LAW. It is the law of vanity, self-concern, "do your own thing," rebel against the authority of God. That, then, became the basic LAW of the GOVERNMENT of Lucifer, whose name was changed to Satan the devil. The name *Satan* means "adversary."

So the government of God on the earth had been replaced by the government of Satan. Angelic sin brought physical chaos, decay, ruin and darkness to the physical earth.

Man Is Created

In Psalm 104:30 it is revealed that God sent forth his Spirit, and RENEWED the face of the earth for MAN.

Under Satan, darkness replaced

light. Later the Word spoke, "Let there be light," and physical light appeared on earth, dividing day from the darkness of night. In six 24-hour days God renewed the face of the earth for men, creating plant, fowl, fish and mammalian life. On the sixth day, God said, "Let us [God is speaking to the Word] make man in our image, after our likeness" (Gen. 1:26). The Eternal God (who became Jesus Christ some 4,000 years later) formed man of the dust of the ground (Gen. 2:7), and upon breath of life entering, man became a living (not immortal) soul.

This MAN was given temporary physical existence, like animals. But man differed from animals, being in the form and shape of God. Also, as many scriptures reveal, man differed also in possessing MIND, although animals have brain precisely like human brain.

MAN was created to have a personal relationship with God—to be begotten as children of God, finally born into the GOD FAMILY.

Grand Purpose for Humanity

Precisely at this point we come to the very root of the world in which you live today. This is where it all started. This is the point in time where today's world was started on a course still continuing in our time. All that had gone before—the existence of the God family from eternity—the creation of angels—the creation of matter and the material universe, the presence of angels on the earth, the THRONE and GOVERNMENT placed on earth—the SIN of Lucifer and earth's angels, the replacing of the GOVERNMENT OF GOD by that of Satan over the earth—all this was the backdrop to the creation of MAN on the earth.

What, then, was the divine PURPOSE for the creation of MAN on the earth?

The very first chapter in all the Bible reveals it. God—that is, God and the Word—created MAN in God's own image, form and shape. The word *image* is used in Hebrews chapter one to designate spiritual CHARACTER.

God created the *physical* man in dual stages. First, he created one
(Continued on page 44)

It All Happened So Fast!



by Norman L. Shoaf

You can avoid accidents! We explain how in this vital article.

THE LAST thing I saw before the crash was a moving orange blur in the corner of my left eye as I reached the intersection.

My last thought was: He can't do that—he has to stop—I have the green light!

Before I realized what was happening, my car slammed into the side of the other car broadside.

It All Happened So Fast

I didn't even have time to try to hit the brakes. The collision folded my compact car.

My head hit the windshield as I was thrown forward and then back into my seat. I saw the glass shatter, and then I saw nothing but red as blood gushed from my face.

Hitting the glass opened a jagged gash in the middle of my forehead and tore away part of my left eyelid. The eyelid required 15 stitches to close and plastic surgery to restore. A quarter of an inch lower and the glass would have gouged my eye out. Dozens of tiny bits of glass were imbedded in my face and scalp.

I don't know to this day what happened to smash my left wrist.

The unusual break required the surgical insertion of a metal pin to hold the bones together. The pin has since been removed, and I have nearly all the use of the hand.

Fortunately, no one in the other car was injured, though both cars were irreparably damaged. As I write now, a little more than four months later, the damages and medical bills have already amounted to more than \$10,000, and medical visits, filling out forms and answering investigators' questions have consumed a disproportionate amount of time.

Who would have thought? It was

a clear, warm Sunday afternoon. Traffic was light. I was en route to play in my regular soccer match, just like so many times before, and suddenly it happened!

It was an accident.

An Accident-prone World

We've all heard the statistics and stories about the toll accidents take personally and monetarily.

While researching this article I've waded through grisly accounts of how carelessness, machinery malfunctions, substance abuse and

killed and about 340 will suffer a disabling injury. On the average, 11 accidental deaths and about 1,030 disabling injuries occur every hour during the year.

We live, it would seem, in a very accident-prone world. But what is an accident?

An accident, in basic terms, can be defined as a mistake, an unplanned and unexpected occurrence. Its victim or victims do not consciously plan an automobile wreck, a crippling injury on the job or a destructive fire. Otherwise

they aren't observant enough, or because equipment is poorly maintained.

I vividly remember the case of a 3-year-old who, left unattended by parents and older siblings, tumbled down a flight of concrete stairs and suffered a deep head cut that required several stitches. The wound left a scar that this man carries with him to this day, more than 20 years later. The accident occurred because of lack of supervision of a toddler.

There is a cause for every effect, whether or not we are conscious of each cause.

But when we overlook—or refuse to see—the causes operating in various events, the “accident” explanation seems to remove responsibility from us. This course has

Be aware of hazards and work to neutralize them. At home, don't leave children's toys on steps.



G.A. BELLUCHE JR.—PT

these events wouldn't be accidents.

I'm sure others who have been involved in serious accidents have faced the same questions that haunted me after my car crash: Why me? Why now? *If* only I had hesitated five more seconds somewhere—*if* only I had turned down a different street—*if* only I had seen it coming . . .

But all the after-the-fact reflection doesn't

change anything. The accident *did* happen.

lack of caution have caused injury, death and financial loss. In the United States, for example, the National Safety Council estimated that 90,000 people were killed by accident in 1983, with auto accidents accounting for nearly half the total. Disabling accidents numbered 8.5 million, including 330,000 that caused some degree of permanent impairment, ranging from partial loss of use of a finger to blindness or complete crippling. The bill for these tragedies? About \$91,300,000,000.

Accidents are the fourth leading cause of death in the United States, exceeded only by heart disease, cancer and strokes, and are the No. 1 cause of death among people aged 1 to 38.

Think of it! While one is reading this article, four people will be

change anything. The accident *did* happen.

But the connotation associated with the word *accident* can shroud a most important truth: There is a cause for every effect.

Effects and Causes

When we hear the term *accident* we somehow tend to assume that the event described “just happened”—that there was no reason for it and no way to stop it. Logically, this cannot be the case.

Consider: Traffic mishaps occur because traffic laws are broken, signals malfunction or driving conditions are poor. Drownings take place because people don't know how to swim or because they don't judge risks correctly. Electrocutions happen because people don't take proper precautions, because

led humanity as a whole to avoid admitting and changing the real causes of many of the most pressing problems facing not only individuals, but the world.

And so life on earth can now be ended in an “accidental” nuclear holocaust, as if no identifiable and preventable chain of events led us to this point!

Sure, some events are bound to happen unexpectedly. Lightning may strike an unsuspecting person in an open field. A cook's knife may slip and cut his hand. But there was a definite cause for the event in each case.

The point is this: If we force ourselves to become more sensitive to risks and potential dangers, we can make ourselves much less accident-prone. We can stay out of open fields during threatening storms. We can pay closer attention when using knives, and make sure we use them only as they are intended to be used.

There are reasons why elevated hotel walkways collapse, why planes crash, why infant poisonings occur. There are reasons why sickening automobile accidents like mine occur—why thousands of people suffer painful physical and financial losses every year—even if we don't—or don't want to—figure those reasons out and face them.

What we are interested in is
(Continued on page 42)

Growing Healthy Babies

It's no accident. Healthy babies don't just happen. Many birth defects can be prevented with simple planning. And the result will make child rearing easier.

ONE of the most important factors in successful child rearing is producing an alert, healthy child to begin with.

Many factors are involved in whether the outcome of a pregnancy is favorable or not—genetic, biological, social and psychological.

No one has control over all the elements necessary to ensure a successful pregnancy and an alert, healthy baby. But in one vitally important area the majority of pregnant women *do have control*. That area is *nutrition*.

Think Before You Act

There is overwhelming evidence that women who smoke or who consume alcohol regularly and poorly nourished women with poor diets during pregnancy have more complications than do well-nourished women with good, well-balanced diets.

Low birth weight is the major cause of infant mortality in the world. Even the well-fed United States is ranked 13th in infant mortality rates, according to 1981 statistics from the U.S. Census Bureau.

Tragically, it has also been demonstrated that mental deficiency in newborns is related to low birth weight and prematurity rates.

“Cell division is most rapid and, therefore, most vulnerable from one month before birth until five months after. Never again will the baby's brain experience such an incredible proliferation of new cells. All of the eleven billion neurons, the cells which process and analyze information, are formed before birth. Inadequate nutrition during gestation results in permanent, irreversible deficits in the number of cells which make up the baby's brain” (*What Every Pregnant Woman Should Know/The Truth About Diets and Drugs in Pregnancy* by Gail Sforza Brewer, page 95).

If you are a pregnant woman, you are responsible for the good nutrition that will enable your child to reach his or her maximum genetic potential. You can give your baby a head start that no one else can. Your baby is what you eat.

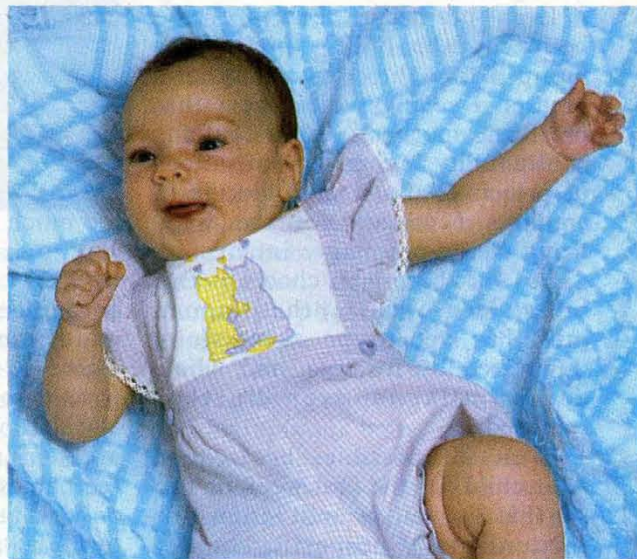
Your baby is also what you drink, smoke and otherwise ingest into your system.

“The [U.S.] Surgeon General reports that smoking during pregnancy also results in a significantly greater number of spontaneous

abortions, stillbirths, and neonatal deaths.”

As well as the matter of smoking, the decision by a pregnant mother to drink alcoholic beverages should be arrived at by taking into consideration metabolic and other factors such as weight, diet and drugs used, illicit or otherwise.

Alcohol flows easily from a mother's bloodstream through the placen-



ta into her unborn child. The odds of damaging the fetus are even higher when drugs are combined with alcohol by the pregnant mother.

What if your doctor recommends a low-salt, low-calorie diet sometime during your pregnancy?

Weight or salt restriction in pregnancy is no longer routinely advised at the forefront of the obstetrics community, neither is routine use of diuretics (water pills).

Some physicians are now referring their patients to registered dietitians whose training has prepared them to advise patients as to their nutritional needs.

More and more we need to come to understand that pregnancy and childbirth are normal, natural processes and begin to treat them so, instead of like illnesses. God is the Master Designer of our bodies and bodily functions, including the reproductive processes.

Remember, it's your responsibility to protect the health of your unborn child.

Human Milk for Human Babies

God also designed the human breast to produce and provide milk for the human infant. The perfect food for the newborn child, it follows, is its own mother's milk. No other food or liquid is necessary for the breast-fed infant until generally about six months of age.

Few mothers are physically unable to breast-feed their babies, and, indeed, breast-feeding is becoming more popular, especially in the more advanced countries.

Even premature babies thrive better on the milk expressed by pump from their own mother's breasts. Recent studies show that pre-term mother's milk contains substantially higher concentrations of protein, sodium and chloride in amounts necessary for the well-being of the premature infant.

But for those who choose not to breast-feed, realize that human milk has yet to be successfully duplicated by formula, and whole cow's milk is even further removed.

If at all possible, breast-feed your child for the first week or two so that it will benefit from the immunization properties of colostrum, a clear yellow liquid the nursing infant receives before the milk actually comes in. Colostrum not only gives the newborn a natural immunity against many diseases, it also is an important factor in preparing the young child's gastrointestinal tract to most efficient-

ly assimilate the nutrients from the milk that will follow. This valuable gift to a baby—the future ability to thrive—can only be given by its mother.

Solid foods can be introduced to an infant at about six months of age. Earlier introduction of solid foods increases your baby's chance of developing food allergies. There is also a tendency to overfeed the young infant, paving the way for tomorrow's overweight child and adult.

Six months is not the time to change breast-fed or B formula bottle-fed babies to whole cow's milk. Most infants at this age are still not mature enough to tolerate cow's milk well.

More and more mothers are preferring to prepare their own baby foods at home. This is fine if fresh food is used and proper precautions against contamination are taken. Pureed processed foods to which salt and sugar have been added are worse than using the commercial baby foods now on the market. In the last few years, under pressure from consumer agencies, commercial baby food companies in the United States have removed the added salt and sugar from the baby foods now being sold.

After one year of age there is no need to continue feeding babies baby food. About this time most should be able to eat from the table.

This is a good time for parents to consider their own dietary practices. If father or mother consumes too much sugar or salt, the child is sure to repeat the example.

Great care should be taken not to encourage the infant to consume more baby food than it desires. There is a tendency among many parents to try to get the baby to eat all the food presented. This is also a problem many times with bottle-fed babies. Allow the babies to take only what they desire and need of formula or baby food. Again, you are establishing eating habits that can be valuable or detrimental for the lifetime of your child.

The bottle-fed baby should also be held while one of the parents holds the bottle for feeding. Babies should not be left in their cribs with propped-up bottles dribbling

formula into their mouths. Not only is there danger of middle-ear infections, the erupting teeth of the older infant will be more prone to cavities.

Bottle-fed babies should receive the same amount of cuddling and affection as the breast-fed baby. Even at night, the baby should be removed from the crib and held

If you are a pregnant woman, you are responsible for the good nutrition that will enable your child to reach his or her maximum genetic potential. You can give your baby a head start that no one else can. Your baby is what you eat.

while feeding. Try to break the pattern that has been so prevalent in the Western world of denying infants the close contact they need with their fathers and mothers.

A Virtual Conspiracy Against Emotional Maturity

Even from birth the newborn infant is usually taken from its anesthetized mother, washed and weighed. Then, after a few brief minutes with mother, the infant is placed in a crib in the nursery, where it spends most of the first few days of life—alone.

Yet it is in these first critical minutes and hours of life that we form our initial emotional attach-

ment to another human being. The crucial importance of close contact between father and mother and their child right after birth, has been prevented or denied for more than a generation.

Doctors, nurses and psychologists are only now becoming aware of this tragedy.

When mothers are allowed direct

from their mothers just at the time when they most desperately need to be together. And studies today show a father's relationship with infant children is much more important than previously believed. Even the younger infant benefits from the physical stimulation of father's more rousing play.

Unfortunately, no matter the

they will have hang-ups about expressing love to their own offspring.

This is not to say that there is no love in such nontouching families—the love is there, usually, but it seems somehow stunted, repressed or hidden. And hidden love is not much better than no love at all.

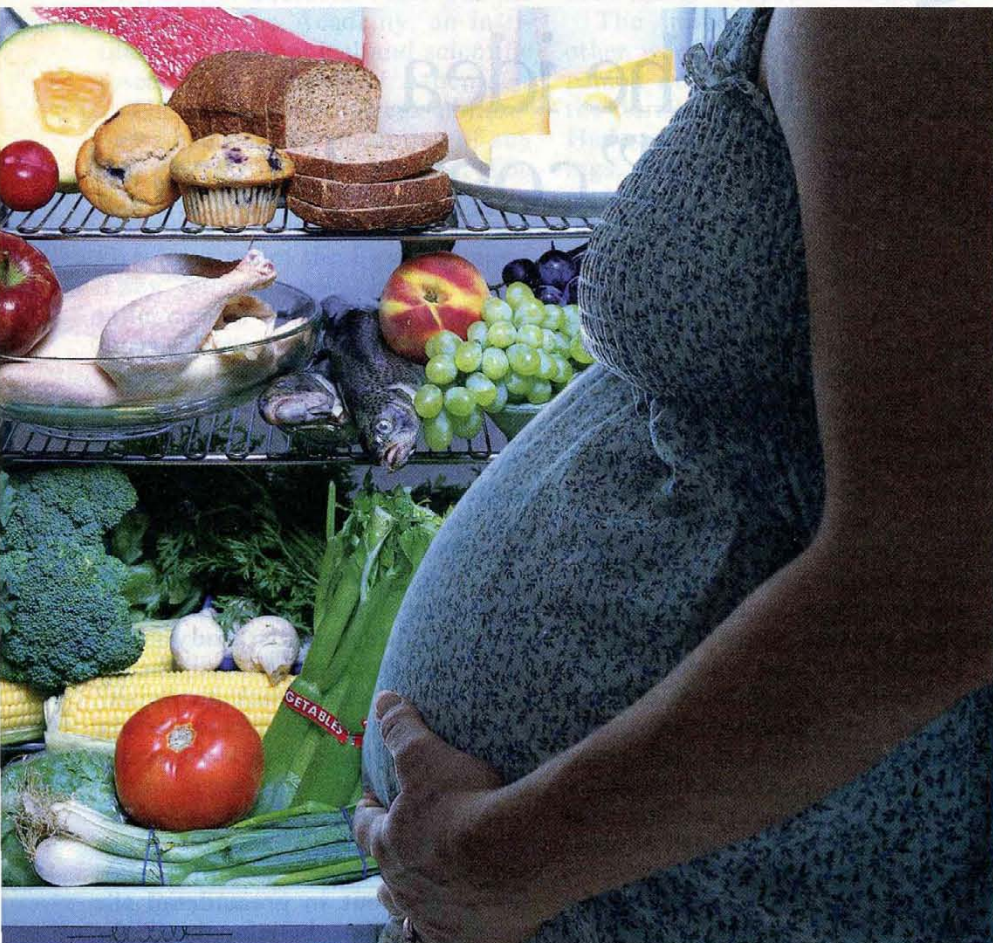
Humans who are deprived in infancy and childhood suffer drastically from it. From surveys of prisoners and of 49 different primitive cultures it has been concluded that deprivation of physical affection “is the principal overriding factor . . . in the development of alienation, psychopathy, violence and aggression, and . . . drug abuse and alcoholism.”

The study is frightening: By depriving infants and children of physical love, parents will produce adults who are gravely limited in their ability to relate to others—or who are even predisposed to violent or criminal behavior!

Lack of love and affection in the earliest years has long-range negative effects. Perhaps you yourself come from a family background that was cold, unemotional and lacking in displays of physical affection. Perhaps you were ignored or even abused as a young child. Therefore, you may find in yourself certain fears or inhibitions that you have found difficult to overcome.

If you or your mate have experienced these or other difficulties that have caused a lack of outward affection in you, talk it out, be understanding and patient with each other. Prepare yourselves mentally, physically and spiritually before you decide to have a baby. Then, when the infant does arrive, by cuddling, embracing and loving your baby, you are giving him or her the foundation that you may have lacked—the knowledge that he or she is loved, accepted, secure. You can give your children inner resources that will make them more confident, more properly assertive, more affectionate and outgoing as adults.

Our next installment, “The Five Basics,” reveals how and when to begin teaching your child. □



skin-to-skin contact with their newborn children, they respond to this early, intimate contact with their babies differently from mothers denied such needed contact.

A remarkable study reported that babies of early-contact mothers gained more weight, cried less and smiled and laughed more than the other infants. It was also found that premature babies, who are separated from their mothers for long periods after birth, are more likely to be abused than full-term babies.

In our “enlightened” modern society where only 20 percent of mothers experience natural childbirth, babies generally are taken

benefits, this early separation of parents and child is many times only the beginning of a pattern that carries on into later life.

In many families, parents allow their children to mature without those all-important physical expressions of life—the warm hugs and caresses that show them they are appreciated and cared for.

Children of such families grow up feeling insecure, inhibited, afraid of being hurt, and therefore afraid of seeking intimacy with others. They may have a hard time in their dating and marriage relationships. They may feel cold and emotionally flat, without knowing why. Later, as parents,

the BIG QUESTION:

Where did the idea of an “immortal soul” come from?

by Keith W. Stump

FEW BELIEFS are more widely held than that of the “immortal soul.” Virtually everyone is familiar with the concept. The average religious person, if asked, would state it something like this:

A human person is both *body* and *soul*. The body is the physical flesh-and-blood “shell” temporarily housing the soul. The soul is the nonmaterial aspect, made of spirit. At death the soul leaves the body, and lives on consciously forever in heaven or in hell. (Some hold that liberated souls are reborn in new bodies in a series of “reincarnations” or “transmigrations.”)

Some form of this concept is found among virtually all peoples and religions in the world today. The average religious person generally takes the idea for granted.

Science, which deals with the material universe, cannot verify or deny the existence of any such soul.

How, then, can one *know* whether or not man really has an “immortal soul”?

Few have stopped to ask *where* the concept came from. Many simply *assume* it is found in the Bible.

So prepare yourself for what could be one of the big surprises of your life!

Back to Egypt

The idea of an “immortal soul”

long predates the founding of today’s major religions. The ancient Greek historian Herodotus (5th century B.C.) tells us in his *History* that the ancient Egyptians were the first to teach that the soul of man is separable from the body, and immortal. This Egyptian idea was centuries before Judaism, or Hinduism, Buddhism, Christianity and Islam came onto the scene.

Nowhere in the ancient world was the afterlife of more concern than in Egypt. The countless tombs unearthed by archaeologists along the Nile provide eloquent testimony to the Egyptian belief that man possessed a spiritual aspect extending beyond his physical life.

To the east, the ancient Babylonians also held a belief in a future life of the soul in a “lower world.” But Babylonian beliefs were nowhere so elaborate as the Egyptian.

A person, the Egyptians believed, consisted of a physical body and not one but *two* souls that lived on after his death: a *ka* soul and a *ba* soul.

The *ka* was said to be a spirit replica of a man, containing the “vital force” given to him at birth. At death, the *ka* was believed to take up residence in a statue or picture of the deceased. The statue or picture was placed in the tomb for that very purpose. As the tomb was to be the eternal home of the *ka*, it was provided with everything the *ka* would need for a happy after-

life—food, furniture, games, reading material, grooming aids and the like.

The other soul, the *ba*, was held to be that part of man that enjoyed an eternal existence in heaven. It was believed to fly from the body with the last breath. The *ba* was often depicted on tomb paintings as a human-headed hawk hovering over the deceased’s body. The ancient Egyptians believed the *ba* occasionally came back to “visit” the body in the tomb and to partake of the food and drink offerings there.

The famous *Book of The Dead*—a collection of ancient Egyptian funerary and ritual texts—lays out in great detail the many Egyptian beliefs about the afterlife. In one version of the work, dating from the 15th century B.C., the *ba* of a deceased person is pictured as asking one of the Egyptian gods, “How long have I to live?” To which the god replied:

“Thou shalt exist for millions of millions of years, a period of millions of years.” What better depiction of the concept of immortality?

Passed on to Greeks

The idea of the soul’s immortality did not cease with ancient Egyptian civilization. Notice again the testimony of the historian Herodotus:

“The Egyptians were the first that asserted that the soul of man is immortal. . . . This opinion *some among the Greeks* have at different

periods of time adopted as their own" (from *Euterpe*, the second book of Herodotus' *History*).

The pagan Greeks got the concept of an immortal soul from the Egyptians!

The foremost advocate among the ancient Greeks of the idea of an "immortal soul" was the Athenian philosopher Plato (428-348 B.C.), the pupil of Socrates. Plato was the founder of the Academy, an institute for philosophical and scientific research just outside of Athens.

The pre-Socratic Greek philosophers had no real conception of any nonmaterial element in man. The philosophers Socrates and Pythagoras were among the first of the Greeks to adopt the Egyptian view. They subsequently had a great influence on the thought of Plato. It was Plato who popularized the immortal soul concept throughout the Greek world.

In the *Phaedo*—one of Plato's most famous works—Plato recounts Socrates' final conversation with his friends on the last day of Socrates' life. Socrates declared to them:

"Be of good cheer, and do not lament my passing. . . . When you lay me down in my grave, say that you are burying my body only, and not my soul."

Socrates' statement is little different from the teaching of most churches today!

Notice also the following assertion from Plato, again taken from the *Phaedo*:

"The soul whose inseparable attitude is life will never admit of life's opposite, death. Thus the soul is shown to be immortal, and since immortal, indestructible. . . . Do we believe there is such a thing as death? To be sure. And is this anything but the separation of the soul and body? And being dead is the attainment of this separation, when the soul exists in herself and separate from the body, and the body is parted from the soul. That is death. . . . Death is merely the separation of the soul and body."

In Book X of *The Republic*—another of Plato's major works—he again wrote: "The soul of man is immortal and imperishable."

Statements by such ancient Greek and Roman writers as Polyb-

ius, Cicero, Seneca, Strabo—and even Plato himself—have led some modern historians to question whether Plato *really* personally believed the immortal soul doctrine. They suggest that he may have simply popularized what he knew to be a fiction as a means of keeping the citizenry in line through the fear of mysterious "unseen things" beyond this life.

The immortal soul concept, in other words, was a necessary companion doctrine to the doctrine of the terrible torments of parts of Hades or hell. Such fearsome teachings, some philosophers thought, were necessary to scare the masses into being good citizens.

Regardless of his motives and personal beliefs, Plato's teachings did have a wide impact. They spread throughout the known world and were accepted as truth by millions.

Plato and the Jews

The Jewish communities of antiquity were deeply influenced by Greek philosophical ideas. Many will suppose that the Platonic view of the soul imprisoned in the flesh would have been nothing new to the Jews. But notice the testimony of Jewish scholars themselves:

"The belief that the soul continues its existence after the dissolution of the body is . . . nowhere expressly taught in Holy Scripture. . . . The belief in the immortality of the soul came to the Jews from contact with Greek thought and chiefly through the philosophy of Plato its principal exponent, who was led to it through Orphic and Eleusinian mysteries in which Babylonian and Egyptian views were strangely blended" (*The Jewish Encyclopedia*, article, "Immortality of the Soul").

Many of you will undoubtedly be surprised to discover that the idea of the immortality of the soul was not derived by the Jews from the Old Testament scriptures, but rather taken *from Plato*.

As we shall see, the Old Testament takes a *completely different* view!

Another Surprise!

But what of the professing Christian world? Certainly here we should find the doctrine of an

immortal soul independent of any Greek influence.

Now consider this fact:

Many of the early theologians and scholars of the professing Christian religion—including such men as Origen, Tertullian and Augustine—were closely associated with Platonism.

Tertullian (A.D. 155-220), for example, wrote: "For some things are known even by nature: the immortality of the soul, for instance, is held by many. . . . I may use, therefore, *the opinion of a Plato*, when he declares: 'Every soul is immortal'" (*The Ante-Nicene Fathers*, vol. III).

Notice, it is the opinion of Plato that is cited!

Augustine of Hippo (A.D. 354-430)—held to be the greatest thinker of Christian antiquity—also taught the immaterial and spiritual nature of the human soul. But notice the source of his teachings. The *Encyclopaedia Britannica* admits: "He [Augustine] fused the religion of the New Testament with the Platonic tradition of Greek philosophy."

Why should those early professing Christian scholars have resorted to the opinions of a pagan Greek philosopher? Could it be that the immortal soul doctrine is not clearly supported in Christian Scripture?

Notice the much later view of Martin Luther, leader of the Protestant Reformation in Germany. More than a thousand years later, in 1522, he wrote:

"It is probable, in my opinion, that, with very few exceptions, indeed, the dead sleep in utter insensibility till the day of judgment. . . . *On what authority* can it be said that the souls of the dead may not sleep . . . in the same way that the living pass in profound slumber the interval between their downlying at night and their uprising in the morning?"

Luther himself encountered difficulty in finding support for the immortal soul doctrine in the pages of Scripture. Notice that he asked, "On what authority . . . ?"

But the deep-seated teachings of centuries were not to be easily dislodged, even by Protestant reformers. Theologians and churchgoers

alike persisted, for the most part, in their unquestioning embrace of the ideas passed down from the ancient pagan philosophers. As the *Encyclopaedia Britannica* summarizes:

“Traditional Western philosophy, starting with the ancient Greeks . . . shaped the basic Western concepts of the soul.”

What the Bible REALLY Says!

Notice the warning of the apostle Paul, who once personally confronted Greek thinkers on Mars’ Hill in ancient Athens (Acts 17:15-34). To the Greeks in Colosse in Asia Minor he wrote:

“Beware lest any man spoil you through *philosophy* and vain deceit, after the *tradition of men*, after the rudiments of the world, and not after Christ” (Col. 2:8).

Jesus Christ himself warned of “making the word of God of none effect through your *tradition*” (Mark 7:13). “In vain they do worship me,” he lamented, “teaching for doctrines the commandments of men” (Matt. 15:9).

So what *does* the Bible really say?

Consider first the teaching of the Old Testament. As we have seen, the Jews living in the Hellenistic world admit they took the immortal soul doctrine from Plato. It is *nowhere found* in the Hebrew Scriptures.

Notice Genesis 2:7: “And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man *became a living soul*.”

Consider carefully: Man—formed *of the dust of the ground*, not out of spirit—“became” a living soul. A soul is what man *is*. It is not something a man *has*.

The Hebrew language further proves this point. The Hebrew word translated as “soul” in Genesis 2:7 in the widely used Authorized Version of the Bible is *nephesh*. *Nephesh* designates temporary physical life. It means a living, breathing creature. This is the *same word* used frequently in the first chapter of Genesis and elsewhere in reference to *animals*.

Notice, for example, Genesis 1:24: “And God said, Let the earth bring forth the living creature [*nephesh*] after his kind, cattle, and

creeping thing, and beast of the earth after his kind: and it was so.”

Here the word *creature* is the identical Hebrew word that is used in Genesis 2:7 and throughout the Old Testament for “soul.” In biblical usage, a brute beast is also a “soul”!

In Leviticus 21:11, Numbers 6:6, Haggai 2:13 and elsewhere, the word *nephesh* is even used with reference to a *dead body*.

Nephesh clearly has *nothing whatsoever* to do with any sort of spirit essence. The soul is not a separate entity from the body. It *is* the body! Man *is a nephesh*. He *is* a soul!

Many additional Old Testament scriptures reveal clearly the *mortality*—not the *immortality*—of the soul. Ezekiel 18:4, 20, for example, declares that a soul can *die*! Read it for yourself: “The soul that sinneth, it shall *die*.” If the soul were immortal, how could it die? It’s a direct contradiction of terms!

No wonder Jewish scholars today have to point to Plato as the origin of the immortal soul doctrine!

The New Testament Speaks

What about the New Testament? Surely here we find biblical proof for an immortal soul. Or do we?

In the New Testament, “soul” is a translation of the Greek word *psuche*. *Psuche* is the equivalent of the Hebrew word *nephesh*. Like *nephesh*, *psuche* is frequently rendered “life” in addition to “soul.”

Psuche is twice used in the New Testament for the lower animals, exactly in the same way as the Hebrew *nephesh* can refer to the life of animals. In these two scriptures (Rev. 8:9 and 16:3), *psuche* is rendered “life” and “soul” respectively, with reference to the life of sea creatures.

The word *psuche* has no connotation whatsoever of “spirit essence” or “immortal soul”!

Jesus Christ, in fact, declared that God is able to *destroy* one’s soul (Greek *psuche*, or life) in Gehenna fire (Matt. 10:28).

The words *immortal soul* are found nowhere in the Bible—Old Testament or New. The word

immortal occurs *only once* in the entire Bible—in I Timothy 1:17, where it refers specifically to *Jesus Christ*!

The word *immortality* is found only in the New Testament, where it occurs fewer than half a dozen times. One of those places—I Timothy 6:16—clearly states that, of all humans, Jesus Christ “*ONLY* hath *immortality*”! Romans 2:7 admonishes Christians to “*SEEK FOR . . . immortality*.” If man already had *immortality*, he would not have to *seek* for it!

I Corinthians 15—the “resurrection chapter” of the Bible—shows that a Christian “puts on” *immortality* at a future resurrection of the dead (see verses 50-54).

As Jesus clearly stated: “That which is born of the flesh *is* flesh; and that which is born of the Spirit *is* spirit” (John 3:6). Man—born of the flesh—*is* flesh. He was not created with inherent *immortality*. He has only a temporary physico-chemical existence. “For dust thou *art*, and *unto dust* shalt thou return,” God told Adam (Gen. 3:19).

Only when mortal man is “born again” in a future resurrection will he finally put on *immortality* and *be* spirit! Why would a resurrection of the body be needed if the soul were already in heaven? The soul does not go to heaven! The mortal soul—man’s physical life—dies and turns to dust. (If you want further understanding, write for our free booklet *Just What Do You Mean—Born Again?* and the reprint “Is This the Only Day of Salvation?” for more about this much-misunderstood subject.)

The New Testament, then, teaches *the resurrection*—a rising from the dead—in direct opposition to the pagan Greek idea of an immortal soul. The resurrection is our only hope of eternal life! Jesus Christ’s resurrection was a type or forerunner of the resurrection God promises to all who obey him (John 5:28-29; 11:25; Rom. 8:11; Phil. 3:10-11).

Man has no hope of future life *inherent* within himself!

The “Spirit in Man”

Now understand an additional
(Continued on page 38)

WHY Churches Observe Sunday

by Herbert W. Armstrong

When did the New Testament Lord's Day start? By what authority?

THE ANSWER is shocking. I was shocked 58 years ago—at age 34. I was challenged! I felt my marriage was in jeopardy. My wife announced she was going to start keeping the Sabbath—Saturday! To me, that was religious fanaticism!

“My wife turning to religious fanaticism!” I exclaimed. I could never stand for that! What would my business friends think?

“The Bible says Sunday is the day to keep,” I argued. “All the churches observe Sunday, and they get their religion from the Bible,” I contended.

“Do they?” she asked. “Show it to me in the Bible, and I'll go back to Sunday.”

I responded I didn't know much about the Bible, but to prove she was wrong I would go into an in-depth study of the Bible and of history on the subject.

Evidence from History

Checking history first, I went to the *Catholic Encyclopedia* and various writings. Here is what I found, to my amazement, from the book *Faith of Our Fathers* by Cardinal Gibbons, 11th edition, page 89:

“You may read the Bible from Genesis to Revelation, and you will not find a single line authorizing the sanctification of Sunday. The scriptures enforce the religious observance of Saturday, a day which we never sanctified.”

From the *Catholic Doctrinal Catechism*, taught members and children of members: “*Question*: Have you any other way of proving that the church has power to institute festivals or precept? *Answer*: Had she not such power, she should not have done that in which all modern religionists agree with her—she could not have substituted the observance of Sunday, the first day of the week, for the observance of Saturday, the seventh day, a change for which there is no scriptural authority.

“*Question*: When Protestants do profane work upon Saturday, the seventh day of the week, do they follow the scripture as the only rule of their faith? Do they find this permission clearly laid down in the sacred volume? *Answer*: On the contrary, they have only the authority of tradition for this practice. In profaning Saturday, they violate one of God's commandments, which He has never abrogated, ‘Remember that thou keep holy the Sabbath day.’”

From the Council of Laodicea, A.D. 363, came this decree, quoted

from the *Nicene and Post-Nicene Fathers*, volume XIV: “Christians must not Judaize by resting on the Sabbath, but must work on that day, rather honouring the Lord's day.”

When the Church found anyone keeping the Sabbath, that person was declared “anathema from Christ.” This caused the civil government to arrest and/or put to death the one so branded. Many Sabbath-keeping Christians were thus martyred.

For the acknowledgment of the Sabbath and what the Bible says about the first day of the week, here is what is found in the *Theological Dictionary* by Charles Buck, a Methodist minister: “Sabbath in the Hebrew language signifies rest, and is the seventh day of the week . . . and it must be confessed that there is no law in the New Testament concerning the first day.”

And what have the Presbyterians acknowledged? You find from “The Christian at Work,” April 19, 1883, and January 1884: “Some have tried to build the observance of Sunday upon Apostolic command, whereas the apostles gave no command on the matter at all . . . the truth is, as soon as we appeal to the literal writing of the Bible, the Sabbatarians have the best of the argument.”

The Church of England's *Plain Sermons on the Catechism* by

Isaac Williams, D.D., volume I, says the following: "And where are we told in scripture that we are to keep the first day at all? We are commanded to keep the seventh; but we are no where commanded to keep the first day . . . the reason why we keep the first day of the week instead of the seventh is for the same reason that we observe many other things, not because the Bible, but because the church has enjoined it."

All these documented historic admissions began to open my eyes with astonishment.

Evidence from the Bible

Then I found in the Bible, as I studied these verses, Matthew 12:38-40: "Then certain of the scribes and of the Pharisees answered, saying, Master, we would see a sign from thee. But he answered and said unto them, An evil and adulterous generation seeketh after a sign; and there shall no sign be given to it, but the sign of the prophet Jonas: for as Jonas was three days and three nights in the whale's belly; so shall the Son of man be three days and three nights in the heart of the earth."

Traditional Christianity teaches that the resurrection of Jesus was on a Sunday morning, and that the crucifixion occurred on a Friday. Therefore the Friday preceding Easter is celebrated as "Good Friday." But a Friday evening burial and Sunday morning resurrection allows for only two nights and one day in the grave, or "the heart of the earth." Some argue that rising in three days could be construed to mean parts of three days—i.e. all day Saturday, plus Friday night until midnight, and Sunday morning between midnight and dawn. But that is certainly not three days and three nights.

In other passages, Jesus said he would rise "in three days." That has to mean within three days but not beyond. In another passage Jesus said he would rise "after three days." That means after the expiration of three whole days. Actually the resurrection occurred precisely at the expiration of three 24-hour days—after three whole days had expired, within but not later than three 24-hour days.

The book of Jonah says Jonah was three days and three nights in the belly of the great fish, and "out of the belly of hell [*sheol* in Hebrew, meaning the grave]" Jonah cried to God.

All these several passages coincide precisely and prove Jesus' body was in the sealed tomb three days and three nights.

Actually, the Sabbath day that was drawing on when Jesus was crucified was the annual Sabbath at Passover time (John 19:31). That Sabbath did occur on Thursday in A.D. 31, the year of the crucifixion. The crucifixion took place on a Wednesday afternoon, the burial just before sundown Wednesday. Jesus' body was in the tomb Wednesday, Thursday and Friday nights—three nights; and Thursday, Friday and Saturday—three

Jesus entered into the synagogue on the Sabbath day and preached. . . . But why did Jesus keep the Sabbath as a custom?

daylight periods or a total of three days and three nights. And he rose from the dead "in the end of the sabbath" (Saturday) as you read in Matthew 28:1, the Authorized Version.

This knowledge was shocking to me. It destroys the Easter Sunday tradition. Also the only argument for Sunday sacredness depends on a supposed Sunday morning resurrection. This truth destroys all false tradition of Sunday sacredness!

Yes, I was amazed at this truth 58 years ago. But I found much more.

The Lord's Day

In plainest language I found the Sabbath, not Sunday, is "the Lord's Day." In Mark 2:28, I read that "the Son of man is Lord also of the sabbath." So the Sabbath, not Sunday, was and is "the Lord's Day."

Jesus kept the Sabbath, setting

us an example (Luke 4:16). He entered into the synagogue on the Sabbath day and preached.

The apostle Paul preached to gentiles on the Sabbath for one and a half years (Acts 18:4, 6-11).

In I Corinthians 11:1, Paul commanded the gentiles to keep the Sabbath, by following his example. Paul kept the Sabbath, "as his manner was" (Acts 17:2). In this he followed Jesus who observed it "as his custom was" (Luke 4:16).

But why did Jesus keep the Sabbath as a custom? Go back to the creation of man. "And on the seventh day God ended his work which he had made [creation week]; and he rested on the seventh day from all his work which he had made. And God blessed the seventh day, and sanctified it: because that in it he had rested from all his work which God created and made" (Gen. 2:2-3). The Sabbath was created by God—not by work, but by resting in that day. It was GOD who commanded the Sabbath be kept (Ex. 20:8-11). It is one of the Ten Commandments. The Sabbath was made *for* man (Mark 2:27), and it was made *when* man was made.

I John 2:4 says that if any man claims to know the Lord and keeps not his commandments that man is a LIAR! Surely there are many liars among professing Christians today!

What *IS* sin? The Bible definition is: "Sin is the transgression of the law" (I John 3:4). God's law is spiritual (Rom. 7:14), meaning the Ten Commandments.

How does one receive salvation—eternal life? Peter said repent, believe and be baptized (Acts 2:38). Jesus said, "Except ye repent, ye shall all likewise perish" (Luke 13:3, 5). Repent means turn *from* sin—turn FROM transgressing the law—the commandments, one of which is to keep the Sabbath holy.

The Sabbath is HOLY to God. To profane it is like slapping God in the face—treating him with contempt. If we love God, who loves us, we won't do that. I learned that lesson 58 years ago. Have YOU learned it today?

For further information, write for our booklet *Which Day Is the Christian Sabbath?* □

Two Showplaces of Asia

S

Brisbane, Qld.

INGAPORE and Malaysia are two of the most successful of the new nations that came into being when the old colonial empires broke up after the Second World War. Neither was assured of success. Each had some built-in weaknesses that could have meant disaster. But their practical, common sense approach to nation building has led them to an enviable position of prosperity.

Some ex-colonies wasted the first years of independence in a futile attempt to prove they could "do it themselves." Now their frustrated leaders blame the past, and mortgage the future while their countries fall apart, and their people wallow in deepening poverty.

Not so Singapore and Malaysia. When they achieved independence, sensible and visionary leaders shelved their grudges, and realistically appraised the potential that nature and the old colonial rulers had bequeathed them.

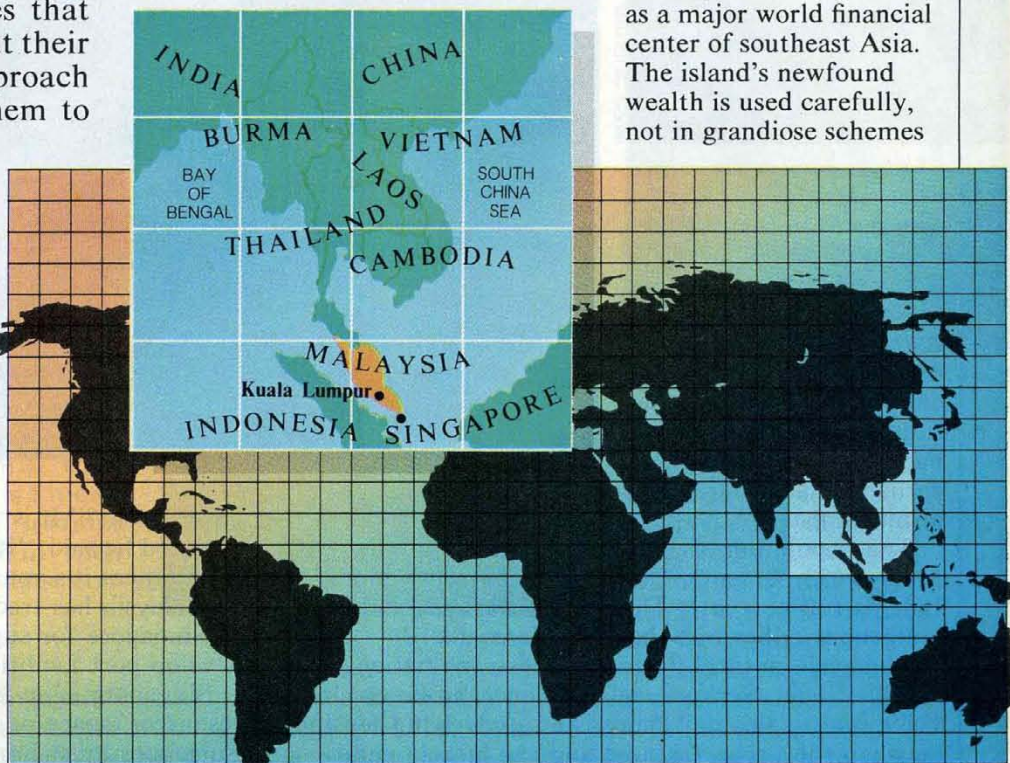
Singapore is an island at the southern tip of Malay peninsula. It is a lush, tropical island with a year-round warm and sunny climate. It was originally called Temasek, meaning Sea Town. According to legend a visiting prince saw a strange beast that he mistook for a lion and renamed the place Singa Pura—Lion City.

Singapore is 26 miles long by 14 miles wide. It has a population of 2.5 million—76 percent Chinese, 15 percent Malay and 7 percent Indian and Pakistani. It is one of the world's largest oil refining, blending and distributing centers, a major supplier of electronics components and a leader in shipbuilding and repair.

Singapore is the world's second busiest port (after Rotterdam) with an average of one vessel entering or leaving harbor every 15 minutes. Its ultramodern international airport is an example of efficiency, organization, cleanliness and floral beauty. Its two runways are capable of handling a takeoff or landing every minute, and 10 million passengers pass through the terminal a year—four times the population.



With more than 100 banks Singapore has emerged as a major world financial center of southeast Asia. The island's newfound wealth is used carefully, not in grandiose schemes



to impress, but in projects that steadily raise the standard of living of the people. Modern housing estates have taken the place of slums and schools; shopping centers, parks and gardens dot the island,

which has become one of the showplaces of Asia—thanks in no small part to Lee Kuan Yew, who has firmly guided his island nation for 25 years. Critics of Lee Kuan Yew say that he has produced a mechanical, stereotyped and soulless society that is killing the human spirit. (The writers of this article strongly disagree, knowing personally dozens of Singaporeans. Disciplined, they may be—but “soulless”—never!)

Malaysia, Promise and Potential

Malaysia began its history as an independent nation several years before Singapore. Malaya (known today as West Malaysia) became independent in 1957 in very trying circumstances. Communist insurgency had become a serious menace after the Second World War, and a state of emergency had been declared in 1948. It lasted until 1960. After independence, the new government asked the British forces to stay on to continue to fight against the guerrillas.

Sarawak and Sabah also became independent, and joined Malaya to form the Federation of Malaysia. (Singapore was also a member for two years, but left to pursue its own course after a disagreement with the central government.)

The Federation of



BROOKE—AFTER IMAGE

Malaysia inherited a territory rich in natural resources. The country is a leading producer of rubber, tin and palm oil. The country is largely agricultural. Tapioca grows abundantly in the wild. It has ruling sultans and a king but the nation is ruled by a parliament and courageous prime minister.

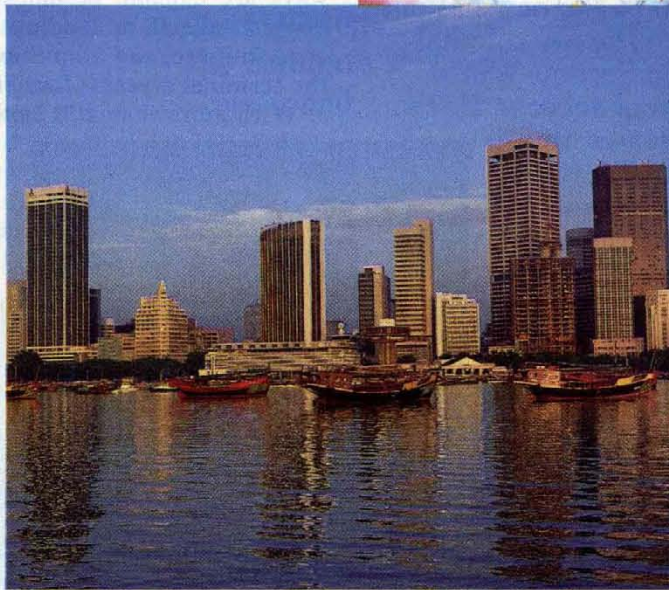
The population of 13 million is a mixture of Malays (53 percent), Chinese (34 percent) and Indians (10 percent). There are also Dyak and other indigenous tribes in Sabah and Sarawak.

This rich cultural diversity is also the nation's Achilles' heel. Serious racial violence broke out in 1969, and to this day there is an underlying tension between the urban Chinese and the largely rural Malay population. Fortunately, Malaysia has had a succession of pragmatic leaders who steered a careful course between extremist positions.

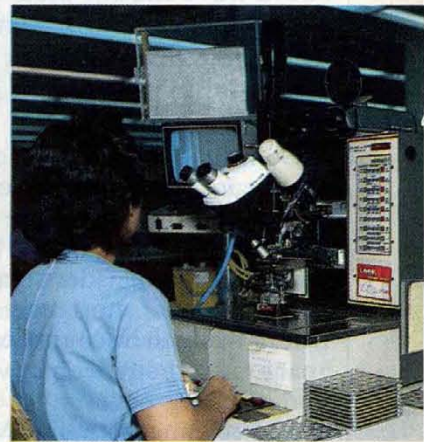
Over half the population are Moslems, but the government has resisted pressure to make Malaysia an

Islamic state. They realize that this would alienate the Chinese and Indians.

When Malaysia's fourth prime minister, Dr. Mahathir Mohamad, was voted into office, journalists asked him, “What about corruption in



HEATON—AFTER IMAGE



government?” It is reported he said, “If there is any corruption in my government it's your job to expose it.”

Malaysia has traditionally depended upon the port of Singapore for supplies and is working hard to develop port facilities on its east coast.

Singapore is an island without significant natural resources, space or raw materials—just people. Singapore must import much of its food. Water reservoirs are adequate for drinking purposes in good seasons, but water for industrial use must come from Malaysia. A population explosion is being tightly controlled by a “stop at two” policy.

Singapore's 20-story-high apartments have limited

space, few rooms, are noisy and offer little area for children to play.

Their Challenges

Both Malaysia and Singapore have prospered economically. And unemployment is small. But can it last? On the surface they enjoy cultural harmony. Their multiracial population works toward their economic objectives. But the new

Malaysia depends on a continuing Australian military presence at their base in Butterworth in northwest Malaysia. And on allies in Southeast Asia. Malaysia has trained and well-equipped armed forces, and Singapore can mobilize its entire population if its security is threatened. But they aren't looking for trouble. They want their part of the world to be recognized as a "zone of peace."

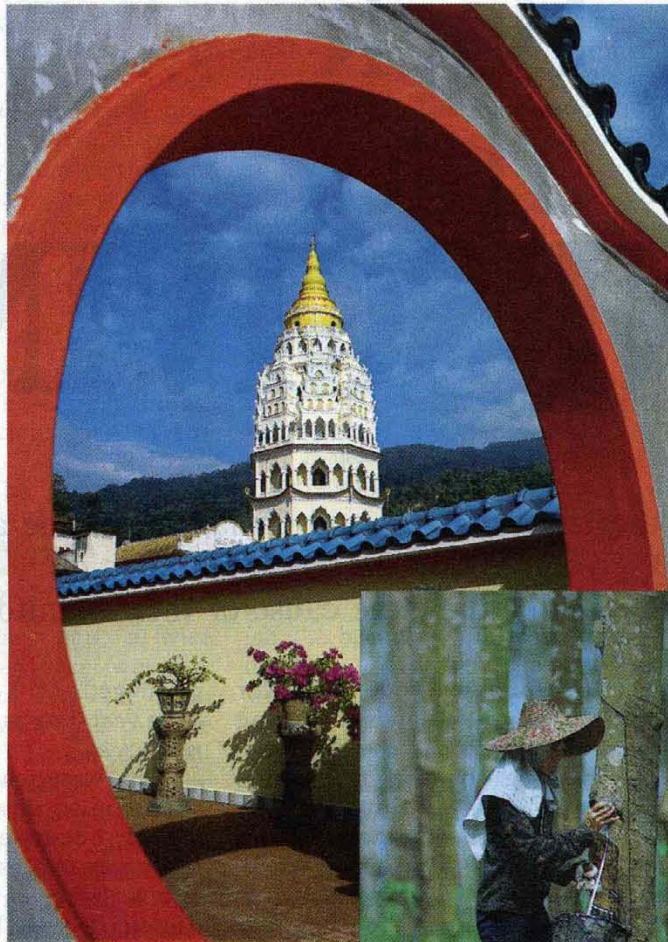
Can It Last?

Malaysia and Singapore will soon be caught up in a series of events outside of their control. The ancient prophecies of the Bible have not been generally understood. Most people are astonished to learn that they refer not only to events long ago, but also to the immediate future.

The climactic events that will precipitate the end of today's world as we know it will center mainly around Europe and the Middle East. But no region will escape entirely. World trade will collapse (Revelation 18:11-19), and religious extremism will mount (Rev. 17). The Bible prophecies foretell that unless God intervenes, no living thing will survive this conflict (Rev. 19



VIDLER—AFTER IMAGE



HEXTON—AFTER IMAGE

Patterns of life in Singapore (above and left) and Malaysia (right): Merchant vessels and tour boats, Singapore; child in traditional festive costume; worker operates semiautomated bonding machine to check circuits at U.S.-owned National Semiconductor plant. Malaysia's Islamic architecture, Kek Lok Si Mosque, Penang; rubber worker collects raw material.

nations are not yet 30 years old, while their diverse peoples are rooted in centuries of tradition and culture. Will their stable governments continue?

A Zone of Peace

Malaysia and Singapore realize that their region is vulnerable. Both nations were invaded and occupied during the Second World War. They see the fate of Laos and Cambodia—two other peace-loving Southeast Asian nations that became pawns in a struggle between the great powers. Malaysia and Singapore are prepared to fight to preserve their freedom if necessary.



AUSTEN—AFTER IMAGE



AUSTEN—AFTER IMAGE

and 20:1-5).

But after God has intervened, he will send Jesus again, this time to personally guide the destiny of the human race on earth for 1,000 years. All humanity will be taught how to solve, once and for all, those

problems that have always prevented lasting peace and prosperity. War, prejudice, racial tension and religious friction will belong in the past, as this entire earth becomes a zone of peace. All people everywhere will at last be able to plan ahead with confidence. Singapore and Malaysia have shown what they can do, even in this imperfect world, in only 25 years. Think what they will do with a millennium!

—Graemme Marshall and John Halford

Put “THANKS” Back Into THANKSGIVING

by Raymond F. McNair

Each year the people of the United States and Canada set aside a national day of thanksgiving. Why? Do the inhabitants of fabulously rich North America really know the cause of their manifold blessings?

FEW PEOPLE around the world understand the origin and purpose behind the American and Canadian customs of observing national days of thanksgiving.

Or why these two great nations—blessed with so high a standard of living—each traditionally observe an annual Thanksgiving Day.

The very first day of thanksgiving in North America was observed at Plymouth in 1621. The previous December, in 1620, Pilgrims—103 in number—had landed on the bleak, wintry coast of present-day Massachusetts. The winter of 1620-21 took a frightful toll in sickness and death. Only 56 Pilgrims survived. Spring brought new hope. In spite of the hot summer of 1621, they reaped abundant crops.

In grateful appreciation to God, the Pilgrims, led by Governor Wil-

liam Bradford, set aside a day for feasting and thanksgiving. During succeeding decades, the Thirteen Colonies celebrated numerous thanksgiving days. But the first *national* day of thanksgiving was set aside in 1789 by George Washington, the first U.S. President.

But it wasn't until the Civil War that the peoples of the United States decided to observe an annual Thanksgiving Day. Ever since, following President Abraham Lincoln's *Proclamation* of 1863, the nation has observed a national day of thanksgiving annually.

Canada first adopted Thanksgiving as a national holiday in November 1879. It is now celebrated annually on the second Monday in October.

How Others See It

The former prime minister of Japan, Kakuei Tanaka, once said of the United States: “You have *such an abundance* of resources . . . I think that as a nation you are too

privileged. . . . I think *God has not been very fair in the distribution of resources.*”

Yes, America is renowned—and sometimes envied—around the world because of her natural resources. An estimated 12 million aliens have entered the United States *illegally* because they yearn for the opportunity to work for a share of that great natural wealth.

Today, all too many who do share in the overflowing “horn of plenty” fail to consider the warning of American author John Steinbeck. He once remarked, “If I wanted to destroy a nation I would give it *too much* and I would have it on its knees, miserable, greedy and sick.”

How many in the United States and Canada have been corrupted by their superabundance to the neglect of the genuine poor around them?

Did Anglo North Americans acquire their national blessings of and by themselves—by superior intellect, by diligent application, by

wisdom and might? Or were these overflowing blessings given by a Higher Power for a great purpose?

President Lincoln's *Proclamation* of April 30, 1863, during the tragic American Civil War, reveals the answer to these questions: "It is the duty of nations, as well as of men, to owe their dependence upon truth, announced in the Holy Scriptures and proven by all history, that those nations only are blessed whose God is the Lord. . . . *We have been the recipients of the choicest blessing of heaven,*" said Mr. Lincoln. "We have been preserved, these many years, in peace and prosperity. We have grown in *numbers, wealth and power* as no other nation ever has grown; but *we have forgotten God.*"

And, in his Thanksgiving *Proclamation* of October 3, 1863, President Lincoln said: "No human counsel hath devised, nor hath any mortal hand worked out these great things. They are the gracious gifts of the most high God. . . ."

Mr. Lincoln, who had for years diligently studied the Bible, knew the real source of America's wealth.

A Warning for Today

Nearly 3,000 years ago, a wise national leader—Moses was his name—foresaw our day. He foresaw that the descendants of the ancient nation of Israel, like all nations, would soon forget the true source of their blessings. In his warning, he foretold that the ancient people of Israel were destined to inherit "goodly cities . . . and houses full of all good things . . . wells . . . vineyards and olive trees. . . . When thou shalt have eaten and be full [as on Thanksgiving Day]; then *beware,*" said Moses, "*lest thou forget the Lord . . .*" (Deut. 6:10-12, Authorized Version).

Moses' description of ancient Israel's national blessings is a prophetic description of what is happening to the modern-day peoples of the United States and Canada: "For the Lord your God," said Moses, "is bringing you into a good land, a land of brooks of water, of fountains and springs, that flow out of valleys and hills; a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive

oil and honey; a land in which you will eat bread without scarcity, in which you will lack nothing; a land whose stones are iron and out of whose hills you can dig copper. When you have eaten and are full, then you shall bless the Lord your God for the good land which He has given you" (Deut. 8:7-10, Revised Authorized Version).

Then God also inspired Moses to add this solemn warning: "Beware that you do not forget the Lord your God by not keeping His commandments, His judgments, and His statutes which I command you today, lest—when you have eaten and are full, and have built beautiful houses and dwell in them; and when your herds and your flocks multiply, and your silver and your gold are multiplied, and all that you have is multiplied; when your heart is lifted up, and you forget the Lord your God . . . you say in your heart, 'My power and the might of my hand have gained me this wealth.' And you shall remember the Lord your God, for it is He who gives you power to get wealth. . . . Then it shall be, if you by any means forget the Lord your God, and follow other gods . . . you shall surely perish. . . . because you would not be obedient to the voice of the Lord your God" (Deut. 8:11-20).

As a whole, the peoples of Anglo North America have been blessed with the highest standard of living of any people in the entire history of mankind. But we need to bear in mind an important principle that the founder of true Christianity declared: "For unto whomsoever much is given, of him shall be much required" (Luke 12:48, Authorized Version).

President Calvin Coolidge once gave similar advice: "Prosperity is only an instrument to be used, not a deity to be worshipped." He added: "No person was ever honored for what he received. Honor has been the reward for what he gave."

True, the great "have nations" unselfishly helped the needy after World War II. But have we in North America and elsewhere done all we should have done? Did we do it altogether unselfishly? (It should be clearly understood that when food is freely given care should be taken to see that, firstly, it reaches

the truly needy, not the indolent; and, secondly, that it reaches those for whom it is intended, instead of being siphoned off by the greedy, to further enrich themselves.)

Now look at how we have treated our own national inheritances.

No matter where we live, we find pollution of food, water, soil and the very air we breathe. But the worst pollution of all is *mind pollution*. Vast areas of the world are fed a constant stream of violence, illicit sex and sensationalism by way of television and other media emanating from the United States of America. Newsstands are loaded with pornographic material. Homes by the thousands break up each week in divorce. And modern societies murder (abort) millions of unborn infants each year!

There are the twin scourges of drug abuse (with millions destroying their minds through ever-increasing drug addiction) and drunkenness. Millions die prematurely, victims of heart and artery disease, cancer, stroke and accidents. Is this the legacy that America will be remembered for around the world? Why is God allowing these penalties to befall especially the nations most blessed with natural resources? There is a reason!

To our American readers celebrating Thanksgiving Day we say, listen to the admonitions of your past great leaders. George Washington once referred to religion and morality as the "indispensable supports" of the new nation. He spoke of religion and morality as "these great pillars of human happiness, these firmest props of the duties of men and citizens."

The insistent words of President Theodore Roosevelt also come to mind: "The things that will destroy America are prosperity-at-any-price, peace-at-any-price, safety-first instead of duty-first, the love of soft living, and the get-rich-quick theory of life."

Do we give thanks by sharing our blessings with those near and far who are less fortunate than we?

Do we give heartfelt thanks to our Creator—the Almighty Blesser "who daily loads us with benefits" (Ps. 68:19, RAV)—for the manifold blessings he has so abundantly bestowed upon our nations? □

INCREASE YOUR BIBLE IQ



Christmas Before Christ?

HUNDREDS of millions of people around the world are looking forward to the Christmas holiday season. Families will soon be busy putting up Christmas decorations. Holly, mistletoe and evergreen will deck the house. And just the right tree will be chosen and decorated with tinsel and ornaments.

Christmas is traditionally the time when presents are exchanged. A time to sing carols, admire colorful twinkling lights, to roast chestnuts in the fireplace and burn the Yule log. It's when family and friends get together for a sumptuous Christmas dinner.

Yet, paradoxically, Christmas is also the time of year when suicides, family fights, depression and drunkenness reach a peak!

Stop and think for a moment. Very few have ever reflected on why they believe what they do—why they follow the customs they do, or where those customs came from. Having been born into this world with its religious customs, most people naturally accept the customs and beliefs of society without question.

Have you ever wondered how and when Christmas originated? Does it *really* celebrate the birthday of Christ? Was Jesus *really* born December 25? Did the original apostles, whom Jesus taught personally, celebrate his birthday?

Let's begin this eye-opening study and discover the surprising answers!

Non-Christian Origin of Christmas

1. What does the Bible reveal about weather and farming conditions surrounding the time of year when

Christ was born? Luke 2:6-8, especially verse 8.

COMMENT: Many encyclopedias and other historical sources point out that Christ's birth could *not* have occurred in the month of December. The shepherds in Judea always brought their flocks in from the mountainsides and fields and corralled them no later than mid-October! They did this to protect the sheep and themselves from the cold rains that followed. The Bible itself shows that winter in Judea is the rainy season (Song of Solomon 2:11; Ezra 10:9, 13).

Encyclopedias and other reference works all show that the exact date of Christ's birth is *unknown*. If Jesus Christ had intended for us to celebrate his birthday, then he would have commanded that it be done and revealed the exact date in the Bible. But he did not.

There is no biblical record of Christ, his apostles or his Church having observed his birthday. Rather, the apostle Paul commanded true Christians to commemorate the date of his *death* (I Cor. 11:24-26).

Since Jesus was not even born in December, what about the various customs and traditions associated with Christmas? Have we assumed that the customs of this most-observed religious holiday stem from Christian origins?

Christmas customs and practices date long before Christ! According to the *Encyclopaedia Britannica*, "Christmas customs are an evolution from times that long antedate the Christian period—a descent from seasonal, pagan, religious and national practices, hedged about with legend and tradition" (15th edition, article, "Christmas").

The *Encyclopedia Americana*, 1944 edition, further explains: "It was, according to many authorities, not celebrated in the first centuries of the Christian church, as the Christian usage in general was to celebrate the death of remarkable persons rather than their birth. . . . A feast was established in memory of this event [Christ's birth] in the fourth century. In the fifth century the Western Church ordered it to be celebrated forever on the day of the old Roman feast of the birth of Sol [the sun], as no certain knowledge of the day of Christ's birth existed."

These authoritative reference works further state that many familiar Christmas trappings such as the holly wreath, mistletoe and the Yule log are relics of pre-Christian times!

2. A common custom during the Christmas holidays is to cut down an evergreen tree and

decorate it. Does the prophet Jeremiah make reference to such a practice occurring during his time—hundreds of years before Christ? Jer. 10:2-5. Whose custom was this? Verses 2-3.

COMMENT: Have you ever read a clearer description of a Christmas tree? The Bible clearly shows that it was an ancient custom to cut down trees, decorate them and put them in their homes! God warned his people not to learn that way or follow it.

Does Christmas Honor Christ?

One of the traditional customs of Christmas is the buying and exchanging of gifts. Many believe they are following an example set by the wise men who presented gifts to the infant Jesus.

1. Why did the wise men present gifts to Christ? Matt. 2:1-11.

COMMENT: The wise men were not starting a new Christian custom. They were not exchanging gifts with friends to honor Christ's birthday! Rather, they were following an ancient Eastern custom of presenting gifts to a king when they came into his presence. They were approaching Christ, the "King of the Jews" (verse 2, Revised Authorized Version throughout).

These gifts obviously were not given on Christ's birthday because the wise men came a number of days, or even weeks, after Christ was born. Notice also that unlike today they did *not exchange* gifts among themselves, but "presented gifts to *Him*" (verse 11).

2. Many who understand that Christmas evolved from pagan customs originally honoring the sun god will often say that they observe it to "honor" Christ. But what does God say about following the customs and traditions of the heathen? Deut. 12:29-31.

COMMENT: God plainly warns his people not to adopt the practices of pagan nations. God will not accept this kind of worship, even though intended in his honor!

3. Did Christ say it is possible to worship him and still do it all in vain? Matt. 15:9. What did he tell his disciples about following man's ideas on how to worship God? Mark 7:7-9.

COMMENT: God does not want people trying to honor Christ by following traditions and customs devised by men. Notice again God's command, "You shall not worship the Lord your God in that way" (Deut. 12:31).

4. Those who celebrate Christmas end up breaking many (if not all) of God's commandments. Which commandments are these? Read Exodus 20:1-17.

COMMENT: Christ's name is used in vain because he certainly never put his name on Christmas; lying is involved by telling children about Santa Claus; and coveting material things seems to be the true "spirit" of the holiday. And more murder, suicide, drunkenness and a host of other sins are committed during the Christmas season than at any other time of the year!

The whole accent of the Christmas season is on *get*, contrary to Jesus' statement, "It is more blessed

to *give* than to *receive*" (Acts 20:35). The question most often asked at this time of year seems to be "What did you get?"—not "What did you give?" Probably no other day stresses *getting*, especially to children, as much as Christmas.

God's Commanded Days

Even though many realize Christmas is pagan in origin, some feel it is rather unfair to condemn the "positive aspects" of Christmas unless there were something far better to take its place. Happily, there is!

1. What days of the year does God command his people to observe and keep holy? Read Leviticus 23:1-36.

2. Is there great rejoicing associated with God's annual feast days? Deut. 16:13-15. And is there evidence that Jesus kept these very same days? Luke 2:41-43; John 7:1-2, 14, 37.

COMMENT: These and other scriptures show that Jesus Christ and the Church he founded kept God's yearly festivals. These joyous occasions teach and remind his people how he is accomplishing his great master plan for mankind. It is through the knowledge of these days that one can understand *what* man is, the *purpose* of life and all about the soon-coming kingdom of God on earth!

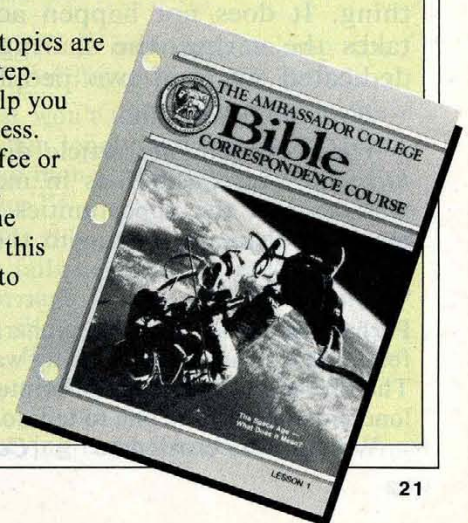
If you would like to know more about the true origins of Christmas and related customs than could be presented in this short study be sure to request *The Plain Truth About Christmas*. It is free for the asking.

And don't forget to enroll in the free Bible Correspondence Course mentioned below.

—Richard A. Sedliacik

ENROLL NOW IN FREE BIBLE COURSE

The short study you've just read is a sample of what you'll find in each 16-page, monthly lesson of the Ambassador College Bible Correspondence Course. There are topics on world events, family, the purpose of life, the nature of human nature, and much more. This course can help you begin to understand the Bible as never before. Interesting topics are presented step by step. Periodic quizzes help you evaluate your progress. There is no tuition fee or obligation. You can enroll by mailing the request envelope in this issue or by writing to our office nearest you.



WIVES

You Can Enrich Your Marriage!

Successful wives make use of unique opportunities to deepen the joy in their marriages. Here is how they accomplish it.

MANY A MAN would try to “climb the highest mountain, cross every ocean and ford every stream” to find the right wife and the right mother for his children.

A joyous, stable marriage is a *precious* thing. It does not happen accidentally. It takes the caring, the sharing and the dedicated work of two people who deeply want a happy home.

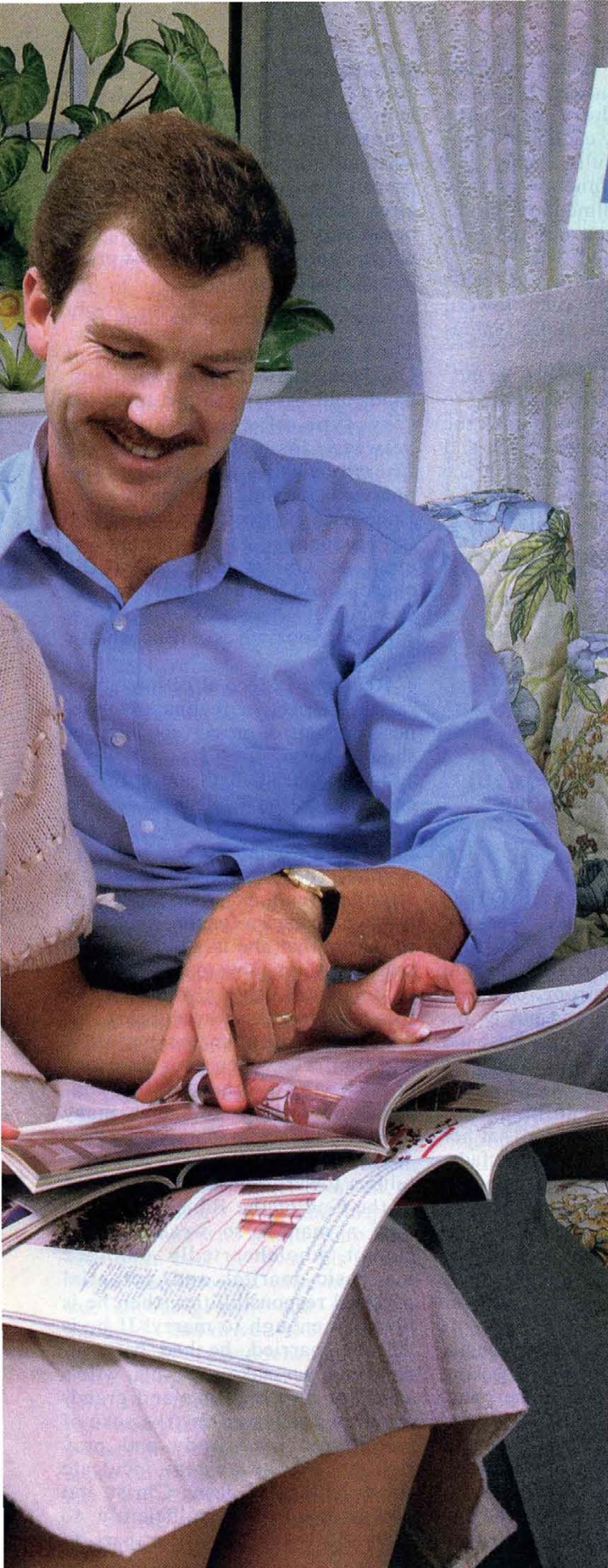
The accompanying article discusses the *husband's* responsibilities in marriage. Here we will describe the opportunities and challenges in marriage that are unique to the wife.

Being Responsive

Perhaps the most outstanding characteristic of a truly feminine woman is that of being warm and responsive. The first man, according to Scripture, was alone. He was lonesome. He had no one to talk to. He was incomplete.

Woman was created to (Continued on page 29)





HUSBANDS

Your Responsibility to Your Family

Here is vital knowledge making plain a husband's responsibility. Every man on earth needs this understanding!

HER eyes flooded with tears, the woman before me began to shake and sob. Bending over with her face in her hands, she quietly moaned as she cried—finally catching herself, sitting upright and wiping her eyes. “I have always realized how empty my marriage was,” she blurted out. “But hearing you describe in your talk today what marriage ought to be like makes me realize that we’ve just got to do better in our marriage!”

“What is wrong?” I inquired, asking the question in several different ways.

“My husband just won’t talk to me,” she said again and again. “I am lonely and frustrated. I don’t even really know the man I married. I feel like I’m living with a stranger.”

And the reason for this tragic circumstance is that our modern society fails to teach the real purpose and meaning of marriage. Today a growing number of men and women simply do not realize WHO instituted marriage. *What* is its purpose. And what are the spiritual laws governing true marital happiness.

Because of this crying need *The Plain Truth* must

Speak out to you husbands about your responsibility in marriage!

Man Needs a Help

At the very beginning of the Bible, God describes the purposes he had in mind—and responsibilities—in creating man and woman. If humanity today is ever going to find the answer to happy marriages, we had better be willing to accept instruction from the great God of creation—the author of marriage and the one who made us male and female!

Notice what the great God had in mind: “And God said, Let us make man in our image, after our likeness: and let them have dominion over the fish of the sea, and over the fowl of the air, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth” (Genesis 1:26).

He said: “Let them have dominion”—he intended that both the husband and the wife learn to exercise authority and responsibility over all of the creation under mankind.

Verse 27 continues: “So God created man in his own image, in the image of God created he him; male and female created he them.” Here it is made plain. Both man and woman were created in the image of God. They both have the privilege to share through their minds the blessings, the opportunities, the joys—as well as the responsibilities—of acting for God on this earth and having dominion over the rest of the physical creation.

In Genesis 2:18, God reveals in detail why he created woman *after* creating the man: “And the Lord God said, It is not good that the man should be alone; I will make him an help meet for him.”

Man is not the great, all-conquering hero who stands alone against the sky. The fact is that man *needs* a help! He is not complete! And woman was created to fill that emotional, mental and physical void in his life.

This is something that all men should deeply appreciate.

A Wife Balances a Man

Man without woman is often like a train without an engine, an airplane

without wings or a car without wheels.

Most men—there are rare exceptions—simply cannot be complete, cannot be fully happy and balanced—cannot function as they ought in the fulfillment of God’s purposes unless each has the help of a loving, dedicated wife.

This knowledge the world seems to be losing in its rush toward material acquisition, false values and sexual liberation.

The Bible says: “Likewise, ye husbands, dwell with them according to knowledge, giving honour unto the wife, as unto the weaker vessel, and as being heirs together of the grace of life; that your prayers be not hindered” (I Peter 3:7).

God intended that both the husband and the wife learn to exercise authority and responsibility over all of the creation under mankind.

Most women realize that they are indeed “the weaker vessel.” They have no quarrel with this. They are glad to take their place in life at the side of a strong, balanced and loving husband and act as his help and support. But if a husband takes advantage of this, crushes his wife in his desire to exalt himself and prove something to himself or somebody—it is no wonder that her love, respect and trust quickly fade. Only hate and misunderstanding result. (It was out of this kind of tragedy that the women’s liberation movement was born.) Indeed the prayers of that household are greatly hindered—if there ever were such prayers.

The wife was created as a help. She was created for childbearing and to assist and inspire her husband.

But how does a wife help and assist an egotist who is so intent on exalting himself, proving to himself that he is great and powerful and acting like a little dictator that he

makes life miserable for all others around him? Or, how does a wife help and assist a lazy, spineless drunk who refuses to support his wife and family, refuses to earn a proper living and comes in night after night in a stupor—evil tempered and slapping and beating his wife and children? Think this problem through, men.

An Inspired Example of Marriage

Throughout the inspired Word of God, the relationship between husbands and wives is shown to be the very type of the relationship between Jesus Christ and the Church. This is particularly emphasized in the fifth chapter of Ephesians. Notice!

“Husbands, love your wives, even as Christ also loved the church, and gave himself for it” (verse 25).

“Love your wives”? But what is “love”?

Real love is deep affection, admiration, respect, a feeling of closeness and an outgoing concern for the one loved.

Jesus Christ had an outgoing concern for the Church and so he gave himself for it.

When a woman decides to marry a man, she should have such a strong affection, admiration and outgoing concern for the man she is to marry that she is willing to forsake all others, give up the freedom of singleness, and give herself to this man to be his sweetheart, his help and inspiration, be his nurse and comforter when he is downcast or sick, the mother of his children—and who knows how many other things?

But what are the man’s responsibilities toward his wife in the sight of the God of the Bible?

If a man is so weak that he cannot wholeheartedly embrace his basic marital and potential parental responsibilities, then he is not man enough to marry! If he is already married, he had better—for his own sake, for his wife’s sake, for his children’s and grandchildren’s sake and for the sake of his eternal life—study and pray that he will be able to inculcate the teachings of Jesus Christ and character of God sufficiently to carry out—for the most part at

least—his basic responsibilities in marriage!

Love and Respect

Certainly a man ought not to marry a woman unless he really and truly loves her. Yet, sorrowfully, we must acknowledge that millions of men have never learned the meaning of the word *love*. Because of cheap novels, cheap movies and wrong examples, they have all too often learned to confuse love with lust. They seem to think that a base, animal sexual desire to get satisfaction from another person of the opposite sex constitutes love. Nothing could be further from the truth!

For true love involves a giving, a sharing of plans, hopes and dreams between two people who want to build an entire life together until death does them part. If they are not able to talk things over, smile into each other's eyes, share little joys and intimacies and stick together when the big trials come—their love is lost indeed.

The apostle Paul commanded: "Husbands, love your wives, and be not bitter against them" (Col. 3:19). Some husbands do allow themselves quickly to become bitter because their wives do not measure up to an angelic idol of perfection envisioned in their own human imaginations.

But a wife was never intended to be an idol. She was never designed to be flawless in this life any more than her husband was. She was not intended to be a *perfect* housekeeper, mother, companion and also a Hollywood sex goddess all wrapped up in one individual.

She was designed and created, however, by the Maker of us all, to be a sweetheart, help and inspiration to a man who would share himself with her, go over his plans, hopes and dreams with her, give her encouragement and guidance and lead—not drive—their home in an attitude of confidence and love.

So many scores of women have cried out in despair: "My husband just won't talk to me! That is why we are not close—he just doesn't share anything with me. He just sits glumly at the table at mealtime or reading a paper or watching TV at night!"

Loving Is Sharing

Loving means sharing. Every husband worthy of the name ought to cultivate the habit of talking over his plans and hopes with his wife, sharing with her many of his innermost thoughts and desires—not just the negative ones! He should make her feel deeply a part of him. This very attitude and approach means more to a woman than most men can even realize.

A man needs to treat his wife as a sweetheart. He needs to cultivate and build an atmosphere of love, romance and intimacy in their home—kissing his wife when he returns from work, holding her hand as they are taking walks and embrac-

Throughout the Bible, the relationship between husbands and wives is shown to be the very type of the relationship between Jesus Christ and the Church.

ing her often throughout the day with free and lavish affection.

True love certainly involves deep and abiding respect. A man ought to be grateful and thankful that the woman who is his wife has decided to leave her own estate and cleave to him above all others till death. He ought to appreciate that fact—and the many, many good qualities of help, patience and service that practically every wife possesses. He ought to encourage and bring out the best in her—not constantly harp and carp away at her in belittling criticism, which only causes her, in most cases, to respond in kind.

A man ought to respect the fact that his wife is an adult human being made in the image of God. He needs to realize that someday—according to God's plan—she can become a glorified spirit being ruling with Christ over this earth, even managing angels! (I Cor. 6:3).

Support and Encouragement

A man was intended by God not

only to be the head of the house but to be the provider as well.

God says: "But if any provide not for his own, and especially for those of his own house, he hath denied the faith, and is worse than an infidel" (I Tim. 5:8).

Man is his happiest when he is building, increasing and providing. He will never have real peace of mind or abiding happiness unless he learns to fulfill this part in life. His brain, body and desires all cry out for fulfillment in an occupation to support himself and his family.

But a really dedicated man will certainly go far beyond just basic support for his wife and children. He will want to provide a proper home for them—within his means and abilities.

However, merely giving physical support to a wife is not enough to fulfill her needs or the needs of her husband. For every man needs to learn to be encouraging and uplifting to his wife, his children and those around him. A wife certainly needs this moral support many times at the end of a hard day. A real man should not expect his wife always to encourage and support him. Rather, he should be ready, able and desirous of encouraging and uplifting her when she has her down moments as well!

This type of mutual help and support automatically increases the deep love and respect that a married couple will have for one another. If the partner is there with a kind word, a gentle pat on the shoulder, an encouraging embrace, a look of compassion—this can mean more than any number of physical luxuries.

Leadership and Guidance

Another area of responsibility—and opportunity—for husbands is that of leadership and guidance. For God made the woman to physically and emotionally lean on the man as her head and leader. Unless a woman has by example or training developed a "liberated" approach to life, she naturally enjoys being led and even dominated by a man who respects, appreciates and loves her.

Always remember there is a major difference between "dominate" and "domineer." A man

must learn to lead his wife by exercising all faculties of wisdom, strength and personality. He must, most of all, set an *example* for his wife and children to follow if he expects them to gladly follow him.

This automatic leadership opportunity is a part of a program the great God had in mind when he instituted the family relationship.

In leading the family, a man should talk goals and plans over with his wife continually. He should give her definite guidelines—letting her know in love and in fairness what he expects of her and how far her responsibility for certain decisions affecting the home, the items of food and clothing, etc., extend. Then she will know where she stands—and will be able to cooperate and implement her husband's decisions and wishes. All these matters should have been discussed before marriage, while dating.

The couple should counsel together—often with arms around each other—about their future—their plans, hopes and dreams. Husbands should ask God for wisdom and vision and should plan ahead as to the type of home and life that is their goal, the future education and well-being of the children, and the type of friends the family should cultivate, the type of movies they should see, the books they should read, television programs they should watch and their ultimate goal—hopefully the kingdom of God!

A husband and father who will do this not only proves himself more of a man—he actually increases his manhood, his wisdom and his abilities to lead by this very process of being the right kind of husband!

Help and Protection

Returning to Ephesians 5, remember that Christ gave himself for the Church—“That he might sanctify and cleanse it with the washing of water by the word, that he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish. So ought men to love their wives as their own bodies. He that

loveth his wife loveth himself” (verses 26-28).

Every right-minded man certainly desires to cherish and protect his wife. She is his sweetheart, his companion, the mother of his children. He ought to realize that she is part of him! “For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church” (verse 29).

Realizing that his wife is part of him, a man certainly ought to have a solicitous and protective feeling toward his wife and sweetheart. Even beyond this, though, he should constantly be thinking of helping her as the weaker vessel so that she does not strain or overdo and so that her grace and beauty may be preserved throughout all of their married life. A real man will notice when his wife is overworking and lighten her burdens whenever possible. He will leap to action to lift heavy things for her, help her when she is sick, and protectively and lovingly watch over her in many such ways.

If you husbands will learn this lesson, your wives will repay you in a thousand ways over the years to come if you learn to give this help when it is needed—and give it freely and in kindness.

Inspiration to Grow

Inspiration to grow? By this I mean that the husband should not only lead the family in general, but should be the inspirer for each and every member of the family to develop his or her full potential as a human being and heir of God.

A wise and loving husband should inspire and encourage his wife to grow in bodily health. He should be solicitous about her getting enough sleep, enough exercise, the proper diet and the right kind of recreation.

Actually, although this should not be his motive, in helping his wife he is helping himself. For a strong, graceful and healthy body is certainly the basis of a warm, vivacious and loving personality. And certainly every right-minded man would want to keep his wife sweet and beautiful as his sweetheart throughout their life together.

He should also encourage his wife in mental development. He

should analyze whether his wife, like some others, might tend to stagnate, become bored with life, bog down in the use of grammar, knowledge of world affairs and in intellectual development.

When possible, an inspiring trip will add a great deal to a wife's outlook on the world in general and her own life in particular.

Every husband should be most concerned with his wife's happiness and personality. He should inspire and encourage her constant development and growth in these areas. Certainly by loving and helping her—sharing deeply with her his hopes and aspirations—he will be a tremendous inspiration to her in this regard. Whenever possible, he should express affection to her in the right way—showing by a thousand big and little things that he loves her deeply, appreciates her and wants her happiness above all else.

By all of this outgoing concern, and by making sure his wife does get the right amount of recreation, travel and friendly association with others of like interest, a husband may be assured that his wife is having a full and balanced life as God intended, and is even in this laying up a rich store of treasures that will bring forth happiness in marriage for years to come.

The area of character development is one also in which a really strong and masculine husband should take the lead.

All too often, especially in our modern world, men seem to think that it is up to the wife to talk about spiritual things and get the children interested in things concerning God and the Church. This is *not true*, and any man who fails his God-given responsibility in this is simply selling out his own birthright. For God intended the man—if he will act on his responsibilities and opportunities—to be the spiritual leader in the home.

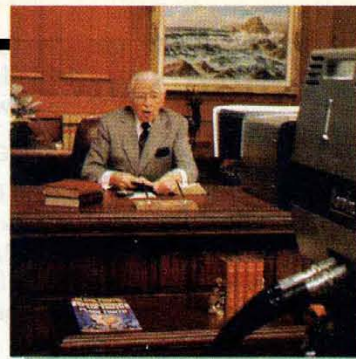
Notice this inspired scriptural statement: “But I would have you know, that the head of every man is Christ; and the head of the woman is the man; and the head of Christ is God” (I Cor. 11:3).

It is *your responsibility*, husbands, to take and to maintain the

(Continued on page 28)

"THE WORLD TOMORROW"

HERBERT W. ARMSTRONG analyzes today's news, with the prophecies of *The World Tomorrow* on TELEVISION and RADIO.



RADIO LOG

Listed by state or province are the station's call letters, location, frequency and time when the *World Tomorrow* program is aired.

U.S.

ALABAMA

WMGY, Montgomery — 800, 6:30 a.m. and 5:30 p.m., Mon.-Fri.; 6:30 a.m., Sat.; 9:30 a.m., Sun.

CALIFORNIA

KIEV, Glendale — 870, 11:00 a.m., Mon.-Fri.

DISTRICT OF COLUMBIA

WRC, Washington — 980, 7:30 a.m., Sun.

ILLINOIS

WMAQ, Chicago — 670, 4:30 a.m., Mon.-Sat.; 7:00 a.m., 10:00 p.m., Sun.

INDIANA

WOWO, Ft. Wayne — 1190, 8:03 a.m., Sun.

WSBT, South Bend — 960, 11:15 p.m., Mon.-Sat.; 7:30 a.m., Sun.

IOWA

KXEL, Waterloo — 1540, 10:30 p.m., Mon.-Fri.; 10:30 a.m., Sun.

KENTUCKY

WGRK, Greensburg — 1540, 8:05 a.m., Sun.

MICHIGAN

WLQV, Detroit — 1500, 6:30 a.m., Mon.-Sat.; 8:30 a.m., Sun.

NEW MEXICO

KBCQ, Roswell — 1020, 7:30 p.m., Mon.-Sat.; 7:30 a.m., Sun.

NEW YORK

WMCA, New York — 570, 7:00 p.m., Mon.-Sat.; 7:00 a.m., Sun.

WOR, New York — 710, 11:30 p.m., Mon.-Fri.; 6:30 a.m., Sun.

WGY, Schenectady — 810, 10:30 p.m., Sun.

OHIO

WCKY, Cincinnati — 1530, 11:30 p.m., Mon.-Sat.; 7:30 a.m., Sun.

TENNESSEE

WLAC, Nashville — 1510, 7:30 p.m., Mon.-Sat.; 7:30 a.m., Sun.

TEXAS

KRLD, Dallas — 1080, 11:30 p.m., Sun.

KPRC, Houston — 950, 10:30 p.m., Mon.-Sat.; 10:00 p.m., Sun.

KEES, Longview — 1430, 12:00 noon, Mon.-Fri.; 9:30 a.m., Sun.

WOAI, San Antonio — 1200, 4:30 a.m. and 10:15 p.m., Mon.-Fri.; 4:30 a.m. and 10:30 p.m., Sat.; 4:30 a.m. and 9:00 p.m., Sun.

UTAH

KSL, Salt Lake City — 1160, 12:06 a.m., Tues.-Sat.; 5:30 a.m., Sun.

VIRGINIA

WRVA, Richmond — 1140, 11:30 p.m., Mon.-Sun.

WEST VIRGINIA

WWVA, Wheeling — 1170, 7:30 p.m., Mon.-Fri.; 10:30 a.m., Sun.

CANADA

BRITISH COLUMBIA

CKO-FM, Vancouver — 96.1, 8:30 p.m., Sun.-Fri.

CJVI, Victoria — 900, 10:30 p.m., Sun.-Fri.

ALBERTA

CKO-FM, Calgary — 103.1, 9:30 p.m., Sun.-Fri.

CFCW, Camrose — 790, 10:00 p.m., Mon.-Fri.

CFRN, Edmonton — 1260, 5:00 a.m., Mon.-Fri.

CKO-FM, Edmonton — 101.9, 9:30 p.m., Sun.-Fri.

SASKATCHEWAN

CJNB, North Battleford — 1050, 7:30 p.m., Mon.-Sat.; 7:30 a.m., Sun.

CKBI, Prince Albert — 900, 7:15 p.m., Mon.-Fri.; 11:00 p.m., Sun.

MANITOBA

CKDM, Dauphin — 730, 6:30 p.m., Mon.-Fri.

CKJS, Winnipeg — 810, 12:05 noon, Mon.-Fri.

ONTARIO

CKO-FM, London — 97.5, 9:30 p.m., Sun.-Fri.

CKO-FM, Ottawa — 106.9, 9:30 p.m., Sun.-Fri.

CJMX-FM, Sudbury — 105.3, 7:30 a.m., Sun.; 5:30 a.m. and 11:30 p.m., Mon.-Fri.

CKO-FM, Toronto — 99.1, 9:30 p.m., Sun.-Fri.

CFGM, Toronto-Richmond Hill — 1320, 11:30 p.m., Mon.-Fri.

QUEBEC

CKO, Montreal — 1470, 9:30 p.m., Sun.-Fri.

CKVL, Montreal (Fr) — 850, 11:30 p.m., Sun.

CHNC, New Carlisle — 610, 6:00 p.m., Tues. and Thurs.; 7:30 a.m., Sun.

CJRP, Quebec City (Fr) — 1060, 7:15 a.m., Sun.

CKLD, Thetford Mines (Fr) — 1330, 8:15 a.m., Sun.

(Continued on next page)

ATLANTIC CANADA

- CKBC, Bathurst, N.B.** — 1360, 10:30 p.m., Mon.-Fri.; 9:30 a.m., Sun.
- CJVA, Caraquet (Fr), N.B.** — 810, 10:15 a.m., Sun.; 9:00 p.m., Tues. and Thurs.
- CJEM, Edmunston, N.B.** — 570, 8:35 a.m., Sun.; 8:30 p.m., Tues. and Thurs.
- CKMV, Grand Falls, N.B.** — 1480, 8:35 a.m., Sun.; 9:00 p.m., Tues. and Thurs.
- CKO-FM, Halifax, N.S.** — 8:30 p.m., Mon.-Fri.
- CFOM-FM, Moncton, N.B.** — 103.9 10:30 p.m., Mon.-Fri.
- CKEC, New Glasgow, N.S.** — 1320, 10:30 p.m., Mon.-Fri.
- CHER, Sydney, N.S.** — 950, 10:30 p.m., Sun.-Thurs.

CARIBBEAN

- ZNS-3, Freeport (Eng), Bahamas** — 810, 6:00 a.m., Mon.-Fri.; 9:00 a.m., Sun.
- Radio Cayman, Grand Cayman** — 1555, 1205, 103.5 FM, 6:00 a.m., Tues.-Fri.
- RJR-FM, Christiana, Jamaica** — 101.3, 6:00 a.m., Tues., Thurs.; 6:30 a.m., Sun.
- RJR-AM, Kingston, Jamaica** — 720, 4:30 a.m., Thurs., Sat.
- RJR-FM, Kingston, Jamaica** — 92.7, 6:00 a.m., Tues., Thurs.; 6:30 a.m., Sun.
- RJR-FM, Kingston, Jamaica** — 94.7, 4:30 a.m., Thurs., Sat.
- RJR-FM, Kingston, Jamaica** — 95.7, 6:00 a.m., Tues., Thurs.; 6:30 a.m., Sun.
- RJR-FM, Kingston, Jamaica** — 104.5, 4:30 a.m., Thurs., Sat.
- RJR-AM, Mandeville, Jamaica** — 770, 4:30 a.m., Thurs., Sat.
- RJR-FM, Montego Bay, Jamaica** — 92.9, 6:00 a.m., Tues., Thurs.; 6:30 a.m., Sun.
- RJR-AM, Port Maria, Jamaica** — 580, 4:30 a.m., Thurs., Sat.
- RJR-FM, Spur Tree, Jamaica** — 90.5, 4:30 a.m., Thurs., Sat.
- MBC Radio (Fr), Port au Prince, Haiti** — 1430, 10:30 a.m., Sun.
- ZDK, Grenville Radio (Eng), St. John's, Antigua** — FM 99, 7:15 p.m., Mon.-Fri.
- Radio Caraibes (Fr), Guadeloupe & Martinique** — 840, 5:30 a.m., Mon.-Fri.

- Radio Caribbean (Eng), St. Lucia** — 840, 2:10 p.m., Mon.-Fri.
- Rediffusion (Eng), Bridgetown, Barbados** — 7:30 p.m., Mon.-Fri.; 9:30 a.m., Sun.
- BBS, St. Michael, Barbados** — FM 90.7, 6:30 a.m., Mon.-Fri.; 9:00 a.m., Sat. & Sun.
- Radio Antilles (Eng), Montserrat, Eastern Caribbean** — 930, 6:00 p.m., Mon.-Sat.; 7:00 a.m., Sun.
- Radio Antilles (Fr), Montserrat, Antilles** — 1450, 740, 6:00 a.m., Mon., Thurs., Sat.
- NBS, Trinidad** — 610, 10:30 p.m., Sun.-Fri.

NEW ZEALAND

- IXP, Radio Pacific, Auckland** — 1593, 6:00 p.m., Sun.
- IXX, Radio Bay of Plenty, Whakatane** — 1242, 9:30 p.m., Sun.
- 2XS, Radio Manawatu, Palmerston No.** — 828, 10:15 p.m., Sun.
- 4XO, Radio Otago, Dunedin** — 1206, 9:30 p.m., Sun.
- 4XA, Radio Central, Alexandra** — 531, 9:30 p.m., Sun.
- 4XC, Radio Central, Queenstown** — 1359, 9:30 p.m., Sun.
- 4XE, Radio Central, Wanaka** — 1359, 9:30 p.m., Sun.

OTHER AREAS

- 3GL, Geelong, Victoria, Australia** — 1341, 8:30 p.m., Sun.
- A3Z, Tonga Radio (Eng), Nuku'alofa** — 1020, 6:30 p.m., Sun.
- C2AM, Radio Nauru** — 1323, 9:00 a.m., Sun.
- Hong Kong Radio, Kowloon** — 1044, 6:30 a.m., 12:00 a.m., Sat.
- Radio Ceylon** — 7190, 9720, 15425, 9:00 p.m., Sun., Tues., Thurs., Sat.
- Honduras, San Pedro Sula, Radio Norte (Sp)** — 780, 8:45 a.m., Sun.
- Panama** — HOA 1510, HORS 1410, HOI-23 FM 105.7, 7:00 p.m., Mon.-Sat.; 9:00 a.m., Sun.
- Radio Luxembourg (Fr), Luxembourg** — 5:15 a.m., Mon.; 5:00 a.m., Tues., Thurs.
- France, Radio SUD (Fr), Toulouse** — 1161, 5:45 a.m., Tues. & Fri.

See next issue for TV log

HUSBANDS

(Continued from page 26)

spiritual leadership of your home.

Don't Fail Your Responsibility

Entirely too many husbands have failed utterly in this responsibility. They have supposed that religion was for old men, women and children. But they have supposed wrong!

For the strongest men who have ever lived have been the servants and prophets of Almighty God! Someday, very soon, everyone is going to know that!

Every husband has the opportunity to be the direct representative of God over his own home—in teaching, instructing, leading and inspiring wife and children to learn of the Holy Bible and to worship and serve the God who made them. Most wives and children will gladly respond if given half a chance. Men need to realize this and, first of all, set a dynamic example of dedication to their Creator, study of his Word, prayer to God at mealtimes—and family prayer—and private prayer on one's knees in the bedroom, closet or other private place.

The man should set an example of self-discipline in the fear of God. He should show that he is man enough—strong enough—to conquer his lusts and control his appetites and take correction. By conquering his smoking habit, by controlling his drinking and other appetites, by restraining his emotions and directing them in the right channels, by controlling and guiding his tongue according to the “law of kindness,” he can set an example that will never be forgotten by his sons and daughters as they grow up. And this example will certainly command the respect, admiration and love of any right-minded woman.

Think on these things, then, you husbands! With God's help, every last one of us can increase in the love, kindness and effectiveness we have shown as husbands and fathers.

Review these basic principles. Put them to work in your marriage. Then reap the blessings, the stability and the deep down joy that come from building your marriage the way the Creator intended.

—Roderick C. Meredith

WIVES

(Continued from page 22)

share man's life and love, to respond to him, and encourage him.

If a woman will lovingly and consistently do this, any right-minded man should lavish love and appreciation upon her in return. For this is the kind of person most men truly want to marry and with whom they want to share their lives.

"There are people," said French essayist, Raoul de Roussey de Sales, "who transmit to others their particular emotional atmosphere; who show you how to love, to suffer, to be happy, to laugh at the humorous things in life."

This describes the truly feminine woman. Her mind and heart are enthusiastically sharing in the ideas and hopes of the man she loves. She is constantly aware of him and is in the middle of his hopes and dreams—not merely an onlooker.

For her husband—and for all people for that matter—she cares; things not only happen to her, she happens to them.

But in all of this, she is responding to others and especially to her husband. She is sharing and furthering their hopes, interests and joys.

Such a feminine woman instinctively adapts her mood to that of her husband whenever possible. She rejoices in his triumphs, she weeps with him in his sorrow. Yet, constantly she bolsters him, balances him and helps him in every possible way.

Both in her family and in the larger society, she is not only responding but serving. She is constantly attempting to make her home a cleaner, more beautiful, happier place. As part of her husband and family, she is attempting to do the same thing in the lives of those around her.

Woman Created to SHARE

When women overlook the place in life God designed for them and begin to compete with males, with other women and even with themselves, they are losing their reason for being! Noting this, one leading psychiatrist asked many older career women, "What was the most

gratifying moment in your life?"

Almost instinctively, they would reply, "When I held my first baby in my arms." Or, "When my husband first proposed to me." They never said, "The day I got my first job." Never, "The first time I swung a big business deal."

Yet, by the thousands, women have come to believe it is beneath their intellectual station to be a homemaker and mother. A young secretary today often considers it more important to scribble on a shorthand pad than to maintain a home, help and inspire her husband, and rear her children to grow up to be the leaders of tomorrow!

But, if we are willing, the ANSWER to the whole problem is found in the simple, yet beautiful

**A joyous, stable marriage
does not happen
accidentally. It takes the
caring, the sharing and the
dedicated work of two
people who deeply want a
happy home.**

account of woman's creation. It is found in Genesis 2:18 in your Bible. You may be surprised what it does NOT say, as well as what it does say.

God said: "It is not good that the man should be alone." Man was NOT the great, all-conquering hero, self-sufficient and in need of no help! Rather, man NEEDED help—and needed it badly. Man was NOT complete. Rather, each man is INCOMPLETE and in need of the help, inspiration, warmth and balance imparted by the right woman as his wife!

In a way that no animal creature could, woman was created to SHARE with man his life, his plans, hopes and dreams. She was created specifically to help the man.

Without this help, which only the woman can give, man would NEVER achieve the full, abundant, peaceful and balanced life that God intended. Without giving this help, woman becomes edgy, frustrated, resentful, headed up a "blind

alley"—for she is failing to fulfill the very PURPOSE for which she was created!

Goals Women Should Bear in Mind

To be truly happy, a woman should bear in mind the purpose for which she was created—and set herself definite GOALS to fulfill in the accomplishment of that purpose.

First of all, woman was called to help and supplement her husband. She should realize that her husband's success is her success—and fully SHARE and delight in the triumphs and achievements of her husband, because they are partly her own. Also, she should equally share in his sorrow and disappointments—trying always to give the right kind of balanced and positive sympathy and encouragement so that he will rebound to other successes in the future.

A second area in which a woman should cultivate success is that of bearing and training her children. Young mothers exert a powerful influence on the leaders of tomorrow. And women should realize the overwhelming importance of zealously and joyously dedicating themselves to this as their highest physical calling. Far more important it is than that of any office worker or secretary on any level.

God instructs older women: "That they may teach the young women to be sober, to love their husbands, to love their children, to be discreet, chaste, keepers at home, good, obedient to their own husbands, that the word of God be not blasphemed" (Titus 2:4-5).

Here, the great God who created women tells wives to spend more time in their own homes, to be good housekeepers, to be domestically inclined. Women who objectively and enthusiastically give themselves to their calling are adding immeasurably to their own happiness and well-being, first of all, and to that of their family—now and perhaps for generations to come. But it goes deeper than that. They are adding to the entire society in which they live.

How a Woman Can Best Serve Society

This leads us to another area of woman's rightful accomplishment:

that of serving—through her husband and family—the society and the world as a whole. Women can REALLY accomplish far more in the end to help this entire world by being the kind of wives and mothers that God Almighty intended.

Take this example. In his book *My Darling Clementine, the Story of Lady Churchill*, author Jack Fishman vividly portrays the fact that Sir Winston Churchill's wife aided and supported him in a manner that added immeasurably to his tremendous accomplishments. Sir Winston—the “man of the century”—would NEVER have been the kind of man he was, or had the stability he had, the fortitude he displayed and the ability to rebound even from shattering defeat or discouragement—if it had not been for the unusual help, inspiration and support of his dedicated wife.

Putting it another way, perhaps our entire Western civilization might not even BE HERE if it had not been for the steadfastness, wisdom and courage of this man—inspired and greatly magnified by this highly intelligent and cultured woman. She was willing to dedicate herself to being his wife and helper 100 percent of the time!

And what American is not familiar with the example of patient teaching, religious instruction, guidance, encouragement and inspiration that Abraham Lincoln's mother gave to him? At the height of his accomplishments, this most revered of all American Presidents stated: “All that I am or ever hope to be I owe to my . . . mother.”

An Outside Job?

Should women have outside jobs?

This is a basic question—but one that needs to be answered here. The true answer depends upon whether—in taking such a job—she is responding to her husband's true wishes and serving her family's true needs as well as those of the larger society.

There are certainly many situations in which a young, unmarried woman needs to be working in some other position. For the young married woman, these situations are distinctly fewer.

Yet they do exist.

Especially in the first few years

of marriage, a young woman may need to take at least a part-time job before the children come. But the true interests of most marriages are NOT furthered by having the wife work throughout marriage.

A woman needs to be very careful about a working career. With prayer, with timely suggestion and advice, she should do her full part to see that she is not pushed into taking an outside job that will ultimately defeat the very purpose for which it was intended.

A noticeable amount of the added income provided by the wife's job is taken up with taxes, her travel expenses to and from work, outside meals, extra clothes and baby-sitters or day-care fees to take care of children.

Looking at it economically alone—a family at times gains very little by having the wife work outside the home. Balance this small advantage with the DAMAGE done to the attitudes of both husband and wife in such a situation and to the very characters of their young children growing up without the full-time care and guidance of a mother.

Married women should be very cautious and sparing about ever taking outside jobs—even in supposed “emergencies”—and practically NEVER let this develop into a lifetime situation. The ultimate “price” of such a job is often *entirely too high!*

The Ultimate Wife

Few have taken seriously the most complete single passage in all the Bible on womanhood. This passage is found in Proverbs 31:10-31. It has been preserved for nearly 3,000 years in the canon of Scripture. It was inspired of God to help the woman of any age, including today, to grasp and understand the type of life she should live.

All, both men and women, should study it regularly.

It calls attention to the tremendous value of the “virtuous woman” (verse 10). It shows how she buoys up and encourages her husband. It describes how she works on behalf of her family in the home.

Surprising to some, perhaps, it shows that a wife should exercise initiative. For she “bringeth her food from afar.” If the family

budget permits, she should be able to order things from distant places and overseas!

“She considereth a field, and buyeth it: with the fruit of her hands she planteth a vineyard” (verse 16). This kind of wife obviously has initiative. Her initiative may be exercised, occasionally, in purchasing additional plots of land and adding to the income of the household by her supervision of this land. It takes initiative, drive and vision.

“She maketh fine linen, and selleth it; and delivereth girdles unto the merchant” (verse 24). Here again, this woman is going above and beyond keeping the home and rearing the children. She is actually in the clothing industry—yet at home!

“She maketh herself coverings of tapestry; her clothing is silk and purple” (verse 22). She may save her husband and family a good deal of money—when necessary—by doing sewing at home and in every way making sure that her children and family are well dressed and well taken care of in every way possible. She assists her husband in providing quality products for her home and family by making some of them herself.

“Strength and honour are her clothing; and she shall rejoice in time to come. She openeth her mouth with wisdom; and in her tongue is the law of kindness” (verses 25-26).

This inspired passage certainly describes a wife of diligence, vision and accomplishment!

She is a wife of “honour.” She does have wisdom, but she is alert to her place in assisting and encouraging her husband and remembers to be tender and kind in what she says, thinks and does. With this attitude, she is NOT COMPETING—not becoming unfeminine, not becoming hard, raucous and argumentative.

Her children grow up and praise her. Her husband praises her and loves her till death does them part.

She is the kind of wife who is fulfilling the role for which she was created! Beyond all doubt, she will be blessed, appreciated and everlastingly loved for joyously fulfilling this high calling!

—Roderick C. Meredith

One Nation's Plan to SURVIVE NUCLEAR WAR

by John Halford

Here is Switzerland's plan to survive nuclear holocaust.

MOST PEOPLE have heard the story of William Tell, the Swiss hero who was ordered to shoot, with a bow and arrow, an apple off his little son's head. But what is not so well known is that, according to the legend, Tell had another arrow hidden beneath his cloak. If he had missed and killed his son, he was ready to strike the other arrow through the heart of the man who had forced him to risk his son's life.

Switzerland today is like that. There is the Switzerland that everyone knows—mountains, alpine meadows scattered with wild flowers, pin-clean towns and villages, and healthy peace-loving people who enjoy one of the highest standards of living in the world. But look carefully, and you can sometimes see the outline of an "arrow hidden beneath the cloak."

"Like there, for instance," said Andreas, who had offered to take me on a rather unusual tour of his homeland. We were

driving along a winding country road through gentle hills close to the Swiss-German border.

An Armed Camp

Andreas had pointed to several rows of metal plates embedded across the road. "Tank traps," he

"That's for a machine gun, or perhaps an antitank gun. They are not in position now, of course, but they could be—very quickly. And some of these fellows," he gestured toward some men working in the fields, "know how to use them."



SWISS GOVERNMENT PHOTO

explained. "If an invader tried to enter Switzerland along this valley, we would unlock those plates, pull up the traps and have this road totally blocked in a few minutes. Then we would probably finish off the tanks from there."

He pointed to a slot in the wall of a harmless-looking barn.

Peaceful neutral Switzerland maintains constant watch against attack.

The idyllic Swiss scene suddenly seemed less peaceful. I was beginning to understand something that every Swiss knows. Their peaceful nation is an armed camp. Switzerland, or the Swiss Confederation ("Confoederatio Helvetica," to give

the country its official name), has been a neutral state since 1815.

The Swiss people, once among the most militant in Europe, have decided that they will never go to war, will never serve in other nations' armies, and never attack unless they themselves are attacked. But for that neutrality to be credible the Swiss have also decided that they must be heavily armed. This policy is called "armed neutrality." The Swiss are prepared to defend their declared state of neutrality.

If the Swiss are attacked, they are well equipped to defend themselves. Within hours, this most neutral nation can be on a war footing. It is no secret. The Swiss want the world to know that the cost of invading Switzerland would be high, and the invader would stand to lose more than he gained.

That's why Hitler avoided direct confrontation in World War II—he knew the loss of manpower and time were not worth it.

As we drove through the gentle country between Zurich and Bern, Andreas pointed out more of the "arrow beneath the cloak." The center divider of the four-lane super highway was designed to be easily removed. The long stretch of highway then becomes an airstrip for the several hundred jet fighters of the Swiss air force. And hundreds of strategic bridges and overpasses are permanently mined, ready to be destroyed by designated individuals at a moment's notice, to impede the path of an invader.

Almost every able-bodied Swiss male between the ages of 20 and 50 is a well-trained soldier. The genial farmer, the cheerful barman, the mailman have their uniforms hanging in the closet at home along with an assault rifle and 24 rounds of live ammunition. Through regular training, which they take very seriously, this citizen army maintains itself at a high state of readiness.

Each man knows exactly where to go and what is expected of him, should he be called upon to defend his country.

In effect, Switzerland could mobilize an army of more than half a million within a few hours. "Don't misunderstand. We aren't looking for a fight," explained Andreas. "But we Swiss are realists. We live in a dangerous world and we have planned to survive."

Switzerland Underground

Just how thoroughly the Swiss plan to survive can be seen by what can be described as one of the wonders of the atomic age—the Swiss "Zivilschutz" or Civil Defense System. This little nation has always had reason to be shelter-conscious. Neutrality has not always guaranteed that the Swiss will emerge

zone. And so in 1971 the Swiss upgraded their already ambitious civil defense program. The goal now is to ensure that just as the nation is ready to defend itself if attacked, it should also be able to offer protection and a high proba-



SWISS GOVERNMENT PHOTO

bility of survival to most every inhabitant of Switzerland in the event of natural or man-made disaster.

The Swiss, always realists, know that because of Switzerland's small area whole-scale evacuation of the population to "safe zones" is impossible. Shelter

must be provided where the people are: at home, at school or at work.

Thus since the late 1960s every new building in Switzerland must have provision for adequate shelter. The additional cost is shared between the builder and the government.

Shelter for All

The backbone of the program is the basic home shelter. Every home or apartment must provide two and a half cubic meters of basement shelter space for each room of the

unscathed from Europe's wars. During World War II Switzerland suffered more than 100 bombardments—accidental, but no less destructive for that.

But with the threat of nuclear war the Swiss have made civil defense a major priority. A nuclear conflict and the ensuing fallout and contamination would be no respecter of national boundaries. No nation, however neutral, would be safe.

Even the most secluded mountain valley would be a potential war

building that is above ground. The shelter must have a gas filter, artificial ventilation and be built so it can withstand the pressure waves from an atomic blast.

I was shown through one of these private shelters under an apartment



SWISSAIR PHOTO

Even in remote mountain valleys, inhabitants will have shelter. Underground shelters are stocked with emergency rations and medical supplies.

block on the outskirts of Bern. It looked at first glance like a normal basement—just a concrete cellar with some wooden partitions, cluttered with surplus furniture, children's bicycles, garden tools and a workbench.

"But if there was an alert all this would be thrown out and we would move in," explained the landlord.

It is then that I saw that this was not just an ordinary basement. Flat against the wall behind the rather flimsy peacetime entry was a concrete blast-proof door, more than 12 inches thick. When this massive door is pulled shut and sealed, it would provide protection from anything except a direct hit.

Two gas filters hung on the wall, with a ventilation fan that could be

operated electrically, or by hand in the case of power failure. There was space for storing water and food.

Everyone in the apartments would be alerted in advance and instructed via the post office as to what he or she was to bring to the shelter in an emergency. The occupants of this apartment complex are thus provided with Spartan, but safe, living conditions and have some chance of survival should disaster strike.

For those unable to reach the safety of a home shelter, or in areas where there are older homes built before the shelter ordinances came into effect, public shelters have been constructed. They are often built in conjunction with the underground parking facilities in public buildings. These seemingly ordinary garages are also equipped with massive blast-proof doors, gas filters, ventilation systems and escape tunnels. They can be made ready at short notice to become shelter for hundreds of people.

Some public shelters are more elaborate. In them, corridors lead to underground command centers with telephone switchboards, emergency generators, fuel and water supplies and kitchens continually stocked with emergency rations. From these command posts trained civil defense workers could supervise efforts to get the nation going again.

One facility I was shown had a complete underground fire station, containing fire-fighting equipment especially designed to operate in rubble-strewn streets. Seemingly every detail has been considered, right down to fire axes and first-aid equipment, which are stacked neatly or shelved in orderly rows.

Swiss civil defense officials point out that the program isn't only designed to protect against nuclear war. Their plans also provide for conventional conflict and natural disasters. But pragmatically they realize that they must engineer their shelters to withstand the worst case scenario of a full nuclear attack on Switzerland.

An eerie feature of some of these

big shelters is the decontamination room, a system of air locks and showers. Workers who would venture into the post-attack world and be subjected to deadly radiation would be able to be decontaminated before reentering the shelter.

The Hospital Underground

Although the civil defense officials make it clear that the emphasis on the civil defense program is to protect the population from harm, remarkable provision has also been made to care for the casualties.

I asked if I could visit one of the many underground hospitals. I was taken to what looked like just another entrance to the underground parking lot of the Children's Hospital in Bern. But as the metal door slid up, I could see the now-familiar heavy blast-proof door recessed into a massive wall of reinforced concrete.

A brightly lit passage sloped gently down, turned a sharp angle (to deflect the blast) and then opened up into a labyrinth of rooms.

Here beneath the Children's Hospital was another hospital complex—a stark but efficient facility for the treatment of several hundred casualties.

Every detail had been planned in advance. The main ward area is used as the hospital's parking lot in peacetime. Colored marks on the floor indicated the exact location of several hundred beds—which are stacked in an adjoining room. Gas pipes were already in place on the

walls to carry oxygen to areas designated for intensive care.

A morgue, a triage room (where survivors are separated according to their likelihood of survival), laboratories, nurses' accommodations and fully equipped operating theatres led off from the main ward.

Adequate supplies of fuel and water are stored, and a big diesel generator is kept primed and ready to be started at a moment's notice.

This silent, artificially lit, empty hospital, dozens of feet under the earth's surface, is kept in perpetual



SWISS GOVERNMENT PHOTO

readiness. It typifies the Swiss determination to survive. If threatened, the entire Swiss nation plans to move quickly and efficiently underground where they hope they will weather the worst of the storm.

The Other Side

Not all Swiss agree with these extensive and expensive preparations. Some feel that it is ultimately a waste of time—that nuclear war is not survivable. Shelters, however elaborate, give a sense of false security, they say. And, they argue, even if the Swiss do survive, would it be worth it?

Latest research indicates that the effect of nuclear devastation might be worse than has been thought. When the survivors crawl from their shelters on the “day after,” they would emerge to find their nations ruined, the atmosphere polluted, and the structure of the ecosphere permanently damaged. Life in such a world, even assuming it was possible, would not be worth living, say those who oppose civil defense preparations.

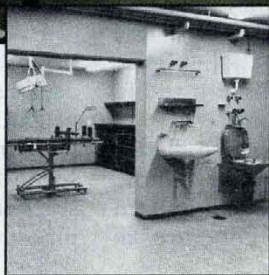
Some opponents take this still further. I spent an afternoon with Konradin Kreuzer, a critic of the civil defense program. It is his opinion that by the elaborate preparations they have made to survive, the Swiss may be, in fact, contributing to the chances of a nuclear war. Switzerland holds a prestigious position in the international community. Publication of civil defense information is a vital “part of Swiss foreign policy. Opponents postulate this sort of foreign policy should be transformed into stating worldwide that shelters are not a viable means neither in nuclear war nor in any form of catastrophe of natural or technical origin.”

Many nations recognize the Swiss are world leaders in civil defense and come to them for advice. The Swiss are generous with their aid. They publish material on survival topics in several lan-

guages. People around the world have used this information to transform their basements into nuclear hideaways. But, says Mr. Kreuzer, his nation is fostering the illusion that nuclear war is survivable, and thus it becomes a viable possibility. Only by stressing the *total* futility of nuclear war, showing that no one could possibly win, that even survivors would be losers, could the danger possibly be averted.

Mr. Kreuzer believes that Switzerland should use its considerable

Beneath the tranquil surface is fully equipped operation room in an underground hospital.



international credibility and focus all its attention on working for the prevention of nuclear war, rather than promulgate the “fiction” that it can be survived anywhere on earth.

What Have They Overlooked?

Most Swiss, however, take passive comfort in the shelters. They rest secure in the knowledge that if worst comes to worst, they stand some chance of survival.

The Swiss have prepared for the unthinkable with characteristic thoroughness. By the year 2000, when the shelter program is complete, the inhabitants of even the most remote mountain valley will have a place to go. Food, water, fuel, air, medicine, clothing—the careful Swiss have tried to think of everything.

But they *have* overlooked some-

thing—something of vital importance. That neglected source of contemporary history—the Holy Bible—shows a nuclear war will be unleashed. It will be fought primarily between two great powers in Eurasia. No nation, however neutral it tries to be, will escape the consequences. The Bible predicts that so great will be the devastation that unless the war is halted, no life would be left on earth (Matt. 24:21-22).

It will be stopped—just in time, but only because of the supernatural intervention of the Creator God. At that moment God himself will enter the battle. He will send Jesus the Messiah back to this earth, with all power and authority. His mission will be to forcibly take over the rulership of the earth and lead the nations into peace for 1,000 years—which is, incidentally, the *real* “day after” (Luke 21:36).

Any nation, or person, who intends to prepare realistically for future survival must take these revealed prophecies into consideration.

Albert Einstein once observed, “Atomic physics has changed our world, but not our thinking.” The apostle Paul, writing the book of Romans 1,900 years ago, said plainly, “And the way of peace have they not known” (Rom. 3:17). It is our thinking that must be changed before we can ever know peace.

When it comes time for the Messiah, Jesus Christ, to shake the world to its senses, he will not relax his grip until all men are willing to give up *their* ways that have led to war, and learn instead *his* way of peace.

Meantime God can *and will* protect those scores of thousands who have *already* been brought to their senses, who have *already* submitted their lives to him, and who are even now learning the only way of life that brings peace.

Those who are willing to do this now are building the only certain shelter against the dangers of the future. It is a protection that is to be gained only by transforming the mind, spiritually. □

SELL TRUE VALUES to Your Children!

by Ronald D. Kelly

In a world filled with temptations, it's important not only to teach your children—but to *sell* them on a genuine value system.

A FEW days ago in one of my college classes I did something I seldom do—I recommended a currently popular movie.

There was not only entertainment value, but significant historical and cultural information in the movie.

That same afternoon, not knowing at all what I had done, another professor mentioned the same movie to his class. But he thought it was unacceptable for family viewing. From his point of view, the innuendo and the possibility, especially for younger children, of acceptance of an improper life-style overrode any educational or entertainment benefit the movie might have.

The next day in the faculty lunchroom I brought up the previous day's events—we both were unaware of each other's feelings. A friendly conversation developed that brought in the dean of students and several other faculty members. The conversation lasted most of the lunch hour. Some very cogent thoughts were brought into the discussion.

The other professor has four children and I have five. We both share the same common, deep desire to rear our children according to the highest principles and

values—values we both very much share.

As the conversation developed, it centered, not so much on the one movie, but on how movies, television, magazines and the society in general so powerfully influence our children.

Most of us who were at the table are parents and we are all keenly aware of just how true the other professor's warnings are. *Plain Truth* readers also generally know how strong are the improper influences that surround our children.

The Temptations of Society

The natural question all parents ask is, How can we prevent or counteract all these temptations and influences upon our children?

There has not been a period in history when young people, especially in the Western world, have had so many pulls, temptations and struggles as in our time today. The influence of hard drugs, alcohol and liberal sexual values perpetrated through music, movies, television and magazines is almost beyond description.

Most parents are not even aware

of the messages broadcast in the words of rock music and video. Most parents know little more than that they don't like it—and most teenagers do. But the lyrics of countless popular songs extol drugs and illicit sex. And that is not to comment on the deafening volume at which much of this so-called music is played.

Many parents don't watch the television programs or for that matter see the movies, that young people do. They may be totally unaware of the messages to approve of or accept homosexuality, lesbianism, transvestites, pre- and extramarital sexual affairs, rebellion against authority and drug usage—all themes of several currently popular movies.

But, again, how can parents prevent these influences from creeping into the lives of children?

Drop Out of Society?

When one comes to realize the power of the impact of these influences

in school and out of school, there is a great temptation to disappear into seclusion.

But that is neither possible, practical nor frankly the answer to the problem. Even if you took your fami-



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ly to a remote mountain or desert hideaway you probably would not totally escape the influences of this world. You might forbid magazines, television, even a radio. But what kind of child would be produced in that reclusive environment?

Would children be better off if they never watched television? If they never saw a movie? If they never heard a popular record? Or viewed one of the new video sensations?

Some people think so.

However, in that environment children would become introverted, reclusive and probably unable to function in society as adults.

That is not the answer.

But if parents simply let their children go, they well may be influenced by the immoral and godless messages overtly and subliminally being broadcast.

The chances are, through movies and television, your children have already seen enough blood, gore, violence, sex, perversion and drug usage to last a lifetime.

A couple of years ago my then 14- and 12-year-olds wanted to see a particular movie. I had read a review about it and didn't feel it was the kind of movie I wanted them to see. It was rated PG (a U.S. movie rating that suggests parental discretion on permitting youngsters under age 18 seeing it). The review noted it had abusive and profane language.

When I told the children why I didn't want them to see it, their answer was: "Oh, Dad, we hear language that bad or worse on the school grounds every day. Even from the teachers."

What can a parent say? What they said was true. Children are surrounded by profanity and bad language. Of course, that doesn't make it right to hear it in movies, television or in music, but they do hear it all the time.

So again what do parents do? Forbid all movies? Throw out the television set? Read every magazine article before the children are permitted to even look at the magazine?

Frankly, I know a few parents who come close to this. They almost never permit the children to see a movie and they don't own a television set.

That is not necessarily the answer.



Then What Is the Answer?

At that luncheon conversation all of us agreed that if parents are going to succeed in rearing successful and moral children in today's society, it is absolutely essential parents **SELL THEIR VALUES** to their children.

Not just teach them.

SELL them!

Children have to be convinced there is a better way than that which is depicted in the song or on the screen. They must be shown there is a better way than the examples of so-called success that surround them—the movie and television stars, the sports personalities and the business magnates, some who openly live in and advocate an immoral life-style.

They have to have the ability to think things through to a conclusion. What is the result of drugs? What is the result of abuse? Of excessive alcohol? Of promiscuous sexual activity?

The words of songs, and the life shown in the movie may extol such life-styles. If parents simply answer with ridicule and forbid, they are not convincing the children. There has to be much greater depth than that.

In the earlier days of drug usage many alarmed parents attacked and ridiculed drugs, but were not properly informed—in fact they often were misinformed. The teenagers and young people of that time knew their

parents did not have the facts. The teenagers consequently failed to heed warnings. Families were often torn apart. The youths could not accept what appeared to be prejudiced and certainly often improper information. So they smoked marijuana and popped pills. Many parents simply gave up. They could not persuade their children not to get involved.

First—Teach!

The first order of business is to teach and repeat



over and over again the values you hold.

God tells parents what to do: "Impress them [God's law and values] on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up" (Deut. 6:7, New International Version throughout).

If parents fail to positively teach values and laws, children will grow up following the whims of a society that more and more has turned from the basic values.

A few years ago there was a popular philosophy that began to permeate Western culture and educa-

tion. Many have been brought up with it.

That philosophy advocated not instilling or enforcing a system of religious values on children. "Let them grow up and make decisions on church, religion and God when they are mature adults," they (whoever they are) proclaimed.

Meanwhile evolution, promiscuity, permissiveness, nonjudgmental instruction and a host of evils too numerous to mention are being foisted off on the young.

Don't listen to that diabolical



reasoning. Teach your children from infancy the values and morals you should yourself learn from the Holy Bible, the Word of God—the ultimate written source of all true values.

Then SELL Those Values

But teaching alone is not enough. What you teach your children will be only one of many things they will be taught in their developing years. They will be taught by other children, by their teachers at school, by the movies they see, by the television programs they watch, by the books and magazines they

read, by the music they hear. They will be literally surrounded by pulls and influences that will tempt them from the way you hope they will walk.

But how can you sell them?

First and foremost by your example. How you live is even more important than what you say.

This method was used by Jesus of Nazareth who, Peter said, "suffered for you, leaving you an example, that you should follow in his steps" (I Pet. 2:21). And John further said of those who would be Christians, "Whoever claims to live in him must walk as Jesus did" (I John 2:6).

Jesus' disciples were inspired by the personal example he set for them during those three years he spent training them. He "sold" them on God's values. They came to live by them. They taught them throughout the Roman world in the century that followed.

If your children observe abusive language, yelling, hitting, sulking, complaining from you parents, there is little value in your telling

ers catch the child cheating on a test at school.

If a child sees a working parent pretend to be sick and stay home from work, it should come as no surprise when school officials call about excessive absence and truancy from school.

If a parent drives down the highway with disregard for speeding regulations, he or she should not be surprised when the police call that the 17-year-old in the family has been arrested for reckless driving and speeding.

In other words the first person to sell on a true value system is *you*.

If you believe in and live by the best possible standards, your children will see the result.

If there is warmth, happiness, forgiveness, love and encouragement in your day-to-day family life, your children will not forget it the hours they are away at school.

That doesn't mean they won't be tempted or that they won't make a few mistakes. But the basic way of life they have been taught and have absorbed will not be wasted.

The Results

In this world your children are going to be exposed to many evils and wrongs in spite of all your efforts to keep them from them.

In the long run, your success as a parent and teacher will be manifested by how you have sold those right and true values to your children.

Part of your teaching will include what you permit your children to view and read. With how they spend their time. Whom they choose as friends.

As parents we may not always agree on just which books, television

programs or movies should be avoided or forbidden. That is the responsibility of each family.

But maybe we can all agree, as the other professor and I both do, that teaching, living by and selling your values to your children is your best assurance they will fight the good fight and walk the straight and narrow way that will lead them to happy and successful adult lives. □



PHOTOS BY HAL FINCH—PT

them to be respectful, polite and patient.

If they see alcohol abuse and live with the smoke of hundreds of packs of cigarettes, it is to follow they will not respond to parental teaching not to drink, smoke or use drugs.

If parents brag about cheating on their taxes to the government, they should not be shocked when teach-

BIG QUESTION

(Continued from page 12)

basic truth. Few have ever grasped it.

Since man's material "soul"—his body and its physical life processes—is corruptible and perishes after death, *how* is it possible for God to ultimately resurrect an individual? If everything is physical and turns to dust, what is there that remains of a person to be "brought back"? *How* are his personality, his memory and his character pre-

Bible declares (Eccl. 9:5, 10). In the day of a man's death, "his thoughts perish" (Ps. 146:4). The Bible clearly pictures death as a *sleep*—a state of *unconsciousness* (Dan. 12:2).

At death, this spirit in man "shall return unto God who gave it" (Eccl. 12:7). It is then "filed away," so to speak, like a tape recording, for God's future use at a resurrection.

On it is indelibly recorded one's character and the many experiences accumulated during one's lifetime.

Whole World Deceived

There is no scriptural basis whatever for belief in an "immortal soul" surviving consciously after death.

Throughout the centuries of professing Christianity, innumerable sermons have been preached and countless pamphlets written purporting to prove the soul's immortality. Upon careful and open-minded examination, they are all found to be riddled with surprising error.

The doctrine of the immortal soul is built on a foundation of biblical mistranslations, false premises and sloppy scholarship. Few have had the spiritual courage to take a fresh, unprejudiced look at the question and accept the *true* Bible teaching.

For when the false doctrine of the immortal soul is toppled, along with it falls the equally pagan and false concept of Heaven and Hell—one of the cornerstones of traditional Christianity!

Satan the devil has succeeded—for the time being—in deceiving the whole world (Rev. 12:9). It was he who first introduced the idea that man does not really die, but is inherently immortal. "Ye shall not surely die," Satan lied to Eve in the garden of Eden (Gen. 3:4).

God's future for mankind is far more transcendent than the common picture of immortal souls floating on clouds and strumming harps for eternity. For those who choose it and qualify, there *is* life after death by a resurrection. But that life will come through a *new birth* as an immortal spirit being into the very family of God—by means of a future *resurrection* from the dead!

Write for our booklets *What Will You Be Doing in the Next Life?* and *What is the Reward of the Saved?* Also *The Wonderful World Tomorrow—What It Will Be Like*.

It is time to cast off the fables and traditions of men and understand the great meaning and purpose of human life as revealed in the Bible!

Will you have the courage to look into it for yourself? □



This is hell, the biblical *gehenna*—the valley of Hinnom, anciently the fiery repository for Jerusalem's garbage. Here, more than a thousand years from now, will center the judgment in which the resurrected wicked will be burned to ashes—not tortured forever. Request our free article *To Hell and Back* for the true biblical understanding of hell.

served by God until a day of resurrection?

The answer is simply that *not everything* about a man is physical! The Bible calls this nonphysical component the "spirit [Hebrew *ruach*, Greek *pneuma*] in man" (Job 32:8; Zech. 12:1; I Cor. 2:11). It is not *the* man. It is *in* man.

This spirit in man, however, has no consciousness apart from the physical human brain. It is not to be confused in any way with the fictional concept of a conscious "immortal soul." "The dead know not any thing," the

(See the article "What Is Man?" that will appear in next month's issue, for a further explanation.)

It is also this "spirit in man"—as often explained in the pages of this magazine—that sets man apart from the animals. It is what makes man *unique*. It imparts to the living human brain the power of intellect to comprehend materialistic knowledge. It is the source of human intelligence. It is *not* present in animal brain. (For a further examination of the spirit in man concept, write for the book *The Incredible Human Potential*. It is free upon request.)

Lifting the Cloud of DEPRESSION

by Donald D. Schroeder

Are you needlessly experiencing hopelessness and despair? It is time you understood the reasons for this all-too-common human affliction!

IT IS a tragic but real fact of life.

Mental depression has run like a heavy dark thread throughout the fabric of human history. Men and women, the great and small, have suffered periods of "the gray menace"—dark emotions that shrouded their lives in feelings of utter despair, hopelessness and helplessness. Health officials say it is increasing, due to rapidly changing social conditions and values.

Mental depression is one of humanity's most common illnesses, taking a tremendous toll on marriages, productivity, human growth and happiness. It knows no class barriers. It afflicts rich and poor alike. And though it rises abruptly in incidence with adolescent years, it is also becoming a growing problem in younger children, leading to increasingly more youthful suicides.

Found Way to Escape

Winston Churchill, one of the greatest statesmen of the World War II era, was beset by what he called his "black dog" of depression. Abraham Lincoln suffered frequent depressive moods in his life.

Biblical heroes—men of great courage—at times showed their human frailty and weakness by suffering from this problem. King

David of Israel, Elijah, Jeremiah and others, all powerful prophets or leaders, experienced deep depressions, some to the point of wanting to die.

These men, however, found a way of escape from depression. They, and others since, were able to tap the right power and resources to conquer fear, worry, and deal with seemingly hopeless situations. Out of weakness they were made strong (Heb. 11:34). Out of their suffering they became more stable, more compassionate, more mature persons.

Wearing Many Faces

Mental depression wears many faces. Though it commonly has psychological (mental-emotional) roots it can also be caused by numerous health problems or physical changes in the human body that you need to be aware of.

Depression is a broad range of negative states of mind. At one end of the scale, depression shows up as the common, short-term down or blue feeling after hearing bad news. Or perhaps learning of the loss of something or someone. Sometimes it results from a blow to the ego. This blue feeling may last for only a few hours or days at most.

At the other extreme are chronic or lifelong crippling emotions of futility, hopelessness, emptiness, lack of joy and energy. These can be coupled with total loss of self-esteem, unremitting guilt, shame

and eventual suicide. There is much ground in between these two extremes. Mental depression may be mild, moderate or severe. Or it may be masked—a person doesn't even realize he is suffering from it, though he manifests symptoms to others.

Every one of us has his blue days. It's our common response to losses or setbacks, or to something we feel we failed to achieve in life. "Hope deferred makes the heart sick," says Scripture (Prov. 13:12, RAV).

The vast majority of depressed persons (90 percent, estimate some authorities) find the resources to snap out of it, although it may take days, weeks or even months to fully recover. These persons resolve their losses, setbacks or failures and go on.

For around 10 percent of afflicted persons, however, depression becomes chronic or frequent, way out of proportion to a loss. For these persons, depression is unresolved and leads to week after week of feelings of helplessness and guilt—that life isn't worth living. This condition is serious and needs skilled help.

Yet, most cases of depression (some authorities say 75 percent) go undiagnosed and victims receive no special help. Depressed persons often are too ashamed to admit to anyone that they can't cope with a certain problem or set of problems in life. Their depression, though painful, is covered up.

That's false pride at work. No person is always strong or capable under every adverse condition, circumstance or setback in life. Everyone needs help with some problems in life.

What Depression Is

The majority of depressed feelings begin in response to a specific loss, fear of loss or adverse occurrence in life—something one can pinpoint. There seems no way of retrieving or achieving what is lost or what is threatened with loss.

The depressive cycle leads to collapse of self-worth, then to self-deprecation, then to a feeling that the situation is hopeless. Hopeless attitudes produce changes in responses of the mind and body, which begin to immobilize the person. Perhaps you have felt that helplessness.

In depression, all systems—mental and physical—slow down. Growing evidence from medical and mental health research indicates changes occur in the chemical balances of the brain and nervous system. These changed chemical balances alter transmission of brain and nerve impulses, which, in turn, produce disturbing brain patterns and painful or crippling emotional and physical feelings. In depression, the perceptions, thoughts and feelings are distorted—a major reason depressives should not make great life-impacting decisions until they seek help and recover sufficiently to see more objectively their situation and proper course of action.

Serious depressives often say: "I can't get out of this. . . . It's hopeless. . . . I'll never get better. . . . Things will never change." Others feel: "I'm powerless to do anything; what's the use of trying? . . . There are no options. . . . I'm drained, empty. I can't sleep. I can't keep going on like this, but I see no way out." Depressives mentally stop fighting. They are possessed with their own sad feelings. They often assume others are equally obsessed with similar feelings (they are not).

One type of depressive, the manic-depressive, swings between periods of extreme optimism and unfounded pessimism.

Depressives stubbornly resist

reassurances of their worth. Statements to "snap out of it" or "pull yourself together" usually have little effect. These persons, of course, do not need ridicule or further loss of self-esteem; their morbid mind is full of negative thoughts already.

Hidden Depression

For every serious depressive there are several masked depressives—persons functioning, howbeit at far less than their ability, in jobs, homes or schools. They don't realize that their emotional problems, difficulties with a job or other people, or many of their physical ills, are caused by a subtle depression, which they do not recognize. For many of these persons, lack of positive emotions and attitudes have become a way of life for so long, they don't realize why happiness and good feelings perpetually elude them.

Masked depressives find little true joy in life. They are constantly restless and irritable. They may not admit depression, but they will seek help for a physical affliction caused by it. They fill doctors' offices with real or imagined complaints of lack of energy, chronic headaches, stomach problems, constipation, and similar ills.

Many of these patients seek a miracle pill or drug to free them of their ills. The peace of mind and better health they seek will only occur when they develop a positive and constructive state of thinking and handling their problems!

Still others, because their depression is mixed with anxiety, engage in frenzied pleasure-seeking, sexual activity or even violence. Growing numbers of depressives drown their depression in alcohol or drugs to kill the mental pain of weakness, emptiness and futility.

What a tragic toll! And the reason is humanity has jumped the track! Let's understand.

Vulnerable to Depression?

In normal grief at a loss, a certain amount of sadness or crying is often helpful and necessary to work through to normal feelings. Grief at the loss of a loved one or something highly valued is not wrong. It becomes unhealthy and damaging when it causes total loss of personal

self-worth, or the desire to live. Grief is damaging when it is unresolved and limits one in doing ordinary human functions for weeks or months on end.

The line between natural remorse and pathologic depression may be a subjective judgment. To make an illustration, a man who loses a job and is unable to mobilize himself to find work for weeks after being fired or losing his job is seriously depressed and needs help and encouragement.

While the cause of a depression is often related to a loss one can pinpoint (sometimes called a *reactive depression*), the cause at times can be much more vague—a mood we don't understand. Depressed feelings can come over a person for no seemingly rational reasons. But there are reasons nevertheless—mental, physical or spiritual reasons.

Endogenous depressions are related to less distinct causes that develop within a person—perhaps from subconscious or denied fears, needs or desires, which unsettling or unfavorable events now threaten. This kind of depression may develop either slowly or suddenly.

There is evidence indicating that a genetic factor makes some persons more vulnerable to frequent depressions. Certain personalities seem more sensitive to blue moods than others.

Vulnerability to frequent depressions often depends, however, on the kind of encouragement, values, self-esteem, love or support (or lack of them) that we received in early years of life. Vulnerability may be related to how we learned to respond to losses or problems in life.

A depressive mood can float over the mind for no apparent reason. It could be the result of a final straw—reaching a breaking point in a series of unfortunate setbacks in life. Or it could happen for reasons that many totally overlook or are unaware of.

How many are aware that even the unconscious violation of God's spiritual laws—the laws of love to God and other human beings, as revealed in the Ten Commandments—sets one up to experience problems or negative attitudes of mind?

And doing things we know are

wrong results in negative or depressive feelings.

Unresolved resentment, bitterness, jealousy, envy or anger leads to feelings of loss, hence to depressed feelings. "Envy is rottenness to the bones," correctly states Scripture (Prov. 14:30).

For such sins one needs to ask for forgiveness from God, and others you have offended. Then set your values right and resolve not to do them again.

Though many do not believe in evil spiritual forces—Satan and a host of fallen angels (demons)—they do exist and they do influence the minds and attitudes of unwary humanity. No wonder so many psychiatrists and their patients don't understand some of their negative moods or attitudes! (See Ephesians 2:2-3.)

Scripture warns: "For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness [wicked spirits, margin] in high places" (Eph. 6:12, AV).

These evil spirits place damaging and negative moods and feelings in vulnerable or unwary human minds. In some weakened persons, they implant impulses to want to give up on life and end it.

Physical Causes

Overwork, prolonged mental stress, anxiety or fear may drain our mental and physical energy levels. Gone are the needed strength and reserves to cope with life and its problems.

Physical and mental exhaustion may take weeks or years to develop. But they eventually can translate into mental energy rundown—a feeling of being unable to cope.

Improper nutrition can gradually set one up for depression. Too many refined sugars, starches or fats in the diet, or other unbalanced nutrition, can weaken the body's physical endurance, mental alertness and ability to handle problems or stress. Allergic reactions to certain foods or chemical substances in one's environment can also produce mental dullness or depressed feelings, or irritation and agitation.

Proper sleep, diet and exercise are necessary to help avoid falling

into depressed states of mind. Proper rest, food and creative activity are needed to help a depressed person come out of his or her condition.

Creative activity or achievement, even if it must start out small, should be encouraged for depressed persons. One depressed person found putting puzzles together helped her gain self-esteem. Finding correct puzzle pieces helped her rebuild a sense of accomplishment and success. It is necessary to build up, a step at a time, a depressive's sense of worth and accomplishment again. Accomplishments should be pointed out positively to depressives, because in their depressed attitude they may downgrade even things they can accomplish.

Here is another important, but comforting, piece of knowledge: Many deeply depressed persons feel they have totally lost all their former skills and abilities, hence are total failures. This is a misleading feeling caused by the depression. Unfortunately, it viciously adds fuel to feelings of hopelessness and futility. But the skills and abilities are really still there! They will return as the person recovers from depression, as he or she reorders his or her life with positive values and attitudes.

It is important for recovery that depressives keep moderately active mentally and physically. Resist the temptation to sleep excessively or totally withdraw socially.

Although many don't realize it, boredom is another endogenous stress. The human mind and body were created to need a modest amount of healthy variety and stimulation to feel alive and maintain equilibrium. With increasing age the body slows down. Age-appropriate activity and exercise are needed by all.

Boredom is the absence or dullness of stimulation and feeling. Boredom produces apathy, lethargy, loss of sense of worth and of positive feelings about oneself. Continual boredom will set one up for a depression. Many of the symptoms of boredom and depression are similar, only the intensity may differ.

This tragedy of boredom is virtually engineered in many areas of modern life—such as homes for the

elderly, prisons for the criminal and bleak residential quarters.

Drugs and alcohol are often used to tranquilize the resulting pain or to fill the emptiness. Yet the pain and suffering will not be truly alleviated without an exciting, worthwhile goal or purpose in life. What is needed is a life filled with faith and hope for growth in the future.

Drug/Health Factors

Depressive feelings can be induced by certain drugs, abuses of alcohol, improperly working bodily functions or viral infections. This is called *toxic depression*.

Wrong use of certain drugs needs special emphasis. Many depressives take barbiturates, sedatives, tranquilizers or alcohol—drugs that depress the central nervous system—to alleviate their suffering. Some doctors prescribe such drugs for vague physical complaints not realizing that the problem is not physical—the person is emotionally depressed. Biochemical responses are already depressing the depressive's central nervous system. These drugs may alleviate certain pain or suffering temporarily, but in the long term they depress the brain and nervous system even more. This causes even less ability to solve underlying problems with right responses.

There are other physical causes of depression. Imbalances in hormone production can also cause depressive feelings. This may happen from malfunctioning pituitary, adrenal, thyroid or other glands. Adolescence—the onset of puberty—sparks hormone changes that make some youths more prone to emotional upsets, to sadness or mild anxiety.

Menstrual, post partum (after birth) or menopause hormonal changes sometimes produce negative moods.

Diseases such as diabetes, hypoglycemia, thyroid illness, mononucleosis, infectious hepatitis, a heavy touch of the flu or other poor health conditions can be responsible for some depressive feelings.

Because a wide variety of such conditions exist, anyone suffering from prolonged depressive feelings should seek a thorough physical examination to see to what extent

any physical health problems may be involved.

Therapy Controversy

The medical and mental health professions today attempt to combat mental depression with a wide variety or combinations of drug, electric, verbal and health therapies. There is controversy over the effectiveness and safety of almost every technique.

An arsenal of new drugs has been developed in an attempt to calm or correct chemical imbalances in the depressed patient's mind and central nervous system. Doctors must often experiment with different drugs, and many of these must be taken for several weeks to have an effect. Consequent side effects must then be dealt with.

Mental health officials hope such therapy will reduce distressing emotions and feelings to more tolerable levels. Meanwhile therapists try to discover the underlying causes and suggest a course of dealing with them. Or they hope patients relieved of some distressing symptoms will improve by themselves.

It is not our editorial policy to make judgments about what is good or bad therapy for depressed persons—all of which treat the effects, not the ultimate causes. Such a decision is the personal responsibility of individuals involved or those taking responsibility for them.

For some seriously or chronically depressed persons—especially those threatening suicide or bodily harm—certain drugs or other special treatments may be the only option available if rational communication is no longer possible or if immediate lifesaving is necessary.

An objective presentation of the benefits and problems associated with common modern depressive therapies is discussed in the book *Depression—How to Recognize It, How to Cure It, How to Grow From It*, by Wina Sturgeon; Prentice-Hall, publisher.

Our editorial policy, by contrast, is to reveal the causes of our human problems—*why* humanity is plagued with so much mental illness, with fears, worries and depression.

The Missing Dimension

The missing knowledge about mental depression is revealed in the Bible. Here is spiritual knowledge that unveils both the causes and solution to most mental ills, fears and worries.

“My people are destroyed for lack of knowledge [and that includes spiritual knowledge] . . .” Why? “. . . because you have rejected knowledge . . .,” reveals the Creator in Hosea 4:6, Revised Standard Version.

Mental ill health is the result of broken spiritual and, possibly, physical laws that God set in motion and mankind as a whole has rejected.

Many modern minds think it educated to reject biblical revelation and the reality of immutable spiritual laws. But if we break these laws, eventually they break us!

Christ said, “And ye shall know the truth, and the truth shall make you free” (John 8:32). God's written Word is truth. It makes us free—free of mental depressions, free of spiritual depressions, free of sin.

The truth that is missing in so many lives and in education in general is the true understanding of the purpose of human life and of the laws, values and attitudes that produce peace of mind, joy and happiness.

Millions do not understand how and why their human nature develops with so many damaging values and fearful attitudes in life. Most humans have been blinded to the understanding of how they can receive the spiritual help and power they need to overcome their damaging human pulls and fears—of how to deal with every adverse situation in life with faith and hope—of how “to pray and not to faint,” as Jesus taught (Luke 18:1).

In coming issues you will read important follow-up articles that will fill in these enormous gaps of spiritual knowledge. You will be shocked to learn how humanity, cut off from God by wrong values and attitudes, has been set up by the devil to experience fears, hopelessness, futility and deep depression.

And, finally, you will learn God's way of escape from every fear and depression you now have! □

So Fast!

(Continued from page 6)

how to avoid the consequences of wrong actions. Simply put, to deal with effects, we must deal with causes.

Avoiding Accidents

The basic rules for avoiding accidents are really painfully (or should I say painlessly?) simple:

- *Don't take dangerous risks.*

Use proper equipment, for instance, if you go on a camping or hiking activity and make sure you know what you're doing before you go. When lifting weights, use correct lifting techniques, and don't try to lift more weight than you can handle. Find out about water conditions or possible hazards before going swimming, and don't swim alone.

Weigh all the alternatives and don't jump into any situation unprepared. Use common sense, whether while driving, climbing a ladder, working with chemicals, running machinery or crossing the street.

Take all the precautions you can. When in an automobile, wear a seat belt. When my auto accident occurred, I wasn't wearing one! Maybe you think you are driving only a few blocks and there won't be much traffic. Besides, you may reason, it's bothersome to remember to put seat belts on and wear them, and an accident isn't going to occur anyway. You've heard all the excuses, and may have been making them yourself. I did.

Some nations and certain states in the United States have passed laws making it an offense subject to fine not to wear a seat belt while driving. We say more power to them. We wish stricter auto safety laws could be established and enforced overall, regardless of the cost opponents claim such precautions would incur.

You only have to meet a windshield headfirst once to become acutely aware of the absolute need for safety precautions. The cost in equipment or momentary inconvenience is nothing compared to the misery that can come from any type of accident.

- *Remove hazards when you see*

them, and get in the habit of not creating them.

I wish visibility had been clearer on my left side before I decided to proceed through the intersection, but my view was largely blocked by a tall fence. It was hard to tell anything was coming until it was too late.

Be aware of hazards and work to neutralize them. At home, don't leave children's toys on steps. Light stairwells. Wear goggles at work when required. As the old saying goes, an ounce of prevention is worth a pound of cure.

• *Stay alert at all times.*

Above all, concentrate on what you are doing while you are doing it. Don't drive when you are tired or drowsy.

Never dull your sense of judgment with alcohol or drugs, especially before driving. It's frightening to think how many cars around you on the road are being "controlled" by drunk drivers. Drinking is a factor in at least half of auto-accident fatalities.

A large number of job-related accidents occur because workers are under the influence of various substances. Even common, over-the-counter cold remedies can make you less than fully alert and unready for emergency situations.

Don't work with machinery or attempt tasks that demand much attention if you are depressed, angry or concentrating on something else. It only takes a second for a crippling accident to occur.

• *Be prepared for the unexpected.*

Despite the most elaborate precautions, unfortunate mishaps will occasionally occur. This is not an excuse for throwing caution to the wind and deciding not to take any safety precautions at all.

I knew a man who refused to wear safety belts while driving because, he said, he feared being trapped in the car after an accident. It was a poor excuse—an unrealistic fear, given the odds. Take it from me—I'd rather remain in the car than go through the windshield. The more you can

do, the more you reduce the risks.

But accidents may still occur. That's why we call them *accidents*.

And realize this: There is a whole realm of "accidents" precipitated by powerful forces to which we humans can be totally oblivious.

Spirit World at Work

The Bible tells us that, at present, evil spirit forces rule this world. The ancient patriarch Job, to his dismay, learned this the hard way. The book of the Bible bearing his name tells how all Job's possessions were destroyed or swept away and his children killed, seemingly through a series of inexplicable, chance happenings. But the Bible reveals, even in this case, cause and effect. Satan himself was the cause of these "accidents."

That same Satan is still operating today, and God may allow Satan to cause an "accident" as God himself works out some greater purpose.

Of course, Satan can never do more than exactly what God allows, but God sometimes lets certain events occur for our own good or the good of others. At times God may be trying to teach us lessons or draw our attention to something. That was the case

us from harm as we trust and obey him, and we need to boldly claim such promises from him (Psalm 91:11-12). I know God protected me from worse, and that he has sped my healing. It is Satan—not God—who takes glee in the suffering of humans.

Take Charge of Your Life

How to avoid tragic accidents? In short, take charge of your life. God did not intend life to be a harrowing roller-coaster ride of one hap-hazard, harmful event and setback after another.

You are in control. You needn't be a victim. You must exercise character.

When we follow the way the Bible teaches—the way of outgoing concern for others, of loving our neighbor as ourselves, of staying



Take all the precautions you can. When in an automobile, wear a seat belt.

with Job. My own experience has given me much more empathy for others who have suffered.

The Bible also tells us that time and chance happen to everyone (Ecclesiastes 9:11). Sometimes, in spite of the best-laid plans and precautions, God may allow "accidents" to occur for some future good.

But God also promises to protect

positive and alert and enthusiastic at all times—we will be much less accident-prone.

We all need to learn what God's instructions are and follow them in every situation. We can all avoid a lot of suffering if we remember that cause and effect are always at work, and strive to remove the causes of tragic accidents. □

WORLD PEACE

(Continued from page 4)

man—a male human. It was in God's supreme PURPOSE that the man reproduce his kind. But the man was unable to do that—UNTIL God completed the human creation physically by the addition of a woman, made from the man. So God anesthetized the man and extracted a rib out of which he made the woman, named Eve. Then MAN'S physical creation was complete. Man could now reproduce his kind.

BUT MAN was not yet spiritually and mentally complete.

Human Mind vs. Animal Brain

Man could not be made into the spiritual and character image of God without the power of MIND—thinking, reasoning, decision-making intelligence.

The modern science of brain research has demonstrated that the small differences in human brain and animal brain cannot explain the vastly superior functions and output of the human brain. The human brain can acquire knowledge of chemistry, geology, astronomy, physics—one might say all the vast intricacies of knowledge contained in a many-volumed encyclopedia. Man can think—he can put many parts of such knowledge together in a thinking and reasoning process. Man has decision-making ability.

Man has the faculty to use judgment and wisdom. Man has an appreciation of music, art and literature. Man formulates attitudes of love, cooperation, sympathy, concern for the good and welfare of others, or, on the other hand, attitudes of envy, jealousy, disgust, hatred, competition, strife, revenge and conspiracy for perpetrating evil. Animal brain is capable of none of these.

It is only by revealed knowledge that this tremendous difference can be known. And the written Word of God reveals it as the presence of human spirit within man that sparks, constrains and empowers the physical brain in humans with intellect.

But scientists, bound and held captive by the false concept of evo-

lution, cannot admit the existence of any such spirit. Their minds are blinded.

But understand. The human spirit cannot see, hear, taste, smell or feel—yet all human knowledge enters the brain through one of those five channels. The human spirit cannot think. It is the brain that thinks, as the human spirit empowers it. It is the brain that makes decisions, formulates attitudes, develops character, either good or evil.

Now WHY did the Creator God put human spirit within MAN, while no such spirit is present in animals? The very PURPOSE being worked out here below is God's supreme PURPOSE OF REPRODUCING HIMSELF

A whole new world is about to break forth—a new civilization based on God's law and his government. It will bring world peace, joy and prosperity.

THROUGH MAN. Man was created from the ground of the earth, yet to have a relationship with his Maker. God is composed of Spirit. It is the divine PURPOSE that man, once godly character is developed within him, shall be changed from mortal and physical human to immortal and divine GOD.

God and the Word now form the GOD FAMILY. Man may be begotten, and then later born as divine GOD. It is the incredible human potential that each human may become a child of God, one of the very GOD FAMILY!

GOD is supreme perfect spiritual CHARACTER. Before Adam could even qualify to be begotten into the GOD family, he had to CHOOSE between the WAY of God and the WAY of Satan who still sat on the throne of the earth.

The Two Symbolic Trees

God placed Adam and Eve after creation in the beautiful garden of Eden. In its midst were two special symbolic trees of tremendous sig-

nificance. Adam did not have immortal God-life, but God freely offered it to him through the tree of LIFE. Adam had to choose between the government of Satan with its self-centered way of life, and the government of GOD with its GOD-centered way of life. Each way of life was the basic LAW of a GOVERNMENT. God could have RESTORED the government of God on earth through Adam, had he chosen that WAY of ETERNAL LIFE. But Adam willingly disobeyed God. Adam took to HIMSELF the knowledge—that is, the production of knowledge—of what is good and what is evil (Gen. 3).

Thus the first created human disbelieved God, disobeyed God, chose to go HIS OWN WAY, do his own thing. Adam did it willingly, but not apparently willfully. He had succumbed to the GOVERNMENT of Satan, choosing the LAW of that government, leading automatically into attitudes of self-glory, coveting, competition, desire to GET rather than God's way of GIVE.

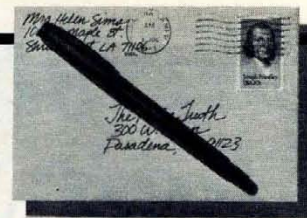
All humanity came out of Adam and Eve. The present world was FOUNDED in them. The WORLD has ever since been HELD CAPTIVE BY SATAN!

But God the Father was to pay the ransom price and even yet bring his potential spiritual children back to him. Upon Adam's sin, God closed off the tree of life, until the second Adam, Jesus Christ, should pay the ransom price.

Meanwhile, God set apart a 7,000-year period to complete his original SUPREME PURPOSE of reproducing himself through man. It was a MASTER PLAN for working out the PURPOSE here below.

For almost 6,000 years a civilization has developed, which we call the world. But it has been a world held captive. To this day Satan is still on that throne. But his time is almost up. A whole new world is about to break forth—a new civilization based on God's law and his government. It will bring world peace, joy and prosperity. It will be established by the returning Jesus Christ, in this generation, at the close of 6,000 years of human experience. Satan will be removed from power, and humans will finally learn God's way is best. □

LETTERS TO THE EDITOR



Nuclear War

As an American-oriented organization I find you and your magazine writers have little to say about the fact that the American President has amassed, and is still amassing, huge stocks of weapons of mass destruction.

Isn't the plain truth of the Bible, as expressed by Jesus Christ, completely contrary to what President Reagan is doing? Can a man or a nation love his neighbour by blasting him out of existence? Surely, if the Truth is going to make us free, you should tell it about every nation, including the United States.

Stan Pearson
Wellington, New Zealand

• Your letter should include all nuclear powers. We gave our answer in the recent article "How the West Could End the Fear of Nuclear War Now."

European Union

A cutting from a daily newspaper refers to suggestions by France on setting up a Western European Union for defence, independent of the U.S.A. This brings to mind a recent article on this very subject in one of your issues a month or two back. You certainly keep up to date with world events, and more important so does the Bible.

P. Cox
Bedford, England

Napoleon and the Pope

I want to compliment you on the article "Napoleon & The Pope" by Keith Stump in the March issue. It is one of the most succinct and accurate articles about Napoleon's rapid rise and fall that I have ever read.

I do, however, wish to point out that the statement, "Napoleon dies on May 21, 1821, on St. Helena, having

been slowly poisoned by one of his disenchanted countrymen," is based solely on a theory propounded by a Swedish pathologist, Dr. Forshufvud, which is described in Ben Weider's book *The Murder of Napoleon*.

This theory has not yet been proven to be fact and probably never will.

Otherwise, it was an excellent article about one of the most remarkable humans in all history.

Robert M. Snibbe
Napoleonic Society
of America
Belleair, Florida

Second Time Around

I wish to enroll in Ambassador College Bible Correspondence Course. For the last two years I have been a subscriber to your magazine for the second time. The first time I was a subscriber from 1969 until 1976, I read your magazine with interest. Now second time around, it is more than interest which keeps me glued to the pages of this great magazine. I feel I am realising our events in this world are closely related to Bible prophecies.

R. Mason
Bedfordshire, England

Punk Rock

I enjoy your magazine very much and believe that it does shed a clearer light on many important issues. However, I must object to a question John Halford asked in the May issue that implied "punk rock" to be as great an evil as high divorce rates and child abuse. This sort of bigotry is uncalled for, especially if you wish to reach a younger audience. I assume that "punk rock" was considered evil because of ignorance. "Punk rock" promotes peace and love and stands up for animal rights

and other worthy causes. We listen to music that is loud and fast, probably outside the comprehension of John Halford, but just as valid as any other music. Please keep up the good work but "don't criticize what you can't understand."

Jay Beichman
London

In the Classroom

The impact of *The Plain Truth* is everywhere. In my son's history class (grade 10), the teacher recently urged the class to use the magazine for reference material for their projects and then asked for a show of hands to see who knew what the *Plain Truth* magazine was. My son said he was amazed that all, except for a few "rubbers" in the class, were familiar with *The Plain Truth*.

Mathildo Feakes
St. Norbert, Manitoba

Correspondence Course

I would really like to thank you for the free magazines you have been sending me. They have helped me in understanding like no other magazine has.

I've also just received Correspondence Course Lesson 11 and can't tell you how much it has helped me in my life. You have saved me from a life of frustration and showed me the way to a joyful life. I would like to show my appreciation with a contribution that I hope will help others as your Correspondence Course has helped me.

Paul Ugoliri
Regina, Saskatchewan

"World Tomorrow" Television

I have been watching your program since I moved to Consort. And I must say, truthfully, this is the first

television program that gets right to the point—you don't beat around the bush. You make the message clear and easy for me to understand.

Stacy Deagle
Consort, Alberta

Putting God First

Putting God first sure counts. I used to wait and see how far my money would go first, but there always seemed to be less. Now I send God's tenth first and it keeps coming.

Emerald Cook
Lillooet, British Columbia

A Divided City

As a British student currently studying in Germany, I was interested to read the May article "A New Look at a Divided City."

I would like, however, to point out some errors which occur in the article. Berlin does not belong to "two different countries" as stated. West Berlin is actually still "under occupation" by the Allies (USA, Great Britain, France, USSR). The city is free to develop its ties with the Federal Republic whilst not being governed by it nor a part of it. Berlin residents do not have a West German passport, they have instead a "Berlin Ausweis" (Berlin "identity-document").

The town of Helmstedt is a border town, but is in West Germany not East Germany, as stated.

Ian Morton-Jones
Birkenfeld, Federal Republic
of Germany

Correction:

The site of the battle between the Earl of Tyrone and the army of Queen Elizabeth I (see "When Peace Comes to Ireland," Oct. issue) was misspelled in some editions. It should have been *Kinsale*.

Christmas Customs: Their Shocking Origins



Tis the season to be jolly, right? Not when you know the facts. Millions worldwide observe the curious customs associated with Christmas, but very few know *why*, or what the symbols are really all about. How much do you understand about the origin of the Christmas tree — of Santa Claus — of mistletoe — of exchanging gifts? Our free booklet *The Plain Truth About Christmas* gives the shocking answers. For a copy, just mail the request envelope inside or write to our office nearest you.

FREE Booklet Offer!

