

"Go, set a watchman,
Let him declare what he seeth."

— Isaiah 21:6 —

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The Sabbath *Sentinel*



The Sabbath

Sentinel

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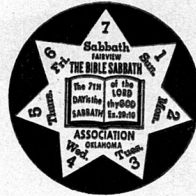
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Should a Christian Keep the Sabbath?

ELDER V. HARRIS PIERSON

FROM TIME TO TIME we who keep the Sabbath encounter good people of other faiths who have been told and believe that the Sabbath need not be kept by Christians because it was just a covenant between God and His people of the Old Testament—Israel. These first-day Christians believe that Jesus erased the law, including the Sabbath, at the cross by fulfilling it. They are also convinced (simply because they have been told) that the law came into being at Mount Sinai in about 1493 B.C. and was not in existence from the creation of the earth, which was about 4004 B.C.

They fail to point out that God had established and put into effect commandments, statutes, and laws which were in force from creation; otherwise, Abraham could not have obeyed them (Genesis 26:5). Nor do they point out that if the Ten Commandments had not been in force in those days, Joseph would have been lying when he spoke to Potiphar's wife about "great wickedness, and sin against God" in Genesis 39:9 and could have committed adultery with her without incurring God's wrath.

The Holy Bible (the perfect Word of God) points out in Exodus 16:28 that before the law was handed

down at Sinai (supposedly for the first time), Israel refused to keep God's commandments and laws. If you have read around that text from verses 22-30, you will have noticed that the children of Israel kept the Sabbath, again may it be said, before Sinai.

I John 3:4 states that "sin is the transgression of the law," and as has already been said, sin was in existence before Sinai (Genesis 39:9). If there was sin, then there was law. Is it not understandable, then, that God would not have destroyed nearly all mankind with the flood had there not been in force in those days laws telling them that they were doing wickedly? God is a God of great love, and He would not have destroyed nearly all mankind without a set of laws. God was displacing the Amorites before the Israelites because their iniquity (sin, if you will) was full (or very great) (Genesis 15:16), which sin is detailed in Leviticus 18:6-23.

Genesis 18:20, speaking of Sodom and Gomorrah, says that their sin (transgression of the law) was very grievous, and Genesis 13:13 says that the men of Sodom were wicked and sinners exceedingly. Again in Genesis 20:6 God said to Abimelech, "I also

withheld thee from sinning against me: therefore suffered I thee not to touch her." Very early in the Bible sin is mentioned in Genesis 4:7. God is speaking to Cain, "And if thou doest not well, sin (transgression of the law) lieth at the door."

Now let us look at the Fourth Commandment itself (Exodus 20:8-11) as it was given to Moses on two tables of stone written with the very finger of God. It starts out with the word "Remember"—just the thing the world does not want to do, but God is remembering and will remember at the judgment day. No. God is not going to give a commandment to break His own Commandment (God, the same yesterday, today, and forever). We are told in verses 8 and 9 to keep the Sabbath holy and to do our work the other six days. Then in verse 10 we are told that it is the Sabbath of the Lord our God (not man's, but God's). It goes on to say that everybody gets to rest, including the strangers (or Gentiles) who are in our households. This is a wonderful blessing, since we ourselves are Gentiles.

Verse 11 tells us the reason God established the Sabbath on the seventh day and blessed it above all other days of the week. It is because in it He Himself rested from all the work that He had done in creating this good earth and everything in it, under it, and above it, including the universe, which has no end.

There is no mention made here of this being a special covenant between God and Israel, **NOR IS THERE ANY MENTION HERE OR ANYWHERE ELSE OF THIS COMMANDMENT OR ANY OF THE OTHER TEN COMMANDMENTS BEING RESTRICTED TO ISRAEL.**

Quite the contrary is true, as has already been shown. As far as is known, all Sunday-keeping (Sabbath breaking) religions use Exodus 31:12-17 to prove that the Sabbath was given to "Israel only" as a sign. It's rather odd, though, because nearly all of these same religions claim that they are spiritual Israelites. It would seem, then, that they would teach the keeping of the Fourth Commandment to give credence to their unfounded claim. Please let us point out again that there is nothing in Exodus 31:12-17 that says the Gentiles were not fully obligated to keep the Sabbath—absolutely nothing!

Just as Abimelech, Cain, the people of Sodom and Gomorrah, Abraham, Noah, Joseph, and all the people who perished in the flood were held responsible to the law, so now they (the whole world) still are. Isaiah 56 states that God is admonishing those who should be joined to the Lord to serve Him, including the son of the stranger and the eunuchs, to keep the Sabbath, to keep judgment, and do justice to serve Him and to love the name of the Lord.

This chapter is addressed to the man and the son of man (in other words, to all mankind), and he is being told to keep the Sabbath, which is the central theme of this chapter, because in verse 7 it states, "for mine house shall be called an house of prayer for all people," and this never happened in Old Testament times. We know that God is speaking of the Gospel Age. Also in verse 8 it refers to New Testament times when God says, "The Lord God, who gathereth the outcasts of Israel, saith, Yet will I gather others to him, beside those that are gathered unto him," referring to the Gentiles be-

ing gathered also. This never happened in Old Testament times, either.

The last four verses of this chapter are referring to pagan Babylon, the great whore, and her adulterous daughters when it says: "All ye beasts of the field, come to devour, yea, all ye beasts in the forest. His watchmen are blind; they are all ignorant, they are all dumb dogs, they cannot bark; sleeping, lying down, loving to slumber. Yea, they are greedy dogs that can never have enough, and they are shepherds that cannot understand: they all look to their own way, every one for his gain, from his quarter. Come ye, say they, I will fetch wine, and we will fill ourselves with strong drink, and to morrow shall be as this day, and much more abundant."

Now those are pretty strong words; "dumb dogs," "ignorant," "cannot bark," and "greedy." Nowhere else in the Bible does God use such terms to describe people (Sunday-keeping ministers). More important, you will notice in verse 12 it says, "and to morrow shall be as this day, and much more abundant." Remembering that the Sabbath day is the central theme of this chapter, the word "tomorrow" would then refer to Sunday, the first day of the week, which is the day the pagans kept and initiated into Christendom in A.D. 321 under Constantine, who at that time was pagan and was making no profession of Christianity but was persecuting the church of God.

Some astrologers quote the Word of God to give their profession an air of authenticity. The great red dragon also uses this ploy just as he did in the Garden of Eden—a little truth, a little lie, a little more truth, a little more lie until he has created a very damaging, deceptive counterfeit of

the Word of God. God allows him to do this; God may even help him in his task. 2 Thessalonians 2:11, 12: "And for this cause God shall send them strong delusion, that they should believe a lie: That they all might be damned who believed not the truth, but had pleasure in unrighteousness."

Now to be sure, this text is not speaking of those who are earnestly looking to get around the truth. In the Garden of Eden, Satan told Eve through his servant the serpent, "For God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be as gods, knowing good and evil," which was true, though the implication was not. But in verse 4 of Genesis 3 he told them a lie, saying, "Ye shall not surely die." Today in the "Now" generation, has his method changed? No, it has not; it has just become more elaborate. Today, instead of using a serpent, Satan uses a multitude of voices telling the world of the blessed Savior, Jesus Christ, and His saving grace, which is the truth, but mixes in a damaging, deceptive lie.

For nearly three hundred years, Satan persecuted the church with a direct warfare, during which time the church grew steadily. A desperate Satan knew that if he couldn't lick 'em, he would have to join 'em, so he formulated a lie (an old ploy) that would play hard on the apathy of those who would otherwise serve the Lord. Satan knew that he had been successful in leading Israel away from God on the issue of the Sabbath before, so now he would try again. This time his best efforts would be directed against the Church of God, which was the official name the entire New Testament church called itself until the word "Catholic" was

introduced in the fourth century.

In order to take God's servants away from the truth, Satan would hit them in two phases—one to soften them up and the other to take them away completely. Satan, in the person of his servant Constantine, launched phase one March 7, A.D. 321, with this edict: "Let all the judges and town people and the occupation of all trades rest on the venerable day of the sun; but let those who are situated in the country, freely and at full liberty, attend to the business of agriculture; because it often happens that no other day is so fit for sowing corn and planting vines, lest the critical moment being let slip, men should lose the commodities granted by heaven." This law still allowed God's people to keep the Sabbath, but it forced them to keep Sunday also (if they lived in town), thus accustoming them to a first-day rest, like it or not.

Forty-three years later, in A.D. 364 at the Council of Laodicea (which was a council of the newly formed Catholic Church), Satan launched phase two through his servants, the "grievous wolves" who would enter in among God's servants and spare not the flock (Acts 20:28-30), and the "greedy dogs which can never have enough" (Isaiah 56:10-12). From this pagan council Satan issued the following edict: "Christians shall not Judaize and be idle on Sabbath, but shall work on that day; but the Lord's day they shall especially honor, and, as being Christians, shall, if possible do no work on that day. If, however, they are found Judaizing, they shall be shut out from Christ."

Thus we find three things happened: (1) the ignorant and the apathetic honored and revered this

sacred day of the sun; (2) the blood of the true believers, the Sabbath keepers, was shed again if they did not pull up roots and flee once more the wrath of the dragon; and (3) this venerable day of the sun was now being palmed off as "the Lord's Day."

Just as the astrologers and others go to the Bible to give an air of authenticity to their professions, so does Satan. His damaging, deceptive lie goes something like this: He uses such texts as Colossians 2:14-16, which says: "Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross; and having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it. Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days."

Satan's servants use this text and others to show that the law was fulfilled and done away with. Satan knows that even the most primitive societies have laws, so he has taken dead aim at the Sabbath because he knows that only God will take offense at the lack of its observance. Another text that is used is Romans 14:5, which says: "One man esteemeth one day above another; another esteemeth every day alike. Let every man be fully persuaded in his own mind." Satan uses yet other texts in his ploy, such as Matthew 22:37-40, which says: "Jesus said unto him, Thou shalt love the Lord thy God, with all thy heart, and with all thy soul, and with all thy mind. This is the first and great commandment, And the second is like it, Thou shalt love thy neighbour as thyself. On these

two commandments hang all the law and the prophets.”

In answer to these texts, let me point out that in Romans 14:5 Paul does not explain what he means (that is, whether he is talking about a day of the year, a day of the month, or a day of the week). Satan would have us to believe Paul was talking about a day of the week, particularly the Sabbath, but the Sabbath is not mentioned here. In answer to Matthew 22:37-40 we remind you of John 14:15 where Jesus said, “If ye love me, keep my commandments.” So if we love God (the Father), we will keep His commandments (all ten of them) just as we are to keep the commandments of Jesus. A close examination of the Ten Commandments shows the first four are summed up in “. . . Love the Lord with all thy heart, soul, and mind,” and the last six are summed up in “Love thy neighbor as thyself.”

Colossians 2:14-16 speaks of something being fulfilled and nailed to the cross of Jesus. Satan would have us to believe his lie that it was the Ten Commandments. But was it? Let us go back to the Old Testament and take a look at the ark of the covenant of the testimony. The ark was made expressly as a receptacle for the two tables of stone on which were written the Ten Commandments (Deuteronomy 10:1-5). In this ark was the perfect law of the Lord, Psalm 19:7, which had been in existence from the foundation of the earth, as was shown earlier, and which continues in effect, as we will show you later.

In the side of the ark Moses put a law that was written in a book and that was to be a witness against Israel (Deuteronomy 31:24-26). This law, then, was the only law that could

be called the handwriting of ordinances that was against Israel, which was contrary to them which Jesus took out of the way by nailing it to His cross. This is why we are not to offer literal meat and drink offerings or to respect annual holy days, new moons, or annual high-day sabbaths, which Paul was speaking of in Colossians 2:14-16.

The fact that Jesus kept the commandments (John 15:10) (including the Sabbath), is of great significance because He is our example, and we should follow His steps (1 Peter 2:21). Some people say that Jesus did not expect us to keep the Sabbath because He did not reiterate it when He was giving only a cursory run-down of the Ten Commandments to the rich young ruler in Matthew 19:18-19, Mark 10:19, and Luke 18:20.

But they completely overlook Matthew 24:20, where Jesus Himself warns the Jews to pray that their flight (from the destruction of Jerusalem) be not on the Sabbath day. Would our Savior have said that if the Fourth Commandment were not going to be in effect at the time of their flight, which was to take place after His death?

Luke 4:16 says: “And he [Jesus] came to Nazareth, where he had been brought up: and, as his custom was, he went into the synagogue on the sabbath day, and stood up for to read.” Most people think because it uses the word “custom” that it meant Jesus only kept the Sabbath as a tradition of the Jews. To this we ask, Would Jesus call down the Scribes and Pharisees for their traditions and then keep a vain tradition Himself?

We shall not go into full detail on Hebrews 4:1-11. But if you read (no,

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Can a Christian Pay Homage to Baal and Be Loyal to Yahweh?

WILLIAM B. VOLTHUYN, *minister
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BE SURE you are right, then go straight ahead, is a good motto. An old teacher used to say, "Know that you know before passing to another subject." This is a splendid idea in most things, but is it not possible to carry it too far?

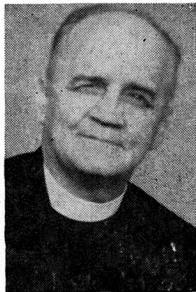
Not long ago an elderly gentleman, a minister, remarked that he had settled those doctrinal questions once for all, when he was in school, and would not consider them again. I presume the Pharisees of old had done the same thing, and would not listen to the teaching of the meek and lowly Jesus. If this subject had been presented by your alma mater, you, like the Pharisee, would investigate. Now if the following suggestions appear to come from a source

far below this exalted fountain of knowledge, remember the Pharisee.

The worship of the sun through Baal was one of the most ancient forms of idolatry, and probably the most prevalent from the early dawn of history to the coming of Christ. Through the early centuries of the Christian era it was the prevailing religion of Rome. True, there were many other gods, some of which had their particular days set apart for worship, but the most formidable rival of the true God was Baal.

During the time of Elijah, Baal worship drew many of the children of Israel away into idolatry. All but 7,000 of the people had gone after Baal. It is quite evident from the history of the case that their worship was a mixed service in which both Yahweh and Baal were recognized.

Just how much of the service was in accordance with the commands of Yahweh and how much of the service was in accordance with Baal does not concern us. The element of disobedience is the real sin. Persistent disobedience to a direct command, though it may seem small to us, is



*William B.
Volthuyn*

very displeasing to God. While Baal worship was engaged in at all times of day, and in all days of the week, sunrise was a time for special prayer with faces toward the rising sun.

As the Israelites had their Sabbath day, so the Baalites had their day in which there were feasting and a special service. This was on the day following the Sabbath of Yahweh. Whether the apostate Jews forsook the Sabbath and adopted the custom of their pagan neighbors we are not told in the book of Kings. Would it not have been paying homage to Baal if they had met in their synagogues and sacrificed to Yahweh on Baal's day instead of on the day sanctified and hallowed by Yahweh?

The powers of darkness began to recede and sun worship to wane soon after the coming of Christ. But the time for the destruction of Satan and Baalism was not yet. As the Christian religion grew and spread over pagan Rome, Satan changed his tactics and began to insinuate his poisonous doctrines into a compromising Christian church. His motto seems to have been, "Anything to induce disobedience to Yahweh and to perpetuate recognition of Baal and sun-worship."

Constantine the Great, emperor of Rome, in an effort to extend his influence, united with the Christian church, bringing many of his pagan practices with him. It would certainly have been very difficult for him, unless truly converted, to leave his former associates and go with the Christians to worship on the Sabbath. This he would not do. In the year 321 A.D. he published his famous edict that Christians should worship and rest on the "venerable day of the sun."

Shortly after this all who continued to observe the Sabbath of Yahweh were anathematized. This was the beginning of the great persecutions by the Church of Rome.

Lest we be found to boast, Sabatarians seldom refer to the fact that their history may be traced back through the blood of martyrs to the remote "dark ages" beyond the days of the Huguenots and the Waldenses, and through the dark night of persecutions resulting from the anathematizing of those who dared to follow the teaching and example of Christ and His apostles in the matter of keeping holy the Sabbath of Yahweh and refusing to bow the knee to Baal by keeping "the venerable day of the sun," now popularly known as Sunday.

SHOULD A CHRISTIAN

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study) it carefully, you will see that Paul is admonishing them (us) to labor to enter (at the present time) into the seventh-day Sabbath rest; and that if Jesus Christ had given another day that we should observe as Sabbath (or might we add, have taken away the Sabbath), He surely would have spoken of it some place.

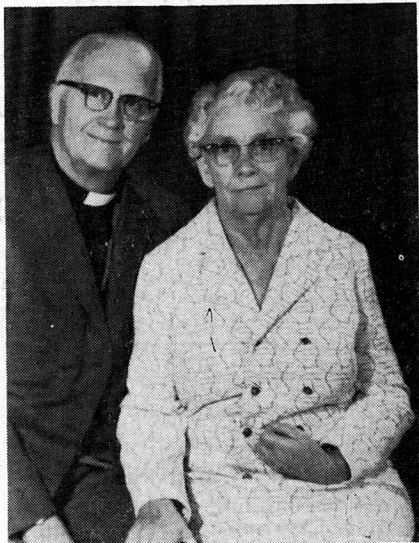
Now, some people say that these texts are talking of the millennium, but why would Paul say in verse 3, "For we which have believed do [at the present time] enter into rest as he [God, not man] said"? And where did God say this? In the Ten Commandments.

Did Paul keep the Sabbath himself? He surely did. In Acts 13:14

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Seventh Day Pentecostal Missionaries

Return Home to America



The Rev. and Mrs. Samuel Jensen, emeritus missionaries of the Evangelical Churches of Pentecost to South Africa, have returned to America to start a new life of retirement after almost 30 years of service in the foreign field.

At first they were refused the right to live in the U.S.A. and decided to make their home in Canada where Pastor Jensen's parents had lived before they immigrated to Tacoma, Wash., when he was a six-month-old baby. Upon arriving at Langley, B.C., the Jensens were warmly greeted by the Rev. and Mrs. E. L. Saunders and the membership of

the Apostolic Church of God, an old and established Seventh Day Pentecostal Church.

For the first time in many years the Jensens got to see old friends and relatives in Canada. But because inflation was so high there, they found that they could not live in Canada with their limited finances. Just as they were about to give up, thinking that they would have to go back to Africa to retire, the Lord performed a miracle and they were granted permanent resident visas for the U.S.

Before traveling to West Virginia, where they would make their retirement home, they visited briefly in Tacoma, Wash., with Rev. and Mrs. David Beattie, emeritus missionaries to Korea who now assist their son Pastor Philip Beattie in his ministry at Victory Chapel.

The Jensens are not in good health. Mrs. Jensen cannot walk alone.

The Bible Sabbath Association salutes these faithful servants of the Lord for their labors through the years in helping to spread the Sabbath truth around the world.

Members and friends of the B.S.A. who would like to write letters of encouragement to the Jensens may do so by writing Pastor and Mrs. Samuel Jensen, 123 W. First St., Westover, Morganton, W. Va. 26505.

The Sabbath in America

JOHN KIESZ

BETWEEN THE YEARS of 1835 and 1844 William Miller, a student of prophecy who received his license to preach from a Baptist Church, stirred many thousands into believing that the Lord would return to earth on October 22, 1844. His conclusions were based largely on Daniel 8:13, 14, respecting the 2300 days (evenings and mornings), which he believed were symbolic and stood for years instead of literal days. He believed that the earth was the sanctuary and that it would be cleansed by fire when Jesus returned. The disappointment was great and caused much consternation.

Miller, after the disappointment, candidly admitted that he had made a mistake, but there were some who believed that he was right with his figures. Thereupon they made a special study of the sanctuary question, comparing the earthly with the heavenly, and decided that Jesus at His ascension to heaven did not sit down at the right hand of God in the Most Holy Apartment, but entered and remained in the Holy Place (First Apartment) until 1844, when he entered the Most Holy Place, there to cleanse the sanctuary, blot out sins, make a final atonement, and start the Investigative Judgment. These are still, in general, the beliefs of those who afterward became known as the Seventh-day Adventists.

The Advent people of Washington, N.H., at about that time, had the Sabbath first introduced to their attention by a faithful Seventh Day Baptist sister, Mrs. Rachel Preston. Nearly the entire church in that place, consisting of about 40 members, became observers of the seventh-day Sabbath.

Elder Joseph Bates, who had acted a prominent part in the Advent Movement, also had the Sabbath brought to his attention, and in 1845 took hold of this truth and began to set it before his fellowmen. Elder and Mrs. James White accepted this light a little later, and became the most prominent leaders of what later became known as the Seventh-day Adventists.

"An association was incorporated in the city of Battle Creek, Michigan, May 3, 1861, under the name of the Seventh-day Adventist Association" (J. N. Andrews in *History of the Sabbath*). According to the *Seventh-day Adventist Yearbook*, the "denomination was organized May 21, 1863." They are by far the most numerous and widely-known Christian Sabbath keepers in the world.

It is evident that many isolated groups of Sabbath-keepers had sprung up before the 1844 disappointment, aside from the Seventh Day Baptists and immediately following the time of William Miller's prediction of the

end of the world. This may be ascertained from articles appearing in the *Review and Herald* by Elder James White and others, who reported that by the time they chose the name of "Seventh-day Adventist" in 1860, the name of the "Church of God" had become a "bone of contention," and the visions of Ellen G. White were discussed and debated.

When the Whites traveled extensively over the Eastern and Midwestern states in the early 1860's, to recruit, and to organize a general fellowship of Seventh-day Adventists, they found many independent Sabbath-keeping congregations. One of the disappointments of the Whites' efforts was the refusal of numbers of local groups to join them. Many did cooperate and became affiliated with the Seventh-day Adventist Church, while others opposed the visions, and some believed in no general conference organization at all.

Subsequent church history shows that some of the independent Sabbatarian groups aligned themselves neither with the Seventh-day Adventists nor with the Seventh Day Baptists, yet for logical reasons and a desire for fellowship and cooperation in order to more effectively propagate gospel truths as they saw them, they did form close associations and eventually organized a general conference, going under the name of "Church of God."

Elder Gilbert Cranmer (1814-1904), who saw the falling of the stars in 1833, wrote in his memoirs that he received his first light on the Sabbath in 1843 from an article in the *Midnight Cry*, a Millerite publication, written by J. C. Day of Ashburban, Mass. S. C. Handcock of Forestville, Conn., also advocated

the doctrine in the same year. He (Cranmer) heard the preaching of William Miller about that time. He believed the message, including the setting of the date for the Lord's return in 1844. After the disappointment, he fully accepted the keeping of the Sabbath, and for a while worked with the group of people in Battle Creek, Mich., who later chose the name Seventh-day Adventist.

According to Elder Cranmer's own statements, he severed his connections with the Seventh-day Adventists because he could no longer endorse the "shut door" message, nor the vision teachings, as well as for other reasons. Henceforth he preached as the Spirit directed, got quite a following, which included quite a number of ministers, and was instrumental in effecting an organization in the state of Michigan, in 1860, of which he was the first president.

In 1863 the Michigan brethren began publishing a periodical, and the contents of those papers show that at that time groups with similar beliefs existed in the New England states in New York, in Pennsylvania, in Ohio, in Indiana, in Illinois, in Iowa, in Michigan, in Wisconsin, and even in Canada.

Many camp meetings and conferences were held, especially in Michigan and in Iowa, to which delegates were sent even from as far away as New England. Although an organization of the churches in Michigan was effected in 1860, as well as in several other states soon after, it was not until 1884 that a General Conference was formed in the state of Michigan, and in 1889 the body was incorporated in Gentry County,

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Vitamin "See" (continued)

by Dr. Allen R. Babcock

"THE LIGHT of the body is the eye: if therefore thine eye be single, thy whole body shall be full of light" (Matthew 6:22).

We always enjoy more to talk about positives in a situation because positives are usually more pleasant. If we should see error, it could cause us to be influenced to change our thinking and consequently see logic in changing our action. And getting-out of a rut is uncomfortable.

But let us not be like the frog who had to be chased out of the rut by a truck. Let us be willing to make that extra effort before the "truck" comes along and we end up less fortunate than the frog.

Following we see some of the contributing causes of cataracts and other eye problems. John H. Tobe, speaking of a wide variety of visual problems, says, "I consider sugar to be a causative factor in one or many ways. Perhaps it, too, is antagonistic or destructive of various vitamins essential for the eyes. Then perhaps sugar leaches out or wastes essential nutrients to an alarming degree."

Certain unexplained findings in regard to experimental feeding of lactose (milk sugar) or galactose (a milk sugar product) indicate that it leads to development of a type of cataract. Of eighteen rats on the lac-

tose ration seven developed cataracts in an average time of 44 days. Three of the rats given the galactose rations showed cataracts on the eleventh day.

"Obviously sodium nitrate can cause or contribute to cataracts and blindness," according to John Tobe. Remember, sodium nitrate is widely used in meats as a means of maintaining color and preventing spoilage. Luncheon meats, cured meats, hot dogs, corned beef, and practically all meats except fresh meats are loaded with sodium nitrate, and naturally this includes bacon.

Also glaring lights, long hours of television viewing, especially colored TV, is a causative factor. It is known that the picture tube is radioactive and we know that fluorescent light and ultraviolet light destroy vitamin B2 (riboflavin). You may remember from the last column we emphasized the importance of vitamin B2 in preventing cataracts as well as other eye problems.

Hexachlorophene and strong soaps and other drugs in children and young people prevent the absorption of vitamin D by the infant or child; and since they are now deficient in vitamin D, there we have the cause of cataracts, because with no vitamin D

(Continued on page 19)

President Littrell Represents BSA on Television

As part of a series of programs sponsored by The Church of God, Jerusalem Acres, Cleveland, Tenn., Bible Sabbath Association President Terrill D. Littrell appeared on two telecasts over television station CVC-TV, Charleston, S. C., on June 4.

President Littrell appeared as one of a six-member panel, consisting of members of the clergy of The Church of God, which discussed the ramifications of New Testament Judaism among the Gentiles; next he appeared as a representative of the Bible Sabbath Association International in which approximately 30 minutes were devoted exclusively to the purposes and aims of the BSA. *THE SABBATH SENTINEL*, *Directory of Sabbath-Observing Groups*, and Sabbath calendar were mentioned.

The programs, which were telecast

one hour for seven nights, were directed by John D. Garr, and featured the Honorable Bishop Robert S. Somerville, the international coordinator of The Church of God, as the main speaker.

President Littrell considered it an honor to be invited to participate in this effort of reaching the Christian community for New Testament Judaism, and for the opportunity to share the purposes and goals of the BSA.

Our thanks go to The Church of God, Cleveland, Tennessee for making this outreach possible.

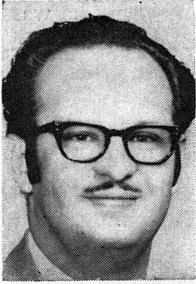
* * *

The Bible Sabbath Association received the following letter from John D. Garr, director of the radio, television, and publication ministries of The Church of God, Cleveland, Tenn.:

It was a pleasure to have the Bible Sabbath Association president, Terrill Littrell, present an analysis of the Biblical doctrine of the Sabbath on our

(Continued on page 20)





THE
PRESIDENT'S
MESSAGE

How to Have a Happy Holy Day

Ten points that will change your Sabbathkeeping . . .

1. Prepare on Friday. Organize the Sabbath noon meal, clean the house, clean and press the clothes, study the Sabbath School lesson.

2. Sleep a little later on Sabbath morning—but not too late! Be casual but not careless. This is the Lord's Day!

3. Enjoy family devotions as always, with every member of the family participating.

4. Everyone be at Sabbath School on time—and stay for the worship service. Accept no excuse for being late. Fill your car with neighbors or make two trips.

5. Participate in the services. Discuss the lesson, sing in the choir, say "Amen" to the preacher of God's Word, pay your tithes, and give liberal offerings.

6. Make dinner a glad, unhurried time for everyone. Help mother put the dinner on the table—and put her out of the kitchen when dinner is over. Use paper plates to eat out of.

7. Relax a while, take a nap. Read something worth reading, like your denominational papers. Avoid bore-

dom for the children; there are many harmless and pleasant diversions which families like to enjoy together. The proper recreation for Sabbath is entirely a matter of conscience.

8. Do something constructive as a family. The Old Testament puts great stress on the solidarity of the home.

In these days so full of activity for all the family, the Sabbath provides the best (and often the only) opportunity to have all the family together. These occasions need not, and should not, be occasions of dreary discipline, but occasions of happiness. Visit another family late in the afternoon or invite guests with a spiritual purpose in mind.

9. Work for the Master.

Sabbath is a time for good deeds as well as for rest. Since Jesus was the Lord of the Sabbath (Luke 6:3), we recognize the fact that the method of keeping or remembrance of the Sabbath day was changed by Him from a time of required rest and inactivity (Exodus 20:9-11) to a day of labor for and worship of God (Matthew 12:11, 12). Works of necessity and mercy were specifically engaged in by Christ Himself. But making unnecessary trips or running errands for others for their pursuit of profit and gain finds no justification in Christian teaching. Always ask yourself this simple question: "Is the purpose more for service and help to my fellow man than for worldly gain either on my part or his?"

10. Retire early, praying with the children. Thank the Heavenly Father for the privilege of having such a happy, holy day. And plan all week for even a more spiritually rewarding time next Sabbath.

Have a happy holy day,

A Note
From
the Editor



Misplaced Memorials

IT WAS AN experience that I had looked forward to for years—to stand where the greatest battle of the Civil War had raged 112 years before—Gettysburg, Pa. Gettysburg would have been a name remembered by historians even if President Lincoln had not been asked to make “a few appropriate remarks” at the dedication of the soldiers’ cemetery on November 19, 1863. Had General Lee’s army won (as they came near to doing), the history of the United States might well have been the history of two countries.

As I stood on Cemetery Ridge, in imagination’s eye I could almost see Confederate Maj. Gen. George E. Pickett leading a division of over 4000 men, followed by over 8000 more, in a futile attack to gain the hill—men who were mowed down by Union soldiers firing almost point blank into the advancing mass of Confederates.

It was intriguing also to imagine that I was President Lincoln (Yes, I *do* have a vivid imagination!), and to stand where he had stood giving an address that would take only about two minutes to say, but which will be remembered as long as there is an

English language. How wrong he was to state that “the world will little note, nor long remember, what we say here”!

Historians say that he actually made his speech several hundred feet north of the traditional spot, which is marked by a large monument. It was good to see that a small marker had been placed on the actual spot to correct the error.

No doubt there are other misplaced memorials in the world. One of the most significant is the memorial of the Lord’s creative power—the seventh day of each week. The specified time was included in a law written by His own finger on tables of stone, which were later to be written in the very hearts of His followers.

But vain men attempted to transfer the memorial to the first day of the week. This was done without any divine authority. And most of Christendom now worships at the wrong memorial! Meanwhile, one day away, is an almost-forgotten marker showing the correct location of the memorial of creation.

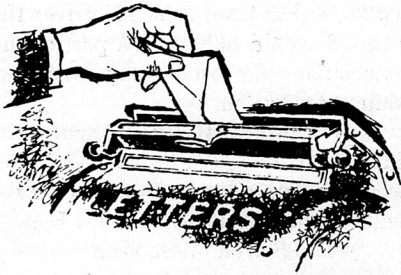
Our task as Sabbath keepers is to inform the world of the true memorial.

A handwritten signature in cursive script that reads "Eugene Lincoln".

MARANATHA I

The seventh day of the Lord
Is quiet in the hope that
All days will rest with it soon.
The beauty in the day of the Lord
Shines in the silence of obedient time;
Sunset to sunset, Lord of Sabbath
Gives a healed day.

—Sister Michele



Conducted by Ruth Thomas

I have appreciated receiving THE SABBATH SENTINEL for the past few months...I didn't realize until I received your magazine that there was an organization devoted solely to the perpetuation of the teaching for the Fourth Commandment. Your president, Mr. Terril D. Littrell, is absolutely right—this is truly the age of specialization!

—W.A.S., Louisiana

Please find enclosed my check for a subscription to THE SABBATH SENTINEL.

—Garner Ted Armstrong,
Pasadena, Calif.

We certainly do appreciate the work of the Bible Sabbath Association. There are such a few Pentecostals who are Sabbath keepers in our area of the country. THE SABBATH SENTINEL gives us strength.

—Francis Eggers, Florida

I just received the *Directory of Sabbath-Observing Groups* and studied it from cover to cover. There seem to be more people coming to the Sabbath truth as we come closer to the end of time. I am looking forward to all of us who believe this truth to work together more. We

have so many things in common.

—Rev. George Ponder, Georgia

I read in *Good News* magazine about your *Directory of Sabbath-Observing Groups*. What is the price of such a book? I would like to purchase it.

—L.S., Iowa

I certainly appreciated the fine article by Calvin Burrell entitled "How Do You Observe The Sabbath Day?" and would like to see many more articles by this brilliant young minister and educator.

—W. Z., Pennsylvania

I heard of your organization through Elder A. N. Dugger in Jerusalem, Israel. Please advise me of the subscription price of your magazine.

Pastor H.S., Germany

I noted a letter in *Good News* Magazine about your organization and the book that you publish about the different Sabbath-keeping bodies in the world.

Please send me the book and more information about your organization. I am a Jew and am interested in Gentile churches that observe the true Sabbath.

—J.T., England

I would like to buy a copy of the *Directory of Sabbath-Keeping Groups*. What is the price?

—P.L., Australia

A copy of your *Directory of Sabbath-Observing Groups* has come to my desk. Please send me six more copies.

—Bishop O. T.,
Jamaica, W. I.

Our people would like to have a copy of your latest book on the different Sabbath keepers.

Thank you.

—Elder M. J., Africa

I am pleased to be a member of the Bible Sabbath Association and would love for President Littrell to come to our place of worship sometime.

—Sister Julia Coleman,
St. Louis, Mo.

Thanks so much for the wonderful magazine.

—Bro. and Sister Pounds,
Oregon

There are many fine organizations in the world, such as the different Bible societies and those devoted to religious liberty, those who are dedicated to temperance, and of course the Bible Sabbath Association.

The Seventh-day Adventist Church respects this institution and its endeavors.

—F. C. Webster,
assistant to the president
of Seventh-day Adventists.

Thank you so much for your kind reply. It certainly is good news to me to find out that there is an organization trying to restore the Sabbath day, which I do believe.

Therefore, please send calendar, *Directory of Sabbath-Observing Groups*, list of publications, address of nearest chapter, and a one-year subscription to THE SABBATH SENTINEL.

—L. S., Colorado

Thank you for THE SABBATH SEN-

TINEL; it has been a blessing over the years. I would like to be a part of the association. Enclosed is my membership contribution.

May God's blessing be with Mr. Littrell as he guides the association in such a great work. Our prayers are with all those who labor with him.

—Pat Powell, Wisconsin

Please find enclosed my check for another annual subscription to THE SABBATH SENTINEL. It seems rather odd to me that so few people pay any attention to the Fourth Commandment. I suspect this is so because mainline churchianity today is spiritually bankrupt.

Am convinced there are still people, somewhere, who are not contented with a spiritual vacuum. So I place each issue of THE SENTINEL wherever I feel it will find fallow ground. Once they perceive the validity of the Fourth Commandment, it usually opens their eyes to other fundamentals. Then they are all set to grow in grace.

It's too bad that it takes so long.
—W.S., Virginia

We have received four of your magazines, and find them very disappointing. In this issue which we are returning, we find nothing concerning the death and resurrection of the Lord Jesus Christ. In fact, none of your magazines bring out the importance of the fact that the Lord Jesus Christ rose from the dead and is now seated at the right hand of God, the Father. Nor is the Person of the Holy Spirit emphasized.

O, dear people who claim to be born again believers, don't you see keeping of the Sabbath was necessary before Christ rose from the grave;

that God gave the Ten Commandments to the Israelites to make known their sinfulness (Romans 7:7-8)? It was also (Galatians 3:24) "our schoolmaster to bring us unto Christ, that we might be justified by faith." But now, after the resurrection of the Lord Jesus Christ, the prophecy of Jeremiah 31:33 is fulfilled. We who have received Christ into our lives now have the laws, or Ten Commandments in our hearts. We keep them, not because we have to, but because of love; the love that God, through the Holy Spirit, has placed within us. "There is no fear in love" (1 John 4:18).

I write these things that you might receive the Lord Jesus Christ in His fullness and not have to worry about keeping the Sabbath (Saturday) to please God.

Please, dear people, search the Scriptures with the help of the Holy Spirit and turn away from natural thoughts of man. Turn to the Lord Jesus Christ.

—Mr. and Mrs. G. K., Canada

How do you keep the Fourth Commandment in your heart? Sister Ruth

Enclosed is payment for a year's subscription to THE SABBATH SENTINEL. Have learned about the Sentinel from Eugene Lincoln. He is a good friend of ours. . . .

—P. H., Canada

Enclosed you will find \$10 for family membership. We are happy to be a part of your association. We are strong believers in the keeping of the true Sabbath, the seventh day of the week, Saturday.

—Mr. and Mrs. Henry B.,
Alabama

VITAMIN "SEE"

(Continued from page 13)

the other vitamins are handicapped and do not function properly.

Because riboflavin acts on muscles and nerves of the eyes, a serious lack of this vitamin will bring on disorders of vision, not the least of which is cataracts. The most concentrated natural sources of riboflavin are powdered skim milk, millet, and sunflower seeds.

How do you know when you are deficient in riboflavin? LeLord Cordel in his book *Eat and Grow Younger*, states if you are even slightly "red eyed" (bloodshot eyes), you can be pretty sure you are deficient in riboflavin. He also states, "When only skimpy amounts of riboflavin are supplied to your eyes, you may be laying the foundation for cataracts, and when this lack of riboflavin is coupled with an inadequacy of high protein foods needed to provide ample quantities of certain amino acids, then ideal conditions are set for the ocular lenses to become clouded.

Now don't be overwhelmed by the don'ts of eye health. Do get closer to the earth; eat a high percentage of raw foods, which we hope will be free of poisonous sprays and other contaminants. Include in your diet generous amounts of millet, sunflower seeds, and skim milk.

"And smile. Your eyes look better when you smile."

Remember . . .

The Bible Sabbath Association
in your will.

THE SABBATH IN AMERICA

(Continued from page 12)

Missouri, and the headquarters were established in Stanberry. At the present time the General Conference headquarters of the Church of God (Seventh Day) are located at Denver, Colo.

We have listed in this history of the Sabbath in America the major groups of Sabbatarians that functioned before the turn of the century. These are the most prevalent groups: The Seventh-day Adventists, the Seventh Day Baptists, and the Church of God (Seventh Day).

The Bible Sabbath Association Fairview, Okla., has issued (1974) a *Directory of Sabbath-Observing Groups*, which lists (in addition to what we've already discussed) a long list of current Sabbath-observing groups, not only in the United States but also world-wide. The directory lists the various groups under sections. Section A contains a long list of Church of God. Section B a short list of those who adhere to the inspiration of the Book of Mormon; Section C lists a group of those which teach the inspiration of the writings of Ellen G. White; Section D the Pentecostal or charismatic groups; Section E Sacred Name groups; Section F Seventh Day Baptist groups; and Section G other groups (probably best termed as miscellaneous).

However variant the doctrinal positions and church policies may be, the one element that is common among all the Sabbatarians is the keeping of the "commandments of God, and the testimony of Jesus Christ."

Share your Sentinel.

PRESIDENT LITTRELL

(Continued from page 14)

recently televised seminar, *New Testament Judaism Dimension*, which was aired on CVC-TV in Charleston, S.C.

After being interviewed on the history, purpose, and work of the Bible Sabbath Association and commenting on the various publications of the association, Mr. Littrell lectured on "The Sabbath - A Perpetual Type." By analyzing the Sabbath in all of its aspects - past, present, and future - Mr. Littrell offered irrefutable evidence that every believer should observe the seventh day as the Sabbath of the Lord.

Applying the principle of divine immutability (which was the theme of the entire seminar) to the subject of the Sabbath, then introducing Scriptural evidence of God's authorship and approval of the seventh-day Sabbath, and finally showing that the Sabbath will be observed during the reign of Christ according to Bible prophecy, Mr. Littrell concluded that an observance of God's sanctified day is in order today.

The cable TV station has a potential of some 30,000 people, so hundreds of people who had never heard the truth concerning the Sabbath were confronted with this Bible truth through Mr. Littrell's lecture on New Testament Judaism dimension in Charleston.

—John D. Garr

Let's face it - most folks are not as impressed by your unanswerable theological arguments as they are in the life you live. If your belief is not backed up by your life, no one will listen to you.

News From Sabbath-keeping Groups

Conducted by R. D. Bradshaw

Worldwide Church of God

The Worldwide Church of God will observe the Feast of Tabernacles Sept 20-27 at the following locations: Big Sandy, Tex.; Charlottetown, Prince Edward Island, Canada; Jekyll Island, Ga.; Lac Beauport, Quebec, Canada; Lake of the Ozarks, Mo.; Mount Pocono, Pa.; Niagara Falls, N. Y.; Roanoke, Va.; Salt Lake City, Utah; Squaw Valley, Calif.; Spokane, Wash.; St. Petersburg, Fla.; Tuscon, Ariz.; Wisconsin Dells, Wis., and many sites outside the continental U.S. Visitors are welcome. Further information about the Feast site in your area may be found by writing the Worldwide Church of God, Box 111, Pasadena, Calif., 91123, or call toll free 800-423-4444.

Seventh Day Baptists

The 1974 *Yearbook of the Seventh Day Baptist Church* is ready for distribution now for \$3. The Church also publishes a number of interesting booklets and tracts on the Sabbath and Sabbath history. For more information about these publications, write Seventh Day Baptist Publishing House, Box 868, Plainfield, N. J. 07061.

Seventh Day Church of God

The Seventh Day Church of God of Caldwell, Idaho, will be keeping the Feast of Tabernacles this year in

the Pacific Northwest Sept. 21-28. Visitors are welcome. For information about the location and other details, write Elder M. L. Ogren, Box 804, Caldwell, Idaho 83605, or telephone 208-459-1749.

Assemblies of "The Called Out Ones" of "Yah"

Elder Orlando Smith and Sam Surratt are no longer working together in an effort to promote a Scriptural organization of twelve, seven, and seventy among Sacred Name people through the Assemblies of "The Called Out Ones" of "Yah."

Elder Surratt is now working to publicize his belief.

Elder Smith is now an evangelist with the House of Yahweh, Odessa, Texas. Brother Smith also is attempting to arrange for the publication of a new translation of the Hebrew Old Testament to English as prepared by the editor of The Warning Publication (Box 627, Nixon, Tex. 78140). Later he hopes to resume efforts to organize a group of twelve, seven and seventy leaders among Sacred Name people. For more information about this translation, you may write Elder Orlando Smith, 332 Smith Street, Milan, Tenn., 38358.

Messianic Jews, Church of God (7th Day)

Messianic Jews, Church of God (7th Day), will observe the Feast of

Tabernacles Sept. 20-27 this year in Jerusalem, Israel. Visitors are welcome. Free housing facilities will be provided for a limited number of people. If you would like to attend this Feast in Jerusalem, write Elder A. N. Dugger, P. O. Box 10184, Jerusalem, Israel.

House of Yahweh

The Feast of Tabernacles will be held at 601 N. Lauderdale St., Odessa, Texas, Sept. 20-27. All of whatever faith or creed are welcome to attend. There will be eight days of preaching, singing, Bible discussions, and holy fellowship. There is room for all.

The chapel will seat over 1,000 people. There are rooms that can be used to sleep in if you bring your own bedding. There is a large kitchen, and food will be served at cost. A large park is nearby for recreation.

For more information, contact Elder Jacob Hawkins, Box 4938, Odessa, Texas 79760, or telephone 915-337-4267.

Church of God (Jerusalem Acres)

The Seventieth Annual General Assembly of The Church of God (Jerusalem Acres) will convene during the Feast of Tabernacles Sept. 20-27 in Cleveland, Tenn. Visitors are welcome. For more information, write The Church of God (Jerusalem Acres), Box 1207, Cleveland, Tenn. 37311.

Assembly of Yahweh (Jackson's Gap, Ala.)

The Assembly of Yahweh (Jackson's Gap, Ala.) will observe the Feast of Tabernacles Sept. 20-27

probably at Jackson's Gap (located between Dadeville and Alexander City, Ala.). Visitors are welcome. For more information, contact Elder Bob McBride, Rt. 1, Jackson's Gap, Ala. 36861 or telephone 205-825-6084.

Assembly of Yahweh (Holt, Mich.)

The Assembly of Yahweh of Holt, Mich., will observe the Feast of Tabernacles Sept. 22-29 at 1010 Gunnel Road (at Columbia Road), Eaton Rapids, Mich. 48827 (three miles west of highway M-99 on Columbia, north of Eaton Rapids and south of Lansing). Visitors are welcome. Space is available for tents and trailers.

For more information, write Brother George Kinny, Box 102, Holt, Mich. 48842, or telephone 517-663-3724.

Assemblies of Yahweh

The Assemblies of Yahweh will observe the Feast of Tabernacles Sept. 21-28. For information about the location and other details, write the Assemblies of Yahweh, Bethel, Pa. 19507.

Seventh-day Adventists

The Seventh-day Adventist Church is building a new 70,000-square foot broadcast-film production facility on 19 acres of land in the Janss Industrial Park, Thousand Oaks, Calif. This facility is to be the first phase of a large new SDA Radio, Television, and Film Center.

The building plans provide principally for five buildings: a service center, a Voice of Prophecy radio building, a Faith for Today television building, a staff chapel, and a food service building for employees.

Davidian Seventh-day Adventists

The General Association of Branch Davidian Seventh-day Adventists will observe the Feast of Tabernacles Sept. 20-27 in several different locations in the U.S., England and Australia. For more information, contact Elder Ben L. Rode, New Mt. Carmel Center, Rt. 7, Box 471-B, Waco, Texas 76705.

SHOULD A CHRISTIAN

(Continued from page 9)

he kept the Sabbath and taught, and in verses 42 and 44 he kept almost the entire city waiting for a whole week until the next Sabbath to preach to them. Paul kept the Sabbath again in Acts 16:13, even if it was outdoors and with a few women. In Acts 17: 1, 2 Paul at Thessalonica reasoned with the people three Sabbaths, and it says that this was his manner. So Paul was a regular Sabbath keeper. Acts 18:4, 11 states that Paul kept the Sabbath—every one—for a year and a half. We do not think Paul is going to keep the Sabbath and then tell us that we do not have to.

Romans 4:15, last part, says, "Where no law is, there is no transgression." Because we know that there is still sin, we know that there is still a law, for Paul said in Romans 2:13: "For not the hearers of the law are just before God, but the doers of the law shall be justified." Is not being justified what it is all about?

(To Be Continued)

ANNOUNCEMENTS

Copy must be brief. No charge will be made, but offerings to defray cost will be appreciated. The right is

reserved to reject any proposed copy.

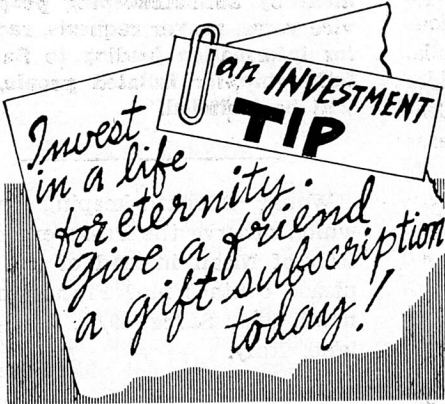
Send all copy to Bible Sabbath Association, Fairview, Okla. 73737. Information as to desire for employment by Sabbathkeeping people or vice versa, prayer requests, requests for information leading to Sabbath fellowship for isolated people, etc., will be included.

Would Sabbath-keeping groups which observe the Passover on the 15th of Nisan instead of the 14th please contact me? Francesco Minazzi, Viale Sarca, 89/A, 20125—Milano, Italy.

I am personally interested in a wider circle of contacts among Sabbath-keeping people. I would particularly like to correspond with those of other areas of the country. I am a member of the Apostolic Evangelistic Association (a seventh-day Pentecostal organization). Minister Michael A. Shafer, 1402 Ekin Ave., New Albany, Ind. 47150.

Can anyone help me with the writings of, or information about, G. G. Rupert, a Sabbath-keeping writer on prophecy about the turn of the century? George Dellinger, Box 40375, Indianapolis, Indiana 46240.

Attention Yahwists: Are you interested in a place of safety for the last days? Grow your own food and live as Yahweh intended. We have land for lease. Please contact Mr. and Mrs. Emerson Bliss, Paradise Valley Ranch, Caddo Gap, Ark. 71935.



Start a Friend
Right

The Sabbath Sentinel is probably the only magazine in the world published with the sole aim of exalting the almost forgotten Ten Commandments, especially the Fourth, on an undenominational basis.

No doubt, you have friends who do not know the truth concerning the Sabbath. Why not help them by sending them a gift subscription to this magazine? It costs only \$3.50 a year. And while you're thinking of friends to whom to send it, think of ministers and libraries; perhaps you can use several copies each month to leave in waiting rooms, laundromats, and give to neighbors.

BIBLE SABBATH ASSOCIATION
Fairview, Oklahoma 73737

Yes! I want to share the message in this magazine with my friends. Please send gift subscriptions (at \$3.50 per subscription) to:

Name
(Please Print)

Address

City State Zip

(Additional names may be printed on a blank piece of paper.)