

VOL. IV, NUMBER 6

How You Could LOSE Salvation!

If Christ were not to return, YOU would never gain eternal life! Satan could still thwart the PLAN of God. With this issue we give you the third installment explaining the amazing PLAN OF REDEMPTION.

by Herbert W. Armstrong

WHAT HAS GONE BEFORE:

A ASTOUNDING prophecy is recorded in the seventh chapter of Daniel revealing a mighty religious power which persecutes God's Church. This power—symbolized by a "little horn"—has thought "to change times and laws" (verse 25).

times and laws" (verse 25). In Revelation 17 it is pictured again as a GREAT WHORE—an apostate church —which rules over nations and deceives the whole world. This great church has caused the nations to *change* time in every possible manner. It has changed the day, the week, the month, the year!

God is the AUTHOR of time. He gave man the sabbath as a *memorial* of creation. The sabbath is designed to keep us continually in the knowledge and the true worship of God. But Rome changed the day! She substituted a counterfeit day of worship.

Rome also fastened on a deceived world many *pagan holidays*. ARE THEY COUNTERFEIT, TOO?

Let us understand. The sabbath was made for man—when man was created. Centuries later God also called out a *church* as His instrumentality in the midst of Satan's realm. When did that church begin? In the wilderness, before Mt. Sinai (Acts 7:38). The church is God's instrument for carrying out His PLAN. Just as man *must* be kept in knowledge of the true God, so the CHURCH *must* be kept in the knowledge of God's PLAN. As God gave the sabbath to man, so He gave an*nual sabbaths* to the CHURCH to keep us understanding His plan. They commenced *before* the old covenant was made (Exodus 12). They were commanded *forever*.

The annual sabbaths picture the different steps in that plan. The whole story of redemption is re-enacted each year by hallowing these days. As the first event in redemption is the death of the Lamb of God, so the first of the annual days is the *passover*. Our complete deliverance from sin and our obedience to the commandments is pictured by the second festival—the feast of unleavened bread. Any church that has forgotten this festival has departed from God's law (Ex. 13:9).

So that we would never forget that God is choosing only a *few* in this age to whom He has imparted His Holy Spirit, God gave a third festival—Pentecost, or feast of firstfruits. This festival pictures the coming of the Holy Spirit and this whole church age—the first small spiritual harvest of souls. But God's PLAN of redemption does not stop here. Christ must return to resurrect the saints and to establish the kingdom of God. If He were not to return, YOU could never finally be saved! Let us now understand the next steps in God's plan of redemption.

Feast of Trumpets

"And the LORD SPAKE . . . saying, In the seventh month, in the first day of the month, shall ye have a SABBATH, a *memorial* (*not a shadow*) of blowing of trumpets, an HOLY CONVOCATION. Ye shall do no servile work therein" (Lev. 23:23-25).

Here is pictured to us that NEXT blessed event in God's redemptive Plan, when Christ shall COME again, in clouds, with a SHOUT, with the voice of the archangel, and with the TRUMP OF GOD (I Thes. 4:14-17). It shall be "at THE LAST TRUMP for the TRUMPET SHALL SOUND, and the dead shall be raised incorruptible, and we shall all be changed" (I Cor. 15:52).

Unless Christ returns to RESURRECT the dead we would never gain eternal life—if there is no resurrection "then also those fallen asleep in Christ have perished" (I Cor. 15:18).

Christ directly intervenes in world

affairs at the seventh or last trump (Rev. 11:15-19). A trumpet is a symbol of war. He comes in a time of world-wide war-when the nations are angry! As soon as the work of gathering in the FIRSTFRUITS (pictured by PEN-TECOST) is completed at the end of this present age, then Christ will begin to set up again the tabernacle of David (Acts 15:16)-to set His hand again the SECOND TIME to recover the remnant of His people (Isa. 11:11)-to search out and to FIND His lost sheep that the ministers of the CHURCHES have FAILED to search out and seek and find and save during this period (Ezek. 34:1-14).

Notice exactly WHEN this takes place! "And it shall come to pass in that day, that the great TRUMPET shall be blown, and they (Israel) shall come which were ready to perish . . . and shall worship the Eternal in the holy mount at Jerusalem" (Isa. 27:13). *When* will Israel be regathered?

When will Israel be regathered? At the sound of the TRUMP—at the second coming of Christ. Because the churches have *forgotten* the festival of trumpets many think that the return of a few Jews to Palestine now is the fulfillment of this prophecy!

Christ's direct intervention in world affairs will be the next great event in the Plan of Redemption. As this feast day occurs on the very FIRST DAY of the seventh month, so the event it pictures will occur at the very BEGINNING of the SEVENTH THOUSAND YEARS!

And perhaps the glorious second coming shall occur, in whatever year it may be, on THIS VERY DAY of the Feast of Trumpets!—who knows? While we cannot say, yet cannot we see this possibility? The crucifixion was upon the Passover DAY-the very DAY! The Holy Spirit came, beginning the selecting of the FIRSTFRUITS of salvation, on the VERY DAY of Pentecost. Had not those 120 disciples been OBSERVING this annual Sabbath-had they not been As-SEMBLED there in holy convocationcould they have received that blessing of the indwelling presence of the Holy Spirit? Repeatedly Jesus warned us to wATCH! regarding His second coming. Could it be possible that, unless WE are observing the Feast of Trumpets, as the first century Church of God was observing Pentecost, that we shall NOT be ready, or caught up to meet Him? We do not-we cannot, of course, saybut we do ask the question. Is it not possible? Let us humbly and willingly yield to walk obediently in ALL THE LIGHT.

The festival of trumpets is a day of REJOICING—and, as the weekly Sabbath, HOLY UNTO THE LORD (Neh. 8:2, 9:12). The *Levites* were to blow the

trumpet (Num. 10:8), but we do not do so today as this was only a temporary duty of the priesthood.

Day of Λ tonement, or the Fast

Next, let us read Leviticus 23:26-32 —"And the LORD spake, . . . saying . . . also on the tenth day of this seventh month there shall be a DAY OF ATONEMENT: it shall be an HOLY CON-VOCATION unto you; and ye shall afflict your souls (fast) . . . Ye shall do no manner of work: it shall be a statute FOR EVER throughout your generations in all your dwellings. It shall be a SAB-BATH of rest, and ye shall afflict your souls: in the ninth day of the month at even, FROM EVEN UNTO EVEN, shall ye celebrate YOUR SABBATH." Wonderful mystery! At-onement with God! Man at last made ONE with his Maker!

Again, in the 16th chapter of Leviticus, verses 29 and 31, where the symbolism of the Day of Atonement is explained, we find it instituted a holy Sabbath to be kept FOREVER! "And this shall be a statute FOREVER unto you: that in the seventh month, on the tenth day of the month, ye shall afflict your souls, and do no work at all, whether it be one of your own country, or a stranger that sojourneth among you . . . It shall be a *Sabbath of rest* unto you, and ye shall afflict your souls, by a statute FOREVER."

Notice, too, in Lev. 23:32, the expression "from even unto even shall ye celebrate your sabbath." Every Sabbath-keeper quotes this passage to show that the Sabbath begins at sunset. If we believe that, then why nor KEEP the Sabbath that this very text is speaking of—the ANNUAL high Sabbath of the Day of Atonement, instituted FOREVER? Are we consistent, when we continually quote this text to show when to begin the Sabbath, and then refuse to keep the very Sabbath referred to?

MEANING Pictured by DAY OF ATONEMENT

The Day of Atonement pictures a wonderful and great event, to take place AFTER the second coming of Christ, which the world has entirely lost sight of because it has failed to see the true significance of these annual Sabbaths HOLY UNTO THE LORD. It has failed to KEEP them as a constant reminder of God's PLAN of Redemption!

The symbolism is all expressed in the account of the events of the Day of Atonement, as carried out before the crucifixion, in the 16th chapter of Leviticus.

Verse 5—"And he (Aaron, or the High Priest) shall take of the Congregation of the children of Israel two kids of the goats for a sin offering."

Verse 6—The high priest offered a sin offering for HIMSELF and his house.

Verses 7 and 8—"And he shall take the two goats, and present them before the Lord at the door of the tabernacle of the congregation. And Aaron shall cast lots upon the two goats; the one lor for the LORD, and the other lot for the scapegoat (margin, Heb., AZAZEL)."

Now because this has not been understood—because there are many, many, different views and opinions and ideas and explanations of this, we here pause sufficiently to go into this in some detail. Let us, therefore, regardless of our own former convictions, study with OPEN MINDS, without prejudice, PROV-ING ALL THINGS. We want TRUTH!

The key to the whole explanation lies in a correct understanding of the meaning of AZAZEL. This word does not occur elsewhere in the Old Testament. The *Comprehensive Commentary* has: "Spencer, after the oldest opinions of the Hebrews and Christians, thinks Azazel is the name of the Devil, and so Rosen, . . . The word scapegoat signifies the goat *which went away.*" The *One Volume Commentary* says: "The word 'scapegoat' in the A.V. *is not a translation.*" It is merely an *interpretation* of the supposed meaning by the translators.

True, the English word "scape-goat" signifies "one who bears blame or guilt FOR OTHERS." But "scapegoat" is an English word, and is NOT a translation of the Hebrew word AZAZEL. The word "scapegoat" does not appear in the Jewish translation at all. Hence, we must entirely dismiss this word "scapegoat," and the meaning attached to this English word, for it is NOT a translation of the Hebrew word AZAZEL, and therefore it is NOT the word inspired originally. Continues the One Volume Commentary: "Azazel is understood to be the name of one of those malignant demons.'

TYPES of Christ and Satan

These TWO GOATS were, of course, TYPES. Notice, it was necessary to be decided BY LOT, which one was qualified to represent Christ, and which Azazel. Some say BOTH were qualified. The Scripture does not say this. Let us not assume it. Now A LOT *is a solemn appeal to God to decide a doubtful matter*. It is a sacred religious ceremony. It includes a SUPERNATURAL ACT of God. That is why lotteries and gambling are of the devil—an actual profaning of a holy service appealing to God.

Notice, men were unable to decide which goat was qualified to represent Christ. This involved an APPEAL TO GOD TO DECIDE! "ONE lot for the (Please continue on page 6)

August, 1954

How to Cook Vegetables

Money alone cannot buy good health. Health comes only through right living. With this issue, we continue publication of a series of articles on foods.

by Isabell Hoeb

Summer is here and with it, vegetables in variety and abundance. Vegetables, we are told, contain vitamins and minerals that all of us need for good health.

Yet doctors and nutritionists say that most Americans suffer from "hidden hunger." Vitamin preparations are advertised in every newspaper and over every radio. Doctors prescibe them for their patients. Why?

Obviously, it is not because there is a food shortage.

The answer lies in the way so much of the food today is processed and prepared. Refining, preserving and shipping fresh foods long distances cause much of the loss in food value; the rest of the responsibility is with the housewife. She is accountable for selecting and preparing the vegetables and fruits that the family eats. She needs to know how to do this so that as little as possible of the food value is lost.

Health Begins in the Soil

Health, of course, begins with the soil. Those who have home gardens should make sure the soil is fertile able to grow plants rich in minerals and vitamins. Two vegetables or fruits of the same kind can look alike, yet one may contain several times as much food value as the other. The kind of soil it was grown in makes the difference.

The ideal time to gather vegetables is just before preparing them. Vegetables allowed to stand in light or at room temperature gradually lose vitamins. Either chill them in a refrigerator or cook them near the boiling point as soon as possible.

Those who depend on the corner grocery for fresh vegetables should learn to know which vegetables have the most health value.

Generally, the morning is the best time to buy vegetables. Then they have just been removed from the refrigerator or have just arrived from the farm, and other customers have not already picked the best vegetables from the stock. Avoid buying wilted vegetables. They have lost most of their original vitamins.

Choose the least-trimmed cabbage and lettuce. Their vitamin content may actually increase for sometime after harvesting. The same is true of carrots and other root vegetables which still have their tops and roots, providing they are not wilted.

Buy deep yellow and green vegetables more often than pale ones—they contain several times as much of some vitamins and minerals. Select green lettuce and celery instead of the blanched. Leaf lettuce has about three times the vitamin A value that head lettuce does. If two heads of cabbage or other vegetables are the same size, usually the heavier of the two is the best one.

Ripe, sweet peppers are twice as rich in vitamin C as green peppers. Choose summer squash which have a soft skin so that they can be cooked with the peeling on. Yellow corn is better than white corn because it has vitamin A value.

Care of Vegetables

As soon as the vegetables are brought home they should be sorted and stored.

First wash them thoroughly under cold running water, or quickly dip them several times into fresh water. This is to remove dirt and insect sprays that may cling to the leaves and roots. Leave the vegetables on paper towels or drainboard for a short while so that surplus water can drain off. Those to be used in salads may be dried more thoroughly as oil or other dressings stick better to dry leaves. Place such vegetables in a cheesecloth bag or an old pillowcase and sling it around a few times.

Use a stainless steel knife to trim or cut vegetables since either iron or copper destroy vitamin C on contact, causing the cut edges to turn brown.

After they are washed and drained, put the vegetables in a covered refrigerator pan. Plastic bags also make good containers for vegetables stored in a refrigerator. Parsley and celery leaves stored in a closed fruit jar keep fresh a long time in a refrigerator. Potatoes, onions and similar vegetables with peelings require no washing until they are used, and need only to be kept in a cool place.

Soaking vegetables is never a good practice. The B vitamins, minerals and vitamin C easily dissolve in water. Peeling such vegetables as carrots and potatoes and leaving them set in a pan of water until time to cook is one of the best ways to start your family down the road to vitamin and mineral DE-FICIENCY.

Much time, not to mention food value, can be saved by cooking vegetables unpeeled. Beets may be boiled whole if their roots and at least an inch of the tops are left on. If root vegetables are peeled before cooking, the minerals and vitamins concentrated directly beneath the skin are cut off with the peel. The only good reasons for peeling are if the skin is bitter, bruised or tough. All of the vitamin A in a cucumber is contained in its skin. For salads they should be picked young enough that the skin is still tender. Then only the bitter ends need be cut off, and the rest sliced very thin, never over one-eighth inch thick.

Sometimes carrots, radishes and turnips become wilted before they are used. They can be crisped by making a fresh cut on the root tip and left to stand in cold water for an hour or so. They draw up water through the tap root just as they did while growing.

Preparing Vegetables for Cooking

The main reason vegetables are cooked is to soften the woody tissues. In the case of starchy foods like potatoes and dried beans, heating makes the starch more digestible. Some nutritionists have found that cooked carrots yielded up to 30 per cent more vitamin A during digestion than raw carrots.

Remember not to take the vegetables from the refrigerator until it is time to prepare them.

The question often arises, "Should vegetables be sliced, diced, shredded or left whole?" Each method has disadvantages. If the vegetable must be peeled, usually the way it will cook the quickest is the best. However, be sure to use any juice the vegetable is cooked in because B vitamins easily pass from the cut vegetable to the water. If the vegetable is cut into small pieces, the surface exposed is greatly increased. A diced vegetable has less exposed surface than a sliced one. With more surface exposed to water or steam, more vitamin B goes into the juice. Mashing a vegetable while it is hot mixes air with it, causing a great loss of vitamins A and C.

(Vitamins A, B and C are most often mentioned because they were the first ones discovered and more is known about them. Other vitamins that have been found behave during cooking in more or less the same ways as these. If A, B and C are preserved usually such



reporting on campus happenings at Ambassador College

VOL. IV

NUMBER 6

Herbert W. Armstrong Publisher and Editor Herman L. Hoeh Executive Editor Roderick C. Meredith Associate Editor

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vitamins as P, E and K are also.)

Cooking Methods

Steaming is considered one of the best cooking methods. It requires pots that have close-fitting lids. Usually water to the depth of one-fourth to onehalf inch in the pot is enough. Most housewives use too much water in cooking. The amount depends on how long the vegetable will need to cook and how much steam escapes during cooking. As a rule a light weight pot needs more water than a heavy weight one.

Put in the water, cover and bring to a boil. Have the vegetable ready to put in all at once. Put it in when the water boils, cover and leave the heat fairly high until the water begins to boil and form steam. Do not bring to a fast boil. Turn the fire just low enough that the water bubbles gently. With practice, you should be able to tell without raising the lid.

Carrots, turnips and rutabagas are often prepared either diced or sliced. Broccoli and cauliflower should be broken into walnut-sized pieces so that they do not become strong from long cooking. Cabbage is good cut into inch-thick wedges and steamed.

Some cooks have the habit of adding a little sugar to nearly every vegetable they cook. Vegetables contain natural sugars and if cooked the right way, there is no reason to add sugar. Some persons like tomatoes sweetened.

Small potatoes, beets, parsnips and onions may be steamed whole. Cornon-the-cob is best steamed, too, except that a little more water may be needed than for other vegetables. Perhaps you have noticed how colored the water becomes when corn has been improperly cooked—covered with water and boiled. The yellow color you can see is carotene (pro-vitamin A) that has come out of the corn. You cannot see the other food values that the water soaked from the corn because they are not colored like the carotene.

If leafy vegetables like spinach are freshly washed and started to cook over a very low flame, the moisture clinging to the leaves will provide enough moisture to cook them. No other water needs to be added. A large batch of greens should be turned over after about the first seven to ten minutes. Otherwise, the leaves on the bottom will be overcooked when the ones on top are just done.

Simmering in milk is a good way to cook fresh, tender vegetables like cabbage, corn, peas and green limas. An advantage is that the milk proteins preserve the green color. (Soda should never be used to preserve green color in vegetables because alkaline solutions destroy some vitamins.) Be careful that the milk only simmers; too much heat will cause it to hoil over. Follow the same steps as for steaming. At the end of the cooking time a little flour thickening may be added to make a cream sauce.

Sautéing is a good method to use when the vegetables are shredded or sliced thin. Heat one or two tablespoons of vegetable oil in a skillet or heavy pan which has a tight-fitting lid. Put in the shredded or sliced vegetable all at once and stir until all is coated with oil. With dry vegetables like parsnips or carrots, add 2 or 3 tablespoons of water. Then cover.

When the vegetable begins to steam, turn the heat low and continue cooking

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TO THE NATION & CANADA: XEG-1050 on dial, every night, 8:30 P.M. Central Std. time. Other stations at usual time. from 5 to 10 minutes. Cabbage and spinach prepared this way should be cut thin; carrots, beets, parsnips, potatoes and winter squash are best sliced. In sautéing the vegetable actually cooks in its own juice—nothing is lost in cooking water. After it is cooked, the vegetable may be seasoned with sweet-sour sauce or in other ways.

August, 1954

It is a waste of butter to use it for sauteing or frying. It scorches easily, and the heat destroys its vitamin A. When used for seasoning, butter should be added AFTER the food is cooked.

Frying differs from sauteing in that more oil and no water is used. Usually, frying is done when some browning is desired such as with potatoes or meat. Eggplant is delicious sliced into halfinch slices (leave *unpeeled*), dipped in milk, then in wheat germ. Lightly brown each batch on both sides in an oiled skillet over moderate heat and then remove. After all the slices are browned, replace them in the skillet, add salt and one-fourth cup of water or milk, cover, and steam about 10 minutes.

We find in Leviticus 7:9 that some of the meat offering was dressed in a frying pan, and in verse 12 cakes of fine flour and oil were said to be fried, but no instance where vegetables were fried is found.

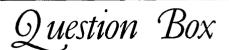
The *double-boiler* presents another way for cooking vegetables, especially the more tender kinds. Put three or four tablespoons of water in the top part and bring to a full boil over direct heat. (More water may be needed in a large double-boiler.) Drop in the vegetable and put the lid on. When the water is about all evaporated, put the upper part of the double-boiler over water that has been brought to a boil in the lower part, and cook until tender.

Baking is a good way to cook certain kinds of vegetables. White potatoes, yams, winter squash, carrots and parsnips are all good cooked in the oven. The carrots or parsnips are cut into lengthwise strips, placed in a *bot* baking dish, dotted with butter, and sprinkle lightly with brown sugar or honey, if desired. They should be covered with a lid to prevent drying. The dish is heated in the oven before the vegetable is put into it so that the food heats through faster. A cold dish filled with food is slow to heat in an oven.

Potatoes of both varieties *bake* quicker and do not become dry if they are allowed to stand 15 minutes in hot water before being placed in the oven. For a crisp skin they can be wiped dry and oiled before baking.

General Rule

The general rule for cooking is to (Please continue on page 7)



Your questions answered in these columns! Your opportunity to have discussed those problems pertaining directly to members of God's church.

Has God Allotted 6000 Years for Man's Self-Rule?

The world does not understand the signs of Christ's return *because it does* not know about the 7000-year PLAN OF GOD.

God has allotted approximately 6000 years for humanity to go its own way. These millenniums of human civilization are nearly over. God is about to intervene in world affairs by sending Jesus Christ. Not until He returns will we have 1000 years of peace.

The *pattern* for this little-understood *plan* is given in the first two chapters of Genesis. It is the WEEK of seven days. As God originally set time in motion, man is given six work days followed by a day of rest. In Hebrews 4:4,11, the seventh day is mentioned as a type of the peaceful rest—1000-year rest—that will follow the *present age of human labor* and futile struggle to master the earth. The millennium, then, is compared with a "day" of the week.

Observe that after Christ's intervention the time of that peaceful rest under His rule is specifically termed "a thousand years" (Rev. 20:4). If the last "day" of God's 7000-year plan is 1000 years, then the preceding six days which He has allotted for mankind to work out his own ideas would amount to 6000 years. And this is exactly what world events are proving today! Look about you! It is obvious that this world is crashing to its DOOM!

Now notice your Bible. Many Bibles are complete enough to contain chronological charts showing that human life was created around 4000 years before Christ. And almost another 2000 years have elapsed since-making nearly 6000 years of human civilization to date. In other words, the trend of world events is now proving we are very near the time the Scriptures have always said Christ will return-when the probability of world destruction would become a reality (Mat. 24:22). Six thousand years of human history have almost been completed. Here then is proof-double proof-that Christ is coming in our generation!

The common assumption that man has lived on earth countless tens of thousands of years is an idle dream. Reason disproves it. Each new archeological discovery aids in disproving it. True SCI-ENCE disproves it! Strange as it may seem, the theory of man's evolution is not only unproved, but irrefutably *dis*proved when we understand the *facts*.

The apostles did not fully understand this PLAN OF GOD when Christ was yet on earth. They thought the kingdom would be established in their day—after only about 4000 years of God's plan had been completed. But before they died, the apostles *knew* God's plan. Peter said: "The Lord is not slack concerning the promise (of Christ's coming) . . . but is longsuffering" (II Peter 3:9). God is patient. He has refrained from intervening in world affairs for nearly 6000 years. Why?

Because He will not intervene until humanity is forced to cry out to Him for fear of self-extermination. Recall that the day of Christ's intervention and rule is compared to "a thousand years" (Rev. 20:4). Peter also wrote the same thing —that a day in God's plan is as "a thousand years," and "a thousand years" of human civilization as ONE day in His planned week of SEVEN 1000-year days (II Peter 3:8).

Peter knew that Christ would come at the close of 6000 years of human struggle and slavery—that God would send Jesus Christ to set up His government in the seventh thousand years, which will usher in a time of rest and peace—a sabbatical rest!

How marvellous that in our day, at the very time that 6000 years have almost elapsed, the world is threatened with extinction of life. And Jesus Himself said that when we see this taking place HE WOULD COME AGAIN!

Does Ezekiel 38 and 39 Refer to Russia?

Nearly all Bible students believe that Ezekiel's amazing prophecy refers to Russia. Yet they totally misapply the *time* of its fulfillment. It is referring to an invasion of Palestine after Christ has restored His people Israel to Palestine. This has been amply proved in articles in The PLAIN TRUTH.

But *how* can we prove that Russia is the leading nation in this prophecy?

Notice that *Gog* comes "out of the north parts"—NORTH of PALESTINE! (Ezek. 38:15). Who is Gog and its allies?

There is a basic KEY to understanding which nations in our day are mentioned in Bible prophecy. If we understand how to use this key, WE CAN KNOW IN ADVANCE EXACTLY WHAT THE NATIONS TODAY—Russia, Germany, Turkey, America and many others— WILL DO IN THE TIMES IMMEDIATELY AHEAD! This is vital to know in these end times.

What is this key?

The KEY is this: Modern nations are naturally descendants of peoples which existed in Bible times. Therefore, God used the names which they had THEN to foretell what they would do NOW! In more modern times the citizens of these nations have acquired other names. But such a small lapse of time has occurred between the bearing of their former names and their present ones that it is not difficult in most cases to pick up ancient history books and find what each nation's name—its BIBLE NAME—had been!

By history we can trace these Biblenamed nations right down to the place they occupy on the earth today. Thus, knowing a nation's BIBLE NAME and knowing the sureness of God's prophecy, we can understand every important future move of the nations around us. We shall now see that God didn't intend us to guess about Russia's part in coming world events!

Notice that it is Gog and Magog (Ezek. 38:2) which will come against the nation in which Christ's capital will be located (verse 16). Notice again that Gog and Magog come "out of the north parts" (verse 15)-where Russia is today. Can it be shown that Russia is the nation which will come out of the north to invade Palestine? "From the accounts found among the Arabians, Persians, and Syrians," we learn that these three nations used the names "Yajuj and Majuj" (note the similarity in the names Majuj and Magog) to refer to "all less known barbarous people of the Northwest and Northeast of Asia"-WHERE RUSSIA IS TODAY! From Mc-Clintock and Strong, article "Magog."

Notice that Meshech and Tubal (verse 2) will be associated with them in this invasion. Can we prove these ancient tribes to be also the ancestors of the Russians of today? Remember, Russia has been formed by the association of a number of great tribes. Read what Professor Savce says about Meshech and Tubal: "In the Assyrian inscriptions the names appear as Tublâ and Muskâ, and they were known to the classical geographers (Greeks) as Tiberani and Moskhi." After the days of Nebuchadnezzar, the Greeks found them "further to the north than they had been in the age of the Assyrian monuments . . . they were forced to retreat northward towards the Black Sea, and it was in this region of Asia Minor that Xenophon and his Greek troups found their scanty remains." They had migrated NORTH into the land we know as RUSSIA today. (From The Races of the Old Testament.)

Having CROSSED INTO THE PLAINS OF RUSSIA the people of Meshech, called Moskhi by the Greeks, became known as Muskovs. From this word "Muskov" the name of the modern city MOSKOW IS DERIVED. The descendants of Tubal gave their name to the Tobol River and the city of Tobolsk IN ASI-ATIC RUSSIA.

Thus we have proved by these facts that the nations mentioned in this chapter of Ezekiel's prophecy are the Russians of TODAY! It will be atheistic Russia and her allies which will come against Palestine.

Atonement

(Continued from page 2) ETERNAL, and the other lot for AZAZEL." Now one lot was for the Lord—this goat typified CHRIST—but the other lot was NOT for the Lord, did NOT typify Christ, but AZAZEL—Satan! These words most naturally suggest that Azazel is the name of a PERSON, *here* CON-TRASTED to the Eternal! Notice the CONTRAST—one for the Lord, the other for Azazel.

Now the goat which GOD selected, thru lot, to represent Christ, was SLAIN as Christ, its antetype was slain. But the other goat selected by God to represent Azazel was NOT slain, but was driven, ALIVE, into an uninhabited wilderness. It was NOT a resurrected goat, symbolizing the resurrected Christ, for it never died. The uninhabited wilderness, to which this goat was driven, CANNOT, as we shall show, represent HEAVEN, where Christ went. Heaven is neither uninhabited, nor a wilderness.

After God designated which goat represented Christ, and which Azazel, the High Priest (verse 11) killed the bullock for a sin offering for himself, then took the burning coals of fire and the sweet incense into the Holy of Holies, also sprinkling the blood of the bullock before the MERCY SEAT, typical of the throne of God, covering the tables of testimony (the law). This the High Priest was required to do in order to PURIFY HIMSELF to officiate, and to represent CHRIST as High Priest. In the antetype, this was not done, for Christ, our HIGH PRIEST, had no need of this purification as the typical substitutionary priests did.

Now the Levitical high priest is ready to go out and officiate.

Next, the goat which God selected

by lot to represent CHRIST, as the SIN OFFERING OF THE PEOPLE, was killed. Thus the SINS OF THE PEOPLE were BORNE by this goat, even as Christ, finally, once tor all bore our sins on the cross. This goat represented Christ the LAMB OF GOD—Christ on the cross. But Christ ROSE again from the dead, and ascended to the throne of God IN HEAVEN.

Now WHO, or WHAT, from this point on in the Levitical ceremony, typified the RESURRECTED CHRIST, who went to heaven? Some say the *goat* representing Azazel. Let us see.

The RISEN Christ, now at the right hand of the *throne* of God in Heaven (I Pet. 3:22), is called—what? OUR HIGH PRIEST! What was the *earthly* TYPE of God's *throne*? The uninhabited wilderness? That is where the LIVE goat went! No!

The earthly type of God's throne was the MERCY SEAT in the HOLY OF HOLIES. After Christ died, He went to the heavenly mercy seat interceding for US, as our HIGH PRIEST. "... entering into what is within the veil; WHITHER the forerunner is for us entered, even Jesus, made an high priest for ever after the order of Melchisedec" (Heb. 6:19-20).

Now, again, WHO, or WHAT, in the Levitical ceremony of the DAY OF ATONEMENT, typified the RISEN Christ. our HIGH PRIEST, who went WITHIN THE VEIL to God's throne in heaven? The one goat has been SLAIN. It represented the SLAIN Christ. It can no longer represent the RISEN Christ. The SLAIN Christ was NOT our High Priest as the Levitical priesthood, with its high priest, did not END until Christ rose from the dead and ascended to heaven as a High Priest AFTER THE ORDER OF MELCHISEDEC. But the RISEN Christ was HIGH PRIEST. Now WHO took this part in the Levitical ceremonies, temporarily re-enacted year by year, on this eternal Holy Day? Why, so obviously a child could see, it was the Levitical HIGH PRIEST, not the goat representing Azazel!

The High Priest—Type of Christ

As soon as the slain goat was dead, who went within the veil, presenting the blood of this goat before the typical throne of God?

Lev. 16:15—"Then shall he (the high priest) kill the goat of the sin offering, that is for the people, and (NOW the high priest himself typifying the work of the RISEN Christ) bring his blood within the veil... and sprinkle it upon the MERCY SEAT: and (v. 16) he shall make an atonement for the holy place.

And so it was the high priest taking the blood within the veil, to the mercy seat, that typified the risen Christ figuratively taking HIS blood, once for all, within the veil to the very throne of God in heaven, there to intercede for us as High Priest. Surely this is so plain a child can see.

The slain goat represented the crucified Jesus. The High Priest, by taking the blood of this slain goat into the veil to the mercy seat in the Holy of Holies, a type of God's throne, represented and did the work of the RISEN CHRIST, who ascended to the right hand of the Majesty on High, there interceding as our High Priest. Can we honestly continue to teach that the goat representing AZAZEL represented and did the work of the RISEN CHRIST? Did this live goat take the blood of Christ WITHIN THE VEIL, to the mercy seat?

The high priest going within the veil, into the Holy of Holies, was a type of Christ's going to heaven. His coming back FROM the Holy of Holies symbolized Christ's return to earth. The work he did while IN the Holy of Holies symbolized Christ's work these 1900 years interceding for us, presenting His shed blood before the MERCY SEAT in heaven. Now, returning, symbolizing Christ's return to earth, what did he do?

"And when he hath made an end of reconciling the holy place, and the tabernacle of the congregation, and the altar, he shall bring the live goat: and Aaron shall lay both his hands upon the head of the live goat, and confess over him ALL THE INIQUITIES of the children of Israel, and ALL their transgressions in ALL their sins, PUTTING THEM UPON THE HEAD OF THE GOAT, and shall send him away by the hand of a fit man into the wilderness: and the goat shall bear upon him (Fenton: shall carry upon itself) all their iniquities unto a LAND NOT INHABITED: and he shall let go the goat IN THE WILDERNESS. And Aaron shall . . . wash his flesh with water . . . and he that let go the goat for the scapegoat (Azazel) shall wash his clothes, and bathe his flesh in water, and AFTERWARD come into the camp" (Lev. 16:20-26).

The AZAZEL Goat NOT OUR SIN-BEARER

Let us get this STRAIGHT.

Is there JUSTICE with God? Is not God a God of JUSTICE, as well as of compassion and mercy? Who is the real AUTHOR of our sins? The Devil is the AUTHOR of them, even as Christ is the author of our salvation. Jesus took our guilt—our blame—our sins—upon Himself as an INNOCENT SUBSTITUTION-ARY SACRIFICE. He was an INNO-CENT VICTIM. He loved us, and was willing to die for us. OUR guilt—OUR sins, were borne by HIM, and HIM ALONE—and God forgives them when we repent and ACCEPT His sacrifice. And yet—is this, if we stop there, FULL JUSTICE?

The real CAUSE—the actual AUTHOR of those sins was Satan the DEVIL. Is it justice for CHRIST to bear guilt that is not His, while the Devil goes off scotfree? Do you not suppose GOD'S GREAT PLAN will finally work full justice by placing that original blame and guilt right where it belongs?

Now mark carefully this distinction. Christ bore OUR guilt. For we have been guilty, even tho the Devil was the original CAUSE of it all. But justice certainly demands that God place right back on the head of the Devil HIS GUILT—not OUR guilt, but HIS OWN GUILT—for leading us into sin. We were guilty, too—and OUR guilt Christ bore—yet ALL OUR SINS belong right back on the Devil as HIS OWN GUILT!

Now notice another point. The Azazel goat CARRIES AWAY the sins of all the people ALREADY FORGIVEN. These sins already were fully paid for by Christ's SUBSTITUTE sacrifice, symbolized by the killing of the innocent goat, BEFORE those SAME SINS were finally laid on the live goat! The sins finally laid on the LIVE goat had been previously paid for by the death of the slain goat.

The Devil is the real AUTHOR of all sin. Can we, then, be finally made AT ONE with God, as long as this instigator of sin is with us? Can we not see he must first be DRIVEN AWAY? And there would not be justice with God unless HIS OWN GUILT in our sins were placed right back on HIS head? Is it justice for Christ to bear the DEVIL'S GUILT, as well as our own guilt, for our sins? Christ has CARRIED our sins, but must HE CONTINUE to carry them? Should they not be REMOVED entirely from us, and from the presence even of God?

Thus the killing and sprinkling of the blood of the first goat visibly set forth the MEANS of reconciliation with God, thru the substituted sacrifice of an innocent victim. So the final sending away of the second goat, laden with those sins, *the expitation of which had been signified by the first goat*, no less vividly sets forth the effect of that sacrifice, IN COMPLETE REMOVAL OF THOSE EXPLATED SINS FROM THE PRESENCE OF GOD!

Satan the ACCUSER

Satan is the ACCUSER of the brethren. His power over men is founded on SIN. When all those sins, of which he is the author, are laid back on him, after being removed from US by CHRIST, then Satan shall have lost his claim on us. And NO LONGER can he accuse us!

Thus, finally, as the acceptance of the

blood of the first goat (Christ) symbolized complete propitiation, and PAR-DON of Israel's sins, so the sending of Azazel bearing AWAY those expiated sins symbolizes the complete REMOVAL OF ALL SINS—deliverance by THE ATONE-MENT from the POWER of the Adversary.

The sacrifice of the first innocent victim was the MEANS of reconciliation with God, but not yet complete justice.

The driving away of the second live goat shows the FINAL ATONEMENT, by placing the sins on their author where they belong, and the complete REMOVAL of the sins and their author from the presence of God and His people—and thus, the COMPLETE DELIVERANCE of the people from the POWER OF SATAN.

Webster says to ATONE means to SET AT ONE. To JOIN in ONE. To FORM by UNITING. We shall not be completely joined IN ONE, and UNITED with God, until this is done.

Before leaving this, notice, too, that after laying both his hands on the live goat, Azazel, Aaron had to wash and cleanse himself before coming in contact with the people. So, too, the "fit man" also had to wash his clothes and bathe himself after coming in contact with the Azazel goat, before he came into the presence of the people. The symbolism is certainly that of having come in contact with the Devil!

Notice, now, this act of putting these already explated and forgiven sins on the head of this live goat does not take place until *after* the high priest RE-TURNS from the Holy of Holies within the veil—so this typified an act to take place AFTER THE SECOND COMING OF CHRIST TO THIS EARTH!

But if the live goat represented the resurrected Christ, then the sins Christ bore on the cross were PLACED BY AN-OTHER, typified by the high priest, BACK ON CHRIST, AFTER HIS RESUR-RECTION. Would this make sense? Is the theory of the Azazel goat being Christ CONSISTENT? No, but the plain simple meaning does fit at every turn, and IS consistent. The first goat represented the innocent Jesus who died for our sins-the high priest represented the RISEN CHRIST going within the veil to the mercy seat, or throne of God in heaven for over 1900 years—and the high priest returning to place the sins finally upon the head of the live goat represented the return of Christ who will place the sins He bore on their author, the Devil, and who will send him away ALIVE into a desolate UNIN-HABITED WILDERNESS-the "BOTTOM-LESS PIT" or abyss of Revelation 20:2.

In the 19th chapter of Revelation, we have the prophecy of the second coming of Christ. At the beginning of the 20th chapter, what is to happen? Exactly what this 16th chapter of Leviticus shows. The Devil is sent away—the symbol here used is the "bottomless pit" —symbol of an uninhabited desolate wilderness (Rev. 18:2)—and he is sent there by a FIT man—an ANGEL from heaven. Now the devil is not killed. He does not die. He is *still alive* a thousand years later—after the millennium (Rev. 20:8).

Now a few points that will come to mind. Both goats were "presented before the Lord." Can Satan be presented before the Lord? Job 1:6, and 2:1 says he has presented himself before the Lord. Note, too, Azazel was driven away from the Holy of Holies, a symbol of God's presence.

And so the annual DAY OF ATONE-MENT was instituted FOREVER, to keep continually before God's children and His CHURCH the picture of this great event in the PLAN OF REDEMPTION, to occur after the second coming of Christ.

And we find this annual holyday recognized in the New Testament. In Acts 27:9, when Paul was on his perilous sea voyage to Rome, it is recorded that "when sailing was now dangerous, because THE FAST was now already past." See the margin in your Bible. The FAST refers to the DAY OF ATONEMENT—10th day of seventh month. Now this day could not then have been PAST on that particular year unless that day was still in full effect and force and existence. Otherwise the Holy Spirit surely could never have inspired those words! Surely this strongly indicates that this day was still in existence and being recognized thus by the Holy Spirit.

How to Cook Vegetables

(Continued from page 4) quickly slice or otherwise prepare the vegetable, heat it in the pot as quickly as possible, then reduce the heat so that it does not boil. Be sure to have a closefitting lid so that the steam is kept in. Long cooking at too low a temperature is just as bad as boiling. More vitamins survive a short cooking time, even though the temperature is near boiling.

though the temperature is near boiling. The "strong" flavor which cabbage, cauliflower and brussels sprouts are said to have, develops only when these vegetables are overcooked. It is due to sulphur compounds in them breaking down after long cooking, or from boiling.

Like soda, soap is an alkali. If the cooking ware has not been rinsed thoroughly, traces of soap will get into the foods cooked in them and damage vitamins. A little vinegar added to hard water will help in rinsing. If you cook with hard water, add a few drops of In all of these methods the vegetable is salted *after* it is cooked. When water does not surround the vegetable during cooking, salt draws moisture out of it —moisture which contains vitamins and minerals. This loss of moisture also toughens some vegetables.

Canned Vegetables

Since the nation has become so vitamin-conscious, some have wondered how much food value remains in canned vegetables. For several reasons, they are often, though not always, just as good as vegetables bought at the market and cooked at home. They are not as good as fresh home-grown vegetables that have been correctly prepared, however. Canneries generally process vegetables the same day they are picked. Vegetables to be canned are picked when they have reached their best maturity, whereas many fresh vegetables seen at the grocery were picked immature if the source was any distance from the city. The vacuum-pack process which many canneries now use preserves more vitamins than older processes did. By this method the vegetable is packed cold in the can and afterward heated and sealed.

The greatest mistake most bousewives make in serving canned vegetables is draining the juice off. If it is served with the liquid, usually only the solid portions are eaten and the juice remains to be thrown away. The liquid in the can contains the largest share of the vitamins and minerals and must be eaten to get the full value from canned vegetables.

Canned foods are already cooked and should be heated only to the boiling point before serving. One vegetable —tomatoes—loses very little in canning because its acid content prevents much loss. Tomato juice is sometimes a better source of vitamin C than storage oranges.

Frozen Vegetables

Frozen vegetables, though not as good as freshly picked and cooked ones, are better than canned vegetables if correctly stored and cooked. The two-tofour-minute blanching (dipping in boiling water) that most vegetables undergo before freezing undoubtedly takes out some vitamins and minerals.

Since vitamin C deteriorates as soon as thawing begins, frozen vegetables should not be thawed before they are cooked. Pounding the unopened package with a heavy object will break up the frozen mass so that the vegetable heats more evenly after it is put into the boiling water. The unopened package can be partially thawed in cold water if one is in a hurry. Frozen vegetables should be cooked only a short time after they reach the boiling point—5 to 8 minutes is usually enough.

Pressure Cooking

Pressure cooking has often been presented as a good method for preserving food value because the cooking time is short. The disadvantage is that after the cooking time is up, it is difficult to cool the pan quickly enough to prevent the food inside from becoming overcooked.

Usually, the manufacturer furnishes directions describing how the pressure saucepan is to be used. The processing times given for each vegetable should be carefully observed. One has to be a clock-watcher to successfully cook with a pressure saucepan or cooker. This method of cooking should be useful at high altitudes where food does not cook easily.

Waterless cooking has come into vogue in recent years. This method re-

quires a heavier-than-ordinary pot made of a material that will conduct the heat evenly in the sides and top as well as on the bottom. Such ware is quite expensive, beyond the reach of most people. The manufacturer usually includes or gives directions for using it.

Even this type of utensil is more efficient if a small amount of water is put in to begin steaming, thus shortening the cooking time. If no water at all is put with most vegetables, the fire *must* be very low from the beginning to avoid burning the food. This slow heating lengthens the cooking time.

Serving

After the vegetable is cooked it should be served as soon as possible. In the event the meal is delayed, the food should be covered. Food kept warm for any length of time loses vitamins faster than if it were chilled.

Leftover vegetables should be placed in covered dishes and kept in the refrigerator because some destruction of vitamins occurs as long as the food is exposed to warmth, air and light. Such vegetables are best used cold in salads. However, if they are reheated, it should be done quickly in a covered pan or in the top of a double boiler.

The conclusion, then, is that there is no way of cooking vegetables that preserves all the vitamins, but there are methods that destroy less of them. It is estimated that everyone needs five times as much vitamin C as of any other vitamin; yet that is the very vitamin that cooking destroys the most of. That is why no one should eat ONLY cooked vegetables. A raw salad, some citrus fruit or tomato, and another fruit should be included each day in the diet.

In the next article of this series we will discuss how *meat* is affected by different cooking methods.

The GOOD NEWS Printed in the U.S.A. Box 111—Pasadena, California RETURN POSTAGE GUARANTEED

(Sec. 34.65 (e), P.L.&.R.) U. S. POSTAGE P A I D Permit No. 703 Pasadena, California